



American Legion Post 379  
1245 North Industrial Blvd  
Bedford, TX 76021

817.267.6047  
[www.hebtxpost379.org](http://www.hebtxpost379.org)

## **NEWSLETTER**

**MARCH 2016**

### **COMMANDER'S MESSAGE**

As we head into spring don't forget the blood drive on March 5 at 2PM. Gift certificates will be given to the first 15 donations. The sip and paint was a great success and the 2<sup>nd</sup> vice is working on another one in the coming months.

Saturday breakfast is back. Please support our chef's efforts. Don't forget to vote, as veterans you earned it more than anyone else.

Our annual elections are coming up in June. Please be thinking of how you can serve your post. I will be forming an election committee this month to select candidates for the election. Please contact them if you are interested.

Military days of note in the month of March:

**March 3, 2016 - Navy Reserve Birthday**

**March 5, 2016 - Seabee Birthday**

**March 13, 2016 - Daylight Saving Time begins**

**March 13, 2016 - K 9 Veterans Day**

**March 25, 2016 - Good Friday**

**March 27, 2016 - Easter**

Please continue to support your post. Please bring any concerns you may have to my attention so we can address them.

Thanks for your continued support

God Bless us all.

For God and Country.

**Mike Regan – Commander**

[mregan2709@gmail.com](mailto:mregan2709@gmail.com)

### **AUXILIARY NEWS**

Hello Ladies!

Here it is March already! I hope everyone enjoyed the "winter" weather we had in February. We had a very busy month and looking forward to another one! Membership is at the top of our list right now. If you haven't renewed your 2016 membership, jump up, write that check, and get it in the mail!!

Our next meeting will be Thursday, March 3<sup>rd</sup> at 7:00.

Our annual Coffee Tour is this month, which is always fun, seeing old friends and meeting new ones! The date is Saturday, March 19<sup>th</sup>, at 7:30 for breakfast at Post 655 in Haltom City. The first stop will be our Post, so if you want to sleep a little longer, the bus will arrive at 8:30 and leave at 9:15.

The American Legion Birthday is also this month. The 18<sup>th</sup> will be the date in which we will celebrate St. Patrick's Day and the Legion birthday (with cake). Terry and I will be out of town that weekend.

Our Spring District Convention will be on Saturday, April 16<sup>th</sup> and will be held at Post 60 in Arlington. Post 60 meets at the Elks Lodge. Just a heads up for that.

It's also time to start our reporting for Department. If you can help out, let us know.

Just another reminder, hint, hint..... I will not be running for President and our elections are in May. Please, please put your heads together and find someone to put their name down. There are more slots to fill and there will be a sign-up list coming soon. Come get involved! We do a lot, but we always have fun doing it. And bottom line, it's all for our veterans.

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**DO YOUR PART AND VOTE**  
**Primary Elections – Tues March 1st**

Forgive me, but I've got to put a quick plug in here! The SAL will be serving "all you can eat" fish and chicken for Good Friday! Since Terry will be cooking, I had to mention it!

Have a wonderful upcoming month everyone. Hope to see ya at the Post soon!

Remember, always be the light!

**Kathy Bigley – Unit President**  
[kathy.bigley@yahoo.com](mailto:kathy.bigley@yahoo.com) 817-353-6918

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## LEGION 1<sup>ST</sup> VICE UPDATE

Greetings for March,

I wish to keep motivating everyone to recruit new members. We need about 157 more by June to reach our goal. I can't do it without your help. We have sent mailers, and made hundreds of calls trying to get people to renew. Please renew for 2016 as soon as possible! We had a busy February and a busy March ahead. We have a recruiting expo with the HEB Chamber on March 4th, and a Blood drive at the Post March 5 please support this good cause if you can give. Easter is the 27th just to name a few things going on. I can provide anyone willing to help with recruiting brochures to carry with you in public. If you see a veteran wearing a cap or shirt tell them about the eligibility requirements and the Post/Legion then give them a brochure and ask them to join. If each of you just brought one veteran in we would be the largest post in Texas again!

For God and Country

**Dennis Gossett - 1st Vice Commander**  
Phone 817-372-0839 [e9golftx@aol.com](mailto:e9golftx@aol.com)

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## AUXILIARY MEMBERSHIP

### CELEBRATING & SERVING OUR VETERANS

Ladies we are at 475, 81.33%, of our goal of 584, 109 members short. THANK YOU to all of you who have already renewed and WELCOME to all our new members. However, there are over 50 members 2015 members who have not renewed and if you do not have your 2015 card, you have lost your club privileges.

Ladies, our goal is to support our veterans, our troops and our community. Please take a moment to write your check for your 2016 membership. AND you can now pay on-line at [www.alaforveterans.org](http://www.alaforveterans.org)

or at the post by credit card. If you would like to be a PUFL 'Paid up for Life' we can process that at the post on your credit card, please contact me direct if you would like more information. The Auxiliary raises more than \$14 million every year to support VA Medical Centers, veterans, their families and community programs. It is not too late to continue your support of our programs. We want to continue to be the largest auxiliary unit in Texas to show our troops and our veterans WE CARE.

The veteran we joined under gives us the opportunity to give back, for the freedom they gave to us. Because of your membership in the American Legion Auxiliary, for whatever reason you joined, you do make a difference! Won't you continue to honor your veteran by renewing and supporting the Veterans Programs?

NEEDED BY MARCH 15<sup>th</sup> - Any hours, dollars and mileage, given in support of our Post functions, troop support, and community. You can use the dollar amounts from your tax forms and estimate your time. Hours and dollars you give to your special church functions, Toys for Tots, USO donations and/or time, Girl Scout Cookies, Blood drives thru your company, clothing donations, Arbor Days, other veterans organizations, school events/fundraisers, sewing projects for the troops, sewing projects for VA Hospital or Senior Citizen homes. If you have any questions as to what qualifies please call me or President Kathy, 817/353-6918. There are so many little things that we all do that count but are never reported. Every auxiliary unit in the country will be totaling up their hours and dollars to send to Auxiliary National Headquarters. They will tabulate all the reports and then present to Congress, as a guide for them to provide federal programs for veterans and troops.

OUR MARCH BABIES: Kyleigh Copeland, Jr. Aux.; Alyssa Hearn, Jr. Aux.; Deana Gerstner; Diana Gillespie; Grace Martinez; Dorothy Gant; Rose Shwaiko; Jennifer Fallon; Rosie Kelley; Patrice McGowan; Barbara Niziolek; Dale Ann Burson; Anna Cottrill; Diane Eagan; Linda Hook; Clara Peterson; Ella Dupriest, Jr. Aux.; Kathryn Gates; Diasha Keller, Jr. Aux.; Sophie Ploetz, Jr. Aux.; Shirley Mullins; Debby Ship; Katelynn Hicks; Whitney Watts; Brenda Cuellar; Carrie Soltis; Autumn Vink; Tillie Owens; Kay Weil; Kelli Merk; D'Anna Davis; Nancy Stephens; Kaila Gelback, Jr. Aux.; Addyson Norris, Jr. Aux.; Alana Sypsomos; Syble Reid; Karen Barry; Karen Eckert; Judy Butler; Marietta Klein; Sophie Palomo; Uncha Antal; Laurie Clower; Christina Cisar; Katy Gratzke; Sheila Hughes; Joan Eddy; Majorie DeCardenas; Jalyynn

Meurer, Jr. Aux.; Ashley Roberts, Jr. Aux. HAPPY BIRTHDAY!

If you have any corrections or questions please call.

Service Not Self - For Our Veterans

**Mary Hall, Membership Chairman**  
**817/980-1900 gmhandb@att.net**

**FRIDAY MARCH 18<sup>TH</sup>**

Auxiliary Saint Patrick's Day Dinner  
Help us celebrate the  
American Legion's 97<sup>th</sup> birthday

Corned Beef & Cabbage Dinner \$10  
Entertainment by: Doug & Ben

**SAL NEWS**

Greetings from your Commander, at the time of this article we have a membership of 122. Our goal of 142 and twenty (20) from our goal. With each one of you we will attain our goal for 2016.

Our dinner for February was only fourteen (14) dinners we are still trying to determine why the SAL dinners are going in the wrong directions and with your help we will be accepting any comments or statements to that reason.

We have a busy coming month, starting with March 5<sup>th</sup>, with our SAL dinner and Legion Blood drive. I encourage everyone to come out give blood and then stay and have a great dinner.

On March 19<sup>th</sup>, there will be Double Spins for Hams for the Meat Raffle. The Following week the 26<sup>th</sup> there will be no Meat Raffle due to Easter weekend. Friday the 25<sup>th</sup> the Squadron is putting on the dinner with Catfish and Chicken all you can eat for \$ 11.00. See flier on the Legion Facebook and Legion Website and fliers throughout the post for details.

The Squadron is holding their 2<sup>nd</sup> Annual Shotgun Raffle; there are fliers throughout the post as well as Legion Facebook page. There are only 100 tickets to be sold and by the time this article comes out we will be half way there. The Drawing will be March 25<sup>th</sup>, @ 7 PM.

The Squadron would like to thank Auxiliary member Pat Rizzo for her generous donation to the

Squadron. She has helped in the past with some of our programs and she is doing this again, Thank you so very much Pat.

The Squadron has picked up another Program in the form of "Veterans Assistance Dogs of Texas" in short this programs takes in stray and unwanted dogs and trains them for duties such as opening doors, cabinets, answer phones, and a host of others things to assist the Veteran in the hopes to aid in their daily life. It takes great deal of money to train and house these dogs in their training so we will be giving them a monthly check to show our support.

The following week the Paint and Sip another great event with 16 turnout and with pictures being posted from both events on the Legion Facebook Page and TV monitors.

Happy St Patrick's day to all you Irishmen and to those who want to be Irish in the month of March.

**David Owens - Squadron Commander**

**GOOD FRIDAY**  
**March 25, 2016**

All You Can Eat Catfish or Chicken Dinner

**MENU**

Catfish or Chicken  
French Fries  
Cole Slaw  
French Fries  
Baked Beans  
Hush Puppies

Served with all the fixins  
All for \$11

Brought to you by:  
Sons of American Legion  
Squadron 379

Entertainment by: Diamond Duo