



American Legion Post 379
1245 North Industrial Blvd
Bedford, TX 76021

817.267.6047
www.hebtxpost379.org

NEWSLETTER

NOVEMBER 2018

COMMANDER'S MESSAGE

The month of November is coming with lots of activities. November 10th is the Grapevine Veterans Day Parade, Post #379 Early Bird, with soup and sandwiches, and of course the Marines' birthday, with cake. Also during that week the patio cover will be in place with the deck to follow shortly. I want to thank the Executive Board and General membership for their approval.

A "big thank you" to the Riders "chili" bash. We enjoyed a great crowd, great conversation and a whole of fun, not to mention some pretty good chili. Congratulation to Steve for the best chili.

Congratulations, also, to Joey Cook for winning the Sunday hamburger contest with 56 hamburgers.

Thanksgiving is just around the corner. We want to wish everyone a Happy Thanksgiving. For the ones going away, please be alert and careful in your travels. The SAL will be hosting the Post "Thanksgiving" lunch.

The Post is taking over Steak Nite on the second Saturday of the month. I am recruiting volunteers to come and cook. If we can get enough "teams", you will cook about every third or fourth month. Consider giving the Post some of your time! It's not "brain surgery".

We are still needing your ideas for more and different Post activities, but more importantly, we really need your patronage again!! Let's all make "Post 379 Proud"

Bob Roberts – Commander
Bob.Roberts100@yahoo.com



AUXILIARY NEWS

The Post Commander has a special guest speaker BJ Elliott Prior who wrote "Behind My Wings" at the November Legion's General Membership Meeting and would like for the Auxiliary to on Thursday, November 4th at 7pm. The Auxiliary will continue their general membership meeting after the Guest Speaker has finished speaking. The Executive Board meeting will be Thursday, November 18th at 7 pm.

Please review the Monthly Cooking Menu that is attached. Come out and support your Legion's Family's Dinners. The proceeds from these dinners will go to various programs and projects of the Legion, Auxiliary, SAL, Riders and Honor Guard. We welcome any volunteers that would like to help us in the Kitchen with our dinners.

I want to especially thank the Auxiliary Cancer Breakfast Chairman, Cheryl Frydenburg and her Co-Chairman, Sharon Nesteriak for an outstanding job. I also applaud all the other Legion's family members that either donated or supported the Cancer Fund Raiser.

Remember to vote in the 2018 Election in Texas on Tuesday, November 6th.

Veterans Day Parade in Grapevine on November 10th. Early Bird Membership will be November 10th, 2018 from 11:30 a.m. until 2:30 p.m. The Auxiliary will provide soup and sandwiches.

The Auxiliary will have a box that will be at the Post in November for our Homeless Veterans that are at the Presbyterian Night Shelter in Fort Worth. Please bring new or used jeans, shirts, sweat suits that will fit either a Female or Male Veteran. We are working this program with the Riders.

Auxiliary Bake Sale Saturday, November 17th will start at 12 to 5p.m. The proceeds will go to the Auxiliary's Girl State Program.

If you know of an Auxiliary member that is sick, passed away or in need of help; please inform our Auxiliary Chaplain – Sherry Williams. Her email address is sherrylynn_247@hotmail.com (underscore between the "N" and "2" or just leave a note with the Bartender at the post with the details and Sherry will pick it up.

God bless each of you and thank you for supporting our past, present and future Veterans.

Karen Burks – ALA Unit # 379 President
817-235-5715 / karenjburks@aol.com

THANKSGIVING AT THE POST

HOLIDAY HOURS 11am until 5pm

Meal will be served at Noon.
Turkey will be provided by the Post.

SIDES: Please bring sides to share.

Wherever you celebrate the holiday, take time to give thanks.

1ST VICE UPDATE

As of October 25th our membership is at 734, THAT IS 55% of our goal. we have a way to go to reach our goal of 1,333 MEMBERS. We need the memberships help to attain that goal. I have checked all the posts in the 23 districts in the state and we are STILL the 2nd largest in the state!!!!

November 10 is early bird day between 12 noon & 3pm the post will give you one free drink for members who have renewed before and on that date & that time.

The Veterans Day parade in Grapevine is also on November 10th, honor guard & membership trailer will be in the parade and along with Ray Santa's jeep. We will have a table set up in the fair plaza before and after the parade. Hopefully we can sign up some new members.

For God and Country.

Jim Grau - 1st Vice Commander

AUXILIARY MEMBERSHIP NEWS

Ladies, thank you for sending in your membership renewals. You should be receiving your 2019 card by the first week in November.

A reminder that our Early Bird Party will be on November 10, 2018, from noon to 3 p.m. We will be serving soups and sandwiches for all members who have paid their 2019 dues. Our dues for 2019 are \$35.00 and I will be available to accept your renewal dues on that date.

Theresa Winslow - 3rd Vice President

CANCER BREAKFAST UPDATE

A HUGE THANK YOU to everyone for helping make the 14th Annual Cancer Research Fundraiser such a success. We've started this year off with our first deposit being \$10,177. My extreme gratitude to the many people who worked countless hours to help make this an enjoyable and successful endeavor. We've been blessed with gift certificates and other items we did not use for the October 7th event. They will be used throughout the coming year in baskets and drawings to continue to boost our total. I am blessed and honored to have been allowed to chair such a great event. Many thanks from the heart for everyone's giving of time and funds along with the new ideas brought forth and enjoyed.

Sheryl Frydenberg

CHAPLAIN'S CORNER

Member Glenn Petersen passed away on September 30, 18. He had honorably served in the U.S. Navy from 1948-1968 and was the recipient of 5 Bronze Stars which were switched to a Silver Star. He was interred at DFW National Cemetery on October 1. The Navy provided the folding of the Flag, firing detail, and Taps. Your world famous Chaplain was honored to preach the Eulogy. The family expressed their gratitude which is always more than enough. Later that afternoon a Post Everlasting service was conducted at Post 379. As usual a meal was served in honor of the grieving loved ones. As always once again the family was extremely grateful.

Howard Stevens is still in Hospice care in Bedford on Westpark Way. He has been fighting this staph infection for months. Prayers and visits are always welcome.

Ken Ross is at the same facility on Westpark Way with heart issues. Jean said the staff was trying to drain an excessive amount of fluid from him but can't drain it too fast. Once again, prayers and visits are more than welcome.

October 27, 18 was National United States Navy Day. We wish to thank all our Navy veterans for their jobs well done and for the jobs still being well done. As we all are aware, the wars that the United States has been involved in, we would not have been successful in our victories without the Navy's great help. Once again, thank you Navy Vets.

November 11 is Veterans Day. The day to honor all Veterans who are Veterans or are still serving for their dedication to their military responsibilities and most importantly the United States of America. Thank you one and all. For every Veteran who answers the call to serve his or her country, they would not be able to do so without their loving network of family and friends who are at home writing letters, sending boxes of goodies, and providing loving support. Our service members could not do what they do without their family and friends help. Keep them in your prayers as well.

April 30 of this year marked the 50th anniversary of the Viet Nam War. To me it seems like more than that but I'm just an old Cavalry ground pounder. The U.S. spent just north of \$168 billion which is approximately 1 trillion in 2018 dollars. Compared to conflicts that we are engaged in today, the Viet Nam war was quite a bargain. Lives lost is approximately 58000+ who died or still missing and their families and friends still mourn their lost loved ones and always will.

As your Chaplain, I urge all to reach out during this upcoming Holiday season to do your part in supporting our troops around the world and their families. A phone call, letters, visits, whatever means of communications, a bag of groceries, would mean so much.

For the one and only God and our beautiful free country it is time to double up on prayers.

Craig Smith – Smitty / Chaplain - Post 379

From the desk of the SAL Commander

Our current membership stands at 74 of goal 154 thank you all who has renewed their membership for 2019. I encourage everyone to sign up before the bird party in November.

The Fish Fry dinner for October was another good dinner, thank you all who came out and supported the Squadron and its programs.

The weekly Meat Raffle is continuing on we have a lot of good meat selection while keeping the cost down. The Dinner for November 2nd will be our own famous Gisela and she will be cooking her German Night meal come out and support the Squadron and its programs and your Auxiliary member Gisela.

Squadron 379 ordered 2 more cases of Josh Dogs that came in and will sending out in November for the children of Cooks Medical Hospital.

Programs that Squadron 379 are:

- **The Josh Dogs** for Cooks Children Medical Center in Fort Worth Tx.
- **Tarrant County Food Bank** each dollar that is donated serves 5 meals.
- **PTSD of Texas**, supports programs to teach Veterans and classes of counseling, medical assistance, a short place to stay among others programs.
- **Veterans Dogs of Texas**, they take abandoned dogs and trains them to assist the Veterans in everyday living, to alert the Veteran that the phone is ringing or the someone at the door, or just being a companion.

The Squadron donated \$ 500.00 to the Auxiliary's Cancer Benefit program that was held October 7th.

Coming in the next few months to the Squadron early bird party and Grapevine parade in November. Thanksgiving at the Post. The Toys for Tots in December and Christmas and the New Year's Party. Hope to see everyone at these events and to come out and support the programs.

Terry Bigley – Squadron 379 Commander
817.522.2385



LEGION RIDERS

I would like to express how thankful I am for the support shown for The Riders first, Bad Ass Chili Challenge. We had eleven entries and when it was all over we raised \$1,023 towards our Christmas Project for the Veterans of Bishop Davies Nursing Center. In the House to Judge Mike Regan – 12th District Commander, Jim Ross Attorney, Wes Rhodes Euless Fire Chief, Sean Fay Bedford Fire Department a BIG THANK YOU to our Judges. 1st Place – Steve (Gunny)& Connie Synder, 2nd Place – Victor Weil, 3rd Place -Bob Slusser & Angela MCKay. Thank You Everyone. It was a Great Time had by all. Looking forward to next year.

ALR went to visit the Veterans at Bishop Davies Nursing Center October 21. We are looking forward to future visits and blessing them during Christmas. It is heart warming to see them light up when you thank them for their service and allow them to share their story.

On November 3, 5 -730, ALR will be serving their Award Winning Beef Enchiladas served with Beans and Rice. \$10 a plate. Proceeds will benefit future Riders Programs.

ALR is asking for your help, We are working with a young man Jacob Redford, who is working on his Eagle Scout. His project is "Drive For Dignity" he is putting together back packs for the homeless Veterans at the Presbyterian Night Shelter. Flier is posted by the restroom, included is a list of the Veterans needs. Donation Box is located by the entry. He and the Boy Scouts will be in Proctor Hall November 10, from 4-8 putting together the packs if your interested in helping. Veterans Day November 11, 11am they will be meeting at Post. Anyone interested in going in the convoy to the shelter is welcome.

There are a lot of Rides coming up if you would like to ride check out our Facebook page: 'American Legion Riders Chapter 379.' Also our agenda will be post outside of restroom.

Next Riders meeting will be November 4, @ 2:00. If your interested in what we are up to come visit, everyone is welcome.

Don't Forget the Yahtzee Game. Everyone Benefit from the winnings.

Be Safe, "Ride Your Own Ride"

Lahonda "Fireball" Meier – Director
214-886-4725 Hondim@yahoo.com

NOVEMBER AT THE POST

Friday November 2nd

SAL Fish Fry \$11

Entertainment – Barry Martin

Saturday November 3rd

Riders Enchilada Dinner

Entertainment – Touch Tunes

Friday November 9th

Auxiliary Scholarship - Baked Spaghetti \$10

Entertainment – Marcia Rose

Saturday November 10th

No Breakfast or Dinner

EARLY BIRD PARTY - Noon – 3pm

Entertainment – Touch Tunes

Friday November 16th

Honor Guard – Meatball Stew & Cornbread

Entertainment – Doug & Ben

Saturday November 17th

Auxiliary – Shrimp Alfredo

Girls State Bake Sale

Entertainment – Barry Martin

THANKSGIVING

Thursday November 22nd

Meal Served Noon until pm

Friday November 23rd

No Dinner

Entertainment – Touch Tunes

Saturday November 24th

No Breakfast or Dinner

Entertainment – Touch Tunes

Friday November 30th

GERMAN NIGHT by Gisela

(Assisted by Commander Roberts Auxiliary President

Karen Burks, and SAL Commander Terry Bigley)

Entertainment – Diamond Duo

Don't forget Free Pool & Shuffleboard every Sunday & Tuesday. Pool Tournaments every Wednesday and Shuffleboard on Saturday.