



American Legion Post 379  
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Bedford, TX 76021

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[www.hebtxpost379.org](http://www.hebtxpost379.org)

## **NEWSLETTER**

**August 2019**

### **COMMANDER'S MESSAGE**

I would like to extend my "heart-felt" congratulations to the past year Executive Board and to you, the members, for a great job for the year 2018-2019. We achieved our membership goal, had 64 new members and a few of our Post members came back to the Post. A very special "thank you" to Jim Grau and Mike McCrady for their tireless efforts in membership.

We are expecting a better and improved year 2019-2020 ahead. Our new membership goal is 1366. We need for everyone to try and recruit new members. We have brochures with applications to assist you. I am really looking forward to working with the new Executive Board and the membership.

We are hopeful that construction of the south patio will commence very soon.

In August, we are planning changes in the Post' menus and will advertising them very soon.

I would like for you to mark your calendar for the evening of September 1. We will be hosting our first "Dinner in the Park". Additional details will be forth coming. It will, also, be the kick-start for the Auxiliary's Cancer Research benefit. I hope everyone will make plans to attend.

As a reminder, if you have an idea to improve the Post, please let someone know.

God, Country and Post #379 Proud!!

**Bob Roberts – Post 379 Commander**  
**[Bob\\_Roberts100@yahoo.com](mailto:Bob_Roberts100@yahoo.com)**

### **AUXILIARY NEWS**

Hello Ladies:

We had our officers' installation on July 20 and it was certainly a pleasure to have Tina Hill as our installing officer. Thank you, Tina.

August will be a slow month for your Auxiliary but please keep in mind that our annual Cancer fundraiser and breakfast will be held October 4 – 8, 2019. Sheryl Frydenberg is once again our chairperson for this exciting event. She will be asking for volunteers for the various stuff that needs done.

Judy Davidson will be holding leadership meetings that will delve into the responsibilities required of each of our officers' positions. If you are interested in attending and learning the various responsibilities please let Judy know. The first such meeting will be held in September. More info to come.

Our next General Membership meeting will be on August 1 at 7 p.m. with the Executive Board meeting at 6 p.m. Hope to see you here.

**Theresa Winslow**  
**ALA Unit # 379 President**

### **CANTEEN NEWS**

Beginning August 5<sup>th</sup> we will have food in the evening on Mon, Wed and Thurs. Food will be available from 6 to 7:30. Check the board at the Post to see what's cooking.

## CHAPLAIN'S CORNER

Well, for whatever reason, here we are, in another quiet month. Timo and Howard Stevens are still in rehab. Howard is still suffering with an extremely serious Staph infection and Timo is still fighting his diabetes ancillary complications. We have several members that have health issues which some are very serious. They all need our well wishes and continued prayers.

As you know, summer is here and although last week was a "cool" week, the weathermen are saying that August is going to fire up as only a Texas August can. After July 4, things go into the slow mode somewhat due to the temps. Then we start thinking and wishing for Fall and all that it will bring. There is always one thing especially that we all can do and that is, to help others in any way we can. One of the greatest joys in life comes by giving to those in need. And we always have something to give; our time, our finances, our efforts. Often, the very thing that we take for granted may be a tremendous blessing to someone else.

When you say, "I don't have anything to give"... Yes you do. In the very least, you can give your time. Whether it be help with other chores, give someone a ride, or, just sit and listen to them. All of us want to talk and be heard! Listen to the cries of the bedridden, homebound, Disabled, homeless, and especially homeless Veterans. Give someone a hand up. We make a living by what we get-we make a life by what we give.

No person was ever honored for what he received. Honor has been the reward for what he gave. Please remember those who are deployed and their families.

I am always available to listen, help in areas that I can, or put a smile on your face.

Things can always get worse but, they can always get better also. Two heads are better than one. If I can't help you,

I can always try to head you in the right direction.

**Craig Smith – Smitty Chaplain - Post 379**

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### from the desk of the SAL COMMANDER

First and foremost, I would like to say that I am both humbled and honored to have been elected as the Commander for SAL Squadron 379 for the Year 2019-2020. Being Commander means much more than just getting to have your portrait hang in Procter Hall for all eternity. It takes a lot of hard work and dedication from not only the Commander, but from the other Officers and Members as

well. Having said that, I promise to put forth my personal best effort to make Squadron 379 the best in Texas and I look forward to leading the Squadron into the next decade. Finally, I would like to extend sincere thanks on behalf of the Squadron to Commander Bob Roberts for installing our Officers on July 20<sup>th</sup>.

Our membership goal for 2019-2020 is 145 members, but I would like to see us hit at least 150 members for the year. Our membership currently sits at 29. That's not bad for our first month. Please help the Squadron by sending potential members to one of our Officers so that we may sign them up and utilize their skills to work our programs.

As many of you know, the SAL works many important programs within our community. I am happy to announce one of our new programs for the Year 2019-2020 – The Shriners Children's Hospital. Please support our fundraisers such as our fish fry and Meat Raffle as these monies are divided amongst our various programs. Additionally, we are in discussions with the Euless Police Association to make them yet another new program to work. Details on our meetings with them will be forthcoming.

The August Fish Fry will be on the Friday the 2nd. I hope everyone gets a copy of this letter in time, The cook of the Day will be Ronnie Mac.

Our next meeting will be August 8, 2019. I would like to see the attendance increase. To the parents of our junior members, please bring the young men. We can find jobs for them so they can feel they are a part of the origination. Call me with any questions.

**Joey Cook**  
**Squadron 379 Commander**  
**817.891.8774**

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## A NOTE OF APPRECIATION FROM A BOY'S STATE PARTICIPANT

*Dear Mr. Santa,*

*Thank you for the hard work you endured graciously, that gave me the life changing experience at Texas Boys State. In one week my mindset on my future has shifted, and strengthened. Learning from and talking with other high school leaders was a unique experience. Bouncing ideas off of each other ranging from our political views to futures careers created a bond that will last a lifetime. This dialogue opened my eyes to my future. Throughout high school I have*

*developed tunnel vision within my school and neighboring school districts. When running for office at my school my competition would even out to a few other leaders within the high school. Boy State showed me that my future competition for scholarships, college, jobs, etc are leaders and people with skills equal, if not greater, in comparison to mine.*

*At first this realization startled me; however, I took pride knowing that I was among the other elite, and decided to use this week to further my knowledge and skills of leadership. Throughout the week I was exposed to various forms of leadership. A common trend among the successful leaders was their organization, ownership, and social skills with the crowds they oversaw. Reflecting on this I now challenge myself in my personal organization over the positions of leadership I hold. Texas Boys State, in regards to leadership, taught me leaders lead best when they are organized and well informed on the task at hand.*

*With regards to politics Boys State informed me exactly how our local and state government work, a topic that I was unsure about coming into the week. I learned that, while the President holds a great deal of power in our federal government, local office holders affect my day to day life more than the President himself. Overlooking local elections is selfish to your community and a waste of your privileged right to vote; a right that men and women died to protect. Boys State taught me that not only is it my duty to vote, it is my responsibility as a leader to ensure that others vote. Our government is established by the people, as civilians exercising our right to vote is our duty to our community, state, and country.*

*Boys State furthered my leadership skills and enhanced my mindset for the future. I am unconditionally grateful to be provided with such a rare opportunity, thanks to you Mr. Santa. I will never forget my experience at Boys State, and the friendships I made.*

Sincerely,  
Austin Alexander

## HAPPENING IN AUGUST

Friday August 2<sup>nd</sup>  
SAL Fish Fry by Ronnie Mac \$11  
Entertainment – Rough Creek

Saturday August 3<sup>rd</sup>  
No food Service

**NEW** THURSDAY August 8<sup>th</sup> **NEW**  
Open Mic Night  
7-10 pm

Friday August 9<sup>th</sup>  
Auxiliary Mexican Dinner by Judy D \$10  
Entertainment – Marcia Rose

Saturday August 10<sup>th</sup>  
Riders Steak Night \$15  
Entertainment – Rough Creek

Friday August 16<sup>th</sup>  
Auxiliary Chicken Wing by Mike Regan \$10  
Entertainment – Doug & Ben

Saturday August 17<sup>th</sup>  
Loaded Baked Potato with Brisket & Side Salad  
By Debbi McKee

Friday August 23<sup>rd</sup>  
Riders Chicken Fried Steak \$10  
Entertainment – Diamond Duo

Friday August 24<sup>th</sup>  
No Dinner Service

Friday August 30<sup>th</sup>  
MEAT LOAF MAINA  
Entertainment – Beau Young

Saturday August 31<sup>st</sup>  
Holiday Weekend  
No food Service

## RECURRING EVENTS

HAMBURGER SUNDAYS 12:30 til 3pm  
TUESDAY - TACO TUESDAY AND KARAOKE / \$3 Margaritas  
WEDNESDAY POOL TOURNAMENT 7pm  
SATURDAY BREAKFAST 8:30am till 10:30am \$7  
SHUFFLEBOARD TOURNAMENT - EVERY SAT 2PM