

American Legion Post 379 1245 North Industrial Blvd Bedford, TX 76021

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NEWSLETTER

SEPTEMBER 2019

COMMANDER'S MESSAGE

We would like to take the opportunity to wish each a happy and safe Labor Day. If you are traveling, please be careful and come back safe and sound. If you are here, please read the calendar as we are attempting to add a lot of different items to the agenda. Note that we will be serving meals and entertainment through out the week. Our concept is to offer you many more reasons to come to your Post. If you have not been here in while, come by. Would love to see you back.

Also, the President has signed the "Legion Act" into law. This means that approximately 6 million honorably discharged veterans since the end of World War II are no eligible to belong to the American Legion. Since our membership goal was increased approximately 10 percent, it would be very helpful for the Post if we can recruit these new members.

Again, if you have ideas that you would like to see at the Post, please let us know.

Until the next article, remember

God, Country and Post #379 Proud!!

Bob Roberts - Post 379 Commander Bob_Roberts100@yahoo.com

AUXILIARY NEWS

Hello Ladies:

Our Cancer Research Fundraiser is fast approaching. Please see Sheryl Frydenberg's article for more information.

July 1 started the renewal year for 2020. Our dues remain at \$35.00 and you can leave your payment with the

bartender. We pay for all members over 75 and our juniors; I am in the process of getting those done.

Ronnie Mac will be cooking chicken, ribs, sausage and beans for a Labor Day lunch starting at 1 pm. Side dishes are requested.

Judy Davidson will be holding leadership meetings that will delve into the responsibilities required of each of our officers' positions. If you are interested in attending and learning the various responsibilities please let Judy know. The first such meeting will be held in September. More info to come.

Our next General Membership meeting will be on September 5 at 7 p.m. with the Executive Board meeting at 6 p.m. Hope to see you here.

Theresa Winslow ALA Unit # 379 President

CANTEEN NEWS

We now have food in the evening on Mon, Wed and Thurs. Food will be available from 6:30 until 9. Check the menu for some great options.

From the desk of the SAL COMMANDER

Greetings Post Family! Squadron 379 had another highly successful month and it is my pleasure to share the results of our hard work and the fruit of our labor to you all.

Our membership goal for 2019-2020 is 145 members, but I would like to see us hit at least 150 members for the year. Our membership currently sits at 71. This means that we had an extremely strong month when it comes to renewals. Please help the Squadron by sending potential members to one of our Officers so that we may sign them

up and utilize their skills to work our programs. It takes new members to help strengthen our Squadron. And please remember Legionnaires — if your father or grandfather served, you are eligible to be a "dual member" and your yearly dues for the SAL would only be \$10.

Back by popular demand is our Meat Raffle which will start back up on Saturday, September 14th. Additionally, Squadron 379 teamed up with the Riders if an effort to clean up Mahon Park and it was a success. If you haven't seen the park recently, you should check it out. Commander Bob Roberts was on hand and it was a great feeling to support our post.

As many of you know, the SAL works many important programs within our community. Please support our fundraisers such as our fish fry and Meat Raffle as these monies are divided amongst various programs. Additionally, we entered into discussions with the Euless Police Association and Victory Therapy in Roanoke. Victory Therapy is an equestrian therapy program geared towards severely disabled veterans which helps them cope with day to day life. The Euless Police Association gathers donations in an effort to send officers from around the country to attend funerals for other officers who were violently killed in the line of duty.

Additionally, they award college scholarships to the surviving children of these officers. The outcomes of both of these meetings were extremely positive and our membership will vote at our next meeting in order to determine if these programs will be added to our list. I will update you next month on the outcome.

The September Fish Fry will be on Friday the 6th. I hope everyone gets a copy of this letter in time, The cook of the Day will be Ronnie Mac.

Our next meeting will be September 12, 2019. I would like to see the attendance increase. To the parents of our junior members, please bring the young men. We can find jobs for them so they can feel they are a part of the origination. Call me with any questions.

Joey Cook Squadron 379 Commander 817.891.8774

CANCER BREAKFAST BENEFIT NEWS

I am honored to once again be Chairperson of our 15th Annual Cancer Research Benefit.

Many folks have already been working with diligence to make this year even better than last year which raised over \$16,000. The group effort of all entities here at Post 379 was truly remarkable last year and once again it has already taken hold with fervor throughout.

Commander Roberts requested Labor Day be the official "kick off" date this year; but Post 379 being a "Get the Party" started post, has already enjoyed several dinners, raising funds for the cause.

Beginning Labor Day weekend, a GREAT LIQUOR basket, big screen TV and a ladies handgun, ALL NEW and generously donated by individuals will be added with tickets available to purchase. Basket tickets are \$1.00 each or 6 for \$5. The TV tickets are \$5.00 each with 100 tickets only available. The handgun tickets are \$10 each with 100 tickets only available.

MARK YOUR CALENDAR: October 4 - 6, 2019 will be our ANNUAL BENEFIT weekend with THE 15TH ANNUAL PANCAKE BREAKFAST SUNDAY, OCTOBER 6th. Be sure and come by beginning Friday evening to look at and purchase your tickets for the many gift cards and baskets generously donated. Poppers will be done Sunday as well as a 50/50 raffle. Thanking you in advance for your enthusiasm and generosity during this coming year to help benefit a cause that truly touches us all. It Truly does take a village. Post 379 the best there is.

Donations of basket type items or monies to buy things are encouraged and appreciated

- *Ladies please bring your rollers and fillers on Sunday September 15th at 2 pm and join the fun in stuffing our popular poppers while watching the Cowboy game.
- * Baskets will be put together on Wednesday, September 25th beginning at 6:30.

Sheryl Frydenberg

CHAPLAIN'S CORNER

July was also fairly quiet.

Bill Dehl had back surgery during early August. Surgery went well but while in the hospital Bill had 3 strokes and a minor heart attack. Bill is now home and is improving steadily. Prayers for Bill and family please.

Your Honor Guard performed admirably at a funeral on Sunday, August 25 with full honors for John P. Lawson Sr. at the 4 Seasons Resort in Las Colinas resort in Irving. Flag folding, firing detail, and Taps were provided to honor this Marine A Veteran of the Korean War.

Mr. Doug Beightol, a longtime Post #379 member, passed away on Monday, August 26, after a lengthy illness. No additional details are available at this time.

As Fall approaches and the days get shorter by a few minutes each day, it reminds me of what my Dad told me many times. "Son as you get older, your days will shorten also." This has really began to hit home. In both my mind and my body. I sometimes forget what I am thinking about while I am thinking about it! Getting up in the morning has also became a real adventure. Slow is the key. Too fast and no telling what direction I'll go in addition to down only to crash and burn somewhere between bed and wall.

My point to the above paragraph is simply this, let us all try to take care of our health as best as we can. Don't cancel Doctor appointments and don't skip medicines.

Until next month,

Craig Smith - Smitty Chaplain - Post 379

HAPPENING IN SEPTEMBER

Sunday Sept 1st

Burgers Served all Day

Entertainment: Rough Creek @ 7pm

Monday Sept 2nd LABOR DAY

BBQ & Beans by Ronnie Mac Side Dishes Needed

Thursday Sept 5th

Legion & Auxiliary General Membership 7pm
Bar Dinner Menu Available

Friday September 6th

SAL Fish Fry by Ronnie Mac \$11

Entertainment: Justin Hunter

Saturday September 7th

New Bar Dinner Menu Available **Entertainment:** Open Mic Night

Sunday Sept 8th

Rider Meeting 20m

Thursday Sept 12th

SAL Meeting @ 7pm

Friday September 13th

Wings & Fries by Mike Regan \$10

Entertainment: Marcia Rose

Saturday September 14th

SAL Meat Raffle Returns 2pm Riders Steak Night \$15 Entertainment: Back Beats Band

THURSDAY September 19th

Open Mic Night 7-10 pm

Friday September 20th

Auxiliary Ham & Scallop Potatoes by Judy D \$10

Entertainment: Rough Creek

Saturday September 21st

SAL Meat Raffle 2pm No Dinner No Entertainment

Friday September 27th

Riders Chicken Fried Steak \$10

Entertainment: Diamond Duo

Saturday September 28th Lasagna Bolognese \$10

Entertainment: South City Mojo 7:30 until 11:30

Weekly Events:

Sunday: \$6 Burgers 1 until 3
Monday: Moscow Mule Monday
Tuesday: Kraze Karaoke 6pm (Menu Varries)
Wednesday: Pool Tournament 7pm
Saturday: Breakfast by Debbie \$7
Saturday: SAL Meeting Meet Raffle 2pm

BAR DINNER MENU AVAILABLE

6:30 Until 9pm Monday – Wednesday - Thursday