



American Legion Post 379
1245 North Industrial Blvd
Bedford, TX 76021

817.267.6047

NEWSLETTER

OCTOBER 2021

COMMANDER'S MESSAGE

October is upon us and we will be starting out with a bang. The Auxiliary's Cancer Aid fund raiser starts off with their Pancake Breakfast on Sunday, 10/3 at 8 AM and lasts until 12 PM. That will be followed by the basket raffle and auction starting at 3 PM. Needless to say, this will be a big event.

Our Honor Guard continues to perform at funerals and have been outstanding. We could use some more volunteers to help with the work load. If you would like to volunteer, let me know.

The membership drive is still ongoing and members continue to renew at a steady pace. If you haven't renewed, I would suggest you do so at your earliest convenience.

Be thinking now what your costume will be for Halloween and there will be a contest and awards for the best.

As always, come to the post at any to enjoy the company with your fellow comrades.

For God and Country and Post 379 Proud.

Mike McCrady - Post 379 Commander

AUXILIARY NEWS

The weather has the feel of fall and with that comes activities that welcome the cooler weather. Many thanks to everyone that once more gave their time, hard work and financial support to make this year's Cancer Research benefit a success. Our Post 379 family worked together many hours to make a weekend of fun and success for a cause that touches so many lives in many different ways.

Our annual Halloween party will be held Saturday, October 30th with live entertainment and a costume

contest. Please make your calendars to join us for an evening of fun. More details to follow.

Membership is underway with a goal set for this year of 415 memberships. I encourage everyone to meet, greet and please introduce yourself to our new members. Make them feel welcome and glad they chose our post to call their Legion family home.

Our next Auxiliary meeting will be held Thursday, October 21, Executive meeting 6 pm followed by General Membership meeting at 7 pm. Please join us with your ideas to help continue building our membership and plan upcoming events and programs we would like to work on for the last quarter of this year and into 2022.

Mark your calendars and plan to join us to recognize Veterans Day as well as our early bird for membership November 6th.

Our annual bake sale will be held Saturday, November 20th. Watch the board for details regarding Thanksgiving luncheon. This is a good time to get those special recipes out to share with others.

Please continue to come in and enjoy your evening meal planned, prepared and served to you by each of our entities on various Friday and Saturday evenings. This is a great time to support our programs and enjoy some excellent food at good prices along with live entertainment.

Sheryl Frydenberg – Unit President
Aux_alpost379@att.net



FROM THE SAL COMMANDER

Greetings fellow legion members all is well with the Squadron. We are on track for our current membership year. We are at 69 members paid of 156 goal. I encourage everyone to sign early to get it out of the way.

Last month we had a great day for our Fish Fry we served 68 dinners thank you one and all who still continues to support us and our programs.

We will be starting up the SAL Meat Raffle in October and continue through the winter months.

With the ALA Cancer Benefit coming in October the Squadron will be donating again this year in the amount of \$ 300.00 dollars we will continue this event as long as it is being done at the post.

We have other programs in the near future to start so be on the look-out in the newsletter and other social media for starting time.

Thank you each and every-one and hope to see everyone at the ALA Cancer Benefit October 1st through 3rd.

David Owens – SAL Commander FROM THE ALR DIRECTOR

RIDER NEWS

A month in the life of your riders

Hey all, you know your riders are coming out of hibernation. It's just our time to be out and about. We have a manageable ride schedule and events to attend inside and outside of the post.

First off, a great thanks to our members and guests. We supported Post 453 and their Homeless Veterans Benefit and Poker Run With a short Presentation of our donation of \$500.00. These funds we donated are a direct result of the support of our post memberships desire to enjoy the riders steak nights, Yahtzee and other events Adding our entry fees and poker game donations and the money we spend at all the posts, we are helping those brothers and sisters who need us most. Thank you for that and all the interaction we get over our successes that do not happen without you.

We also attended the recent Kill 22 Ride with several of our riders attending and all I spoke to raved about the event. It was a well-attended event with many bikes and a police escort.

Our next event will be our growing Chili cook off. On October 30th we will be holding our annual event and are thinking yes, larger, and more fun for all. The bragging has already started the bean issue intense. Let us know how yall stand on chili with beans, generally as hot a topic as can be had in Texas. Look for the flyers to be on the event board at post bathrooms...and everywhere else. We look forward to new contestants as well as most all previous entries. The search is on for outside judges from our community.

Veterans day will be big for us. We are supporting and attending the parade by helping setup the staging and riding in the parade as always. We have many riders who have plans to ride even though it falls on a workday. Here will be another 379 rider's new project growing out of an existing project. After the parade we will be performing a flag ceremony in conjunction with True Worth Place at their community flagpole at the suggestion of the people I spoke with, Danielle who placed me in the capable hands of Judy. I believe Judy will be our liaison for all our future events and I thank her for the time she is dedicating to our common cause. For those not familiar with the name True Worth Place they provide the management and placement for those in need of assistance. Our original benefactor, the Patriot house is our focus truly, however this organization helps so many how do we not help on a grander scale. We have learned much about the task of providing help for Veterans in need locally. I had a wonderful conversation with several of their Staff last week and have found they run several homes for men and women in distress, single women with children, children in stress including Patriot house. They have a Canteen on sight to feed all these people. Current veteran residents' number about 30. Their focus matches ours, to support the needy in our community. I believe your riders will be in tune with their needs. We can help them in overcoming the community around them.

Another development for our group is a request from our other volunteers' groups at the Legion to partner in their events. We are looking forward to this in house effort. Plans are underway to meet regularly and better the results of all our projects by combining the energy of all. I have personally committed to this and have the support of many of our members to strengthen the bonds across the posts volunteering members. We will show this new partnership as soon as the Auxiliary Cancer research annual event. Our riders are entangled heavily in the success of that event from the heart and always will be. A request from us will be to work together to better an existing food bank donation program that not only focuses on the holiday season, but rather functions year-round.

Look for new topics on the coming holiday season, to include food bank donations, Rider supported Coat runs, Toy runs, quite possibly our legion supporting our existing local scouting partners, supporting our youth military enlistees. Look for communication with our First responders and city Staff within the Hurst, Euless, Bedford Communities.

Thank you to our Kitchen Bar staff for a great success at serving us day to day and stepping up to staff for the POST 453 POKER RUN. We were grateful to be included in that run as a destination and the staff handled it all very professionally. Tip you bar staff please they are worth it.

**Art "Sasquatch" Rutherford,
ALR Director - Post 379**

CHAPLAIN'S CORNER†

Once again, another month has flown by. September is history.

For the second month in a row the sick call board is empty.

The real challenge behind getting through any trial is letting go of your tendency to try to have it your way and God's way at the same time. The tendency as a person is either to John Henry your way through the mountain yourself (remember, legend has it that, in the end, J.H. died of exhaustion) or to avoid taking responsibility (blame-shifting, even onto God, it's often easier than trusting His unseen purposes). James called that being double minded and instability will result.

At some point, you'll face a challenge that is too big for you. It won't matter how many notches you have in your belt--the Great Sink Leak of 98, the Christmas in-law Compromise of 2011--God will allow something to happen that will force your hand on the big question: am I the master of my fate or is God? Even as Christians our flesh pulls us toward the former. But you must resist handling challenges in your own strength. Better to decide now that God's strength never fails, that His peace surpasses understanding, and that His grace is enough for you.

Father, we confess that when I'm facing a trial my tendency is to ask why You've let it happen instead of what You are doing in me by allowing it. I trust that You are sovereign, that You are good, and that You will strengthen my faith through this challenge if I am open to You. I set aside my

desire to know all the reasons why, and instead I choose to trust that Your grace is sufficient for me.

Ladies and Gentlemen, I want to take this opportunity to say how proud I am of the Honor Guard and the fantastic performances they give to not only to honor those Veterans who have passed and also to show their families the dignity that their loved one deserved. Each member that takes the time to volunteer and show up not only for practices but for the actual event deserves a great thank you from all of us. All the way from marching in step, handling of the rifles, displaying the proper flags, bugle duty, Chaplain responsibilities, and the dignified uniforms ... all this and more and additional events brings honor to all of us and makes our Post 379 once again stand out among the rest. Thank you Director Sivers for all that you do.

On the 25th of September great fun was had by all to celebrate the 85th birthday of one of our Posts most lovely, dedicated, hard working, energetic, and beloved Auxiliary member. Elvis even showed up and had a great time. Good food, good music, lots of friends and lots of love and Jean Ross had a laugh filled and joyous evening. We love you and Happy Birthday Jean.

As many of you know, I have been facing some medical challenges in the last several months, but I want to report that my doctors are pleased, Dolores (Tinker) and I am pleased with my progress. I want to thank all for their prayers, phone calls and get well wishes and encouragement for Tinker and me.

Fall is here and I am sure that all of you like us are pleased with some cooler weather on the way. October is typically the month that makes us appreciate being indoors, football, chili, and yes, the upcoming holiday, Halloween.

Remember, staying young while growing old begins with your mind. So never stop learning, laughing, and loving God with all your heart.

PASTOR SMITTY POST 379

American Legion Post 379
1245 N. Industrial Blvd
Bedford, Texas 76021

CALENDAR OF EVENTS
OCTOBER 2021
Web Site: hebtxpost379.org

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Sunday	Monday	Tuesday	Wed	Thursday	Friday	
11am- Midnight	11am- Midnight	11am- Midnight	11am- Midnight	11am- Midnight	11am- Midnight Entertainment 7 til 11	11am - Midnight Breakfast 8:30am - 10:30am Bands 7pm - 11pm Dinners Served: Varies
					1 Dinner: Sharimp Dinner by Lamita ENTERTAINMENT: MYSTIC MOONLIGHT	2 NO BREAKFAST RIDER STEAK NIGHT NO ENTERTAINMENT: DIAMOND DUO
3 BURGERS NOON - 3pm	4	5	6 KARAOKE 6 TIL 9 \$3 Appetizers 5pm til 7pm	7 Legion Meetings Executive @ 6pm Membership @ 7pm	8 Italian Chicken By Auxiliary ENTERTAINMENT: MYSTIC MOONLIGHT	9 NO BREAKFAST DINNER: TBD ENTERTAINMENT: TBD
10 BURGERS NOON - 3pm	11	12	13 KARAOKE 6 TIL 9 \$3 Appetizers 5pm til 7pm	14 SAL Meeting 7pm	15 DINNER: TBD ENTERTAINMENT: DOUG & BEN	16 NO BREAKFAST DINNER: TBD ENTERTAINMENT: TEXAS STORM
17 BURGERS NOON - 3pm	18	19	20 KARAOKE 6 TIL 9 \$3 Appetizers 5pm til 7pm	21 Auxiliary Meetings Executive @ 6pm Membership @ 7pm	22 CHICKEN FRIED STEAK By: RIDERS ENTERTAINMENT: BACK TO VINYL	23 NO BREAKFAST Green Chiile Ckn Enchilada ENTERTAINMENT: TBD
24 BURGERS NOON - 3pm 31 BURGERS NOON - 3pm	25	26	27 KARAOKE 6 TIL 9 \$3 Appetizers 5pm til 7pm	28	29 DINNER: TBD ENTERTAINMENT: BACK BEATS BAND	30 RIDER CHILIE COOK-OFF HALLOWEEN PARTY ENTERTAINMENT: BACK BEATS BAND