



American Legion Post 379
1245 North Industrial Blvd
Bedford, TX 76021

817.267.6047

NEWSLETTER

NOVEMBER 2021

COMMANDER'S MESSAGE

In November, we will have several events that celebrate our veterans and our thanks for the freedom and bounty that we have.

The Grapevine Veterans Parade will be on November 6th. We will have the trailer in the parade and if you would like to ride in the parade, we will leave from the post at about 9 AM that morning. There is parking available that is close to the staging area and the walk isn't far.

We will have the Early Bird party after we get back from the parade with sandwiches and sides at the post. Remember, if you haven't renewed your membership, you can do it after the parade and still get you "Early Bird" drink.

We will celebrate on Thanksgiving Day with lunch, with turkeys and hams provided by Ronnie Mac. Bring your family and friends and enjoy.

For God and Country and Post 379 Proud.

Mike McCrady - Post 379 Commander

AUXILIARY NEWS

Happy Fall to everyone!! It is time to gather around Post 379 and prepare for cooler weather. Sitting on our awesome covered patio is a great opportunity to watch the leaves change color on the trees around us and visit with fellow members young and old. While watching a football game, shooting pool or playing shuffleboard it's time to gather around for good fellowship and work our programs.

Our annual Cancer Research Benefit was once again a great success. Thanks to those decked out in our "retro"

tye-dye t-shirts boasting "This family fights for a cure." Together we raised over \$13,000 for MD Anderson Research in Houston, Texas. An awesome amount of money to donate for such a good cause that personally touches so many lives.

The Auxiliary is hard at work preparing for several upcoming events. Your time and ideas are welcomed and needed to have successful events at our Post.

Saturday, November 6 will be our Early Bird day to recognize members who have already paid 2022 dues. Currently, we have 309 paid memberships with a goal of 415 for 2022. Great job everyone!! Our Unit 379 is the largest Auxiliary in Texas so keep recruiting friends and family members who are eligible. Join us on November 6 to pick up your new membership card and receive a ticket for a free adult beverage of choice. Lunch will be provided to be enjoyed after the parade in Grapevine to honor our Veteran's for their service to keep our country free and safe. Please see the calendar or board for posted times.

SAVE the DATES:

Thursday, November 18 Executive Meeting 6 pm / General Membership 7 pm. Please plan to join us and bring your questions, concerns and ideas to share during this time.

Saturday, November 20: Auxiliary Bake Sale: Time: 11-4 donations of "baked" items from your kitchen needed for a successful event. Please consider cakes, pies, cookies, fudge, brownies, salsas, jams and jellies, etc. to help raise money for our general fund expenditures. This helps in our scholarships programs, VA&R, Christmas Angel Tree and many other projects throughout the year plus expenses to attend conventions and workshops throughout the year.

Thursday, November 25 our Thanksgiving luncheon will be held in Proctor Hall. Ham and Turkey will be provided by the Legion with everyone encouraged to bring a favorite side dish or dessert. Please see calendar or board for more information. Signup sheet will be posted soon for food.

Saturday, December 11 will be Toys 4 Tots from 10am – 4pm. Start your shopping early and consider donating a toy or two and help make our area kids and youth holiday season fun and enjoyable. Boxes will be placed inside the front door for toys. Monetary donations are always welcomed by the Marine Corps to be able to buy toys in bulk for this yearly event. Please see Judy Davidson for questions, times to volunteer and ideas for giving.

Sheryl Frydenberg – Unit President
Aux_alpost379@att.net

FROM THE SAL COMMANDER

Greetings from the desk of the Commander

So far, we are on track for the membership, sitting at 89 of goal 160, moving right along. Still continue our programs are back in the swing of things since we opened back up from Covid. We started our annual Gun Raffle, a Glock 43X 9MM handgun can see an SAL officers or the bartender for tickets, good luck everyone.

Our net scheduled meeting will be in November and the last one for the year, I hope to see everyone to attend.

Upcoming events that we as a Squadron will be supporting again this year Grapevine Parade in November the early bird in November and the Marine Toys for Tots in December, I encourage everyone to help in this great cause for our community.

If there is anything you would like to ask or suggest please attend one of our meetings and bring your suggestions to the Squadron.

David Owens – SAL Commander
FROM THE ALR DIRECTOR

RIDER NEWS

Coming out of Semi-Hibernation. It is premium riding days.

Here we are, November. Our last month was a good one. We, with y'all's generous support were able to donate to one of our Posts most notable events, our Auxiliary Cancer research Benefit. This years donation was split in two but totaled \$1000 dollars. As you know 2 of our riders have been battling cancer themselves. We made two donations in the name of those members. A donation of \$500 in the name of Mama Crash. Please take a moment to hug and congratulate a fine lady that rang the bell a day before the benefit. We also made the other \$500 dollar donation in the name of Chief, our brother who is still involved with the recovery from treatments himself. I would like to believe we will see both their returns soon as they are truly missed.

We also had the need to help the Resnick family. A Veteran and longtime member and friend of the post, the sudden loss of his wife and partner, is a tough time for anyone. All the Post 379 organizations put up enough funds to help the family take care of their loved one. We escorted the family and friends for a celebration of life here at the post. Know that this is a mission we will not fail at ... ever.

Coming up is our Bad Ass chili challenge. The prizes are better than ever. Info should be streaming on the post Video board. Come one, come all, compete, taste, vote for your favorite in a members vote, and the actual prizes will be awarded by a vote of judges who are unaffiliated with our membership but are members of our local communities.

Our Chicken fried steak night, thanks to our membership was well attended and as usual enjoyed and I did not hear a complaint one. Now the Rib Eye steak night, not so good. I am sorry to admit that I did not finish mine either. The dang thing was just too tough, great taste but way to tough. This cannot happen again. We may have to say potluck here as we bounce cost against the goal of fundraising and satisfaction of a good meal and an after party on the dance floor for many. With the challenge of the cost of meat these days there has been 2 discussions, first is to raise the price until it becomes more affordable to prepare. The other is to offer a different meal like Salisbury steaks and brown gravy with the normal trimmings, salad, baked or mashed taters veggies and dessert of course. We are listening if you are willing to share your thoughts, yay's and nays.

Rides have been occurring with a support of a fundraiser Poker run at Post 453 for homeless Veterans. We were happy to host a stop at Post 379 for this event and as riders we contributed \$500 dollars of your donations to better their efforts. Many other ideas are there as well.

We will be making best efforts going forward with Yahtzee. An effort is being discussed to join with our other groups at Post 379 for some projects and we are up to that challenge for sure. Hopes are we can invigorate a food drive for local Veteran and community food banks for the holiday season. We are in the process of solidifying a ceremony of a flag retirement and donation of a new flag to be raised in ceremony at Patriot House Veterans Day next month after the parade. This will help to rekindle our support of their needs after a tough Covid 19 year. Toy Runs and Jacket runs are already being announced by other posts.

Look for many more adventures and challenges of veteran and community support out of your riders and thank you in advance for all the support you provide for our efforts.

Fair winds and following Seas

Art "Sasquatch" Rutherford, ALR Director - Post 379

CHAPLAIN'S CORNER†

Thanksgiving is coming soon. A time to reflect on our blessings in life. In this day and age in the worlds richest country, there are countless people who have been dealt a rough way to go-especially with children of all ages. If you can, please help a family in need. A turkey or a ham and a few cans or boxes of side dishes can go a long way in making someone's Thanksgiving a real day to celebrate and remember.

November 11 is a very special day for many of us-Veterans Day. A day to thank all who served in the Armed Forces for however long-2 years to 30+ years. Thank you one and all. When a young man or woman decides to join the military and serve their country, they are not assured they will be able to return home to their families, loved ones, and friends. Some will come home with many memories, some good and some bad-really bad. Some will come home with challenging injuries that in some cases alter the rest of their lives. Some don't come home at all. They gave the ultimate sacrifice.

Due to the mindset of the younger generations Veterans Day mistakenly only means to them, just another 3 day weekend. But to us Veterans and Veterans families it is a day to stop and remember the reasons why Congress set

aside a specific date each year...November 11th to honor the Veterans that wore and are wearing U.S military uniforms.

Be strong and of good courage, do not fear nor be afraid of them; for the Lord your God, He is the One who goes with you. He will not leave you nor forsake you. There will be hard times when you need courage to keep going. Tap into the Source of Courage by feeling God's presence. Hear Him say, "I am with you always." Pray for courage as you pray for your daily bread. "Dear Lord, the power of Your presence is always with me, right here in my heart, giving me the courage to face anything."

The sick call board is busy this month. Those needing prayers are as follows: Dennis Cantrell is at HEB battling Covid CC had Covid but has been discharged Edith Gossett is anticipating gall bladder surgery Dennis Gossett is battling skin cancer Mike Sivers is to undergo a heart procedure

Surgeries and illnesses are often scary propositions. Even when we've had time to prepare, it is hard to go under anesthesia, which might seem like a sneak peek at a peaceful death. Whether it is you or a loved one preparing for an operation, or whether it is planned in advance or needed as an emergency, surgery can be unsettling. No matter the circumstances, though, God is still in control and still very much aware of your circumstances and needs, and He will be with you through it all. Seek Him in the expectation that the operation will accomplish its most hopeful objectives and more-but also in expectations of His peace and presence.

You know folks, our country and our lives has been in a heck of a mess for going on two years now. Our lives as we knew them then were turned upside down, tossed sideways, and put in a spin cycle. At times we have had to wonder if our lives and our country will ever reach a sense of NORMALCY again-but one thing is constant...GOD.

We are coming up on a special time of the year when we all try to take a break from our hectic schedules and lives. We stop and hopefully spend a special day with our loved ones and friends where we will enjoy good food, old memories, and make new memories...but most of all, give THANKS.

For food in a world where many walk-in hunger, faith in a world where many walk in fear, friends in a world where many walk alone. We give you thanks, O Lord. Amen.

PASTOR SMITTY POST 379

American Legion Post 379
1245 N. Industrial Blvd
Bedford, Texas 76021

CALENDAR OF EVENTS
November 2021
Web Site: hebtxpost379.org

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Sunday	Monday	Tuesday	Wed	Thursday	Friday	
11am- Midnight	10am- Midnight	10am- Midnight	10am- Midnight	10am- Midnight	10am- Midnight Entertainment 7 til 11	11am - Midnight Brealfast 8:30am - 10:30am Bands 7pm - 11pm Dinners Served: Varies
	1	2	3 KARAOKE 6 TIL 9	4 Legion Meetings Executive @ 6pm Membership @ 7pm	5 Dinner: SAL FISH FRY BY RONNIE ENTERTAINMENT: JUSTIN HUNTER RIDER MEETING 8PM	6 NO BREAKFAST EARLY BIRD RIDER STEAK NIGHT ENTERTAINMENT: BACK TO VINYL
7 BURGERS NOON - 3pm	8	9	10 KARAOKE 6 TIL 9	11 SAL Meeting 7pm	12 Dinner: SHIRMP BY LAMITA ENTERTAINMENT: DOUG & BEN	13 NO BREAKFAST DINNER: Auxiliary Smothered Steak NO ENTERTAINMENT
14 BURGERS NOON - 3pm	15	16	17 KARAOKE 6 TIL 9	18 Auxiliary Meetings Executive @ 6pm Membership @ 7pm	19 DINNER BY LAMITA ENTERTAINMENT: MYSTIC MOONLIGHT	20 NO BREAKFAST DINNER BY LAMITA AUXILIARY BAKE SALE ENTERTAINMENT: BACK BEATS BAND
21 BURGERS NOON - 3pm	22	23	24 KARAOKE 6 TIL 9	25 THANKSGIVING LUNCH @ 1 Close at 7 (After Cowboy Game)	26 DINNER - BAR MENU NO ENTERTAINMENT	27 NO DINNER NO ENTERTAINMENT
28 BURGERS NOON - 3pm	29	30	THANKSGIVING LUNCH MEATS PROVIDED SIDE DISHES AND DESSERTS NEEDED (For easier clean up - disposable containers appreciated) LUNCH WILL BE SERVED AT APPROX 1 PM			