



American Legion Post 379
1245 North Industrial Blvd
Bedford, TX 76021

817.267.6047

NEWSLETTER

DECEMBER 2021

COMMANDER'S MESSAGE

We have just about reached the end of the year and we plan to go out with a bang. We have gotten a lot of things done thanks to the hard work of some very special people. I would like to give special thanks to the following people who played a major part in the remodel of the bar: Dan & Lamita Higgins, Steve & Trini Jones, Jerome and Lesley Patterson, Ronnie McClendon, Rich Wiltshire, Art Rutherford and Tony Weisman. (I hope I didn't miss any.)

The Thanksgiving dinner turned out to be a great success thanks to the contributions of the Auxiliary and Ronnie Mac.

We will have our Officer and staff Christmas on the 20th, so we will be closing early that day.

New Year's Eve will feature a casino night complete with a champagne toast at midnight.

I would like to wish everyone a very Merry Christmas and safe travels.

For God and Country and Post 379 Proud.

Mike McCrady - Post 379 Commander

AUXILIARY NEWS

Greetings to everyone. The year is quickly coming to an end with so many memories to take into the holiday season. Thanksgiving luncheon at the Post was a very nice event with 50+ folks enjoying the great food and Post family fellowship. So many special dishes being shared and once again we ran out of turkey with few pieces of ham leftover. Next year perhaps three of each will be in order to prepare. The recent renovation on the bar area did not go unnoticed. Many comments and thank you to those involved in making this happen and be completed

in time to start the holiday season. My personal thanks to those that graciously supplied the many dishes enjoyed by all and those able to help set up and clean up before and after. We truly have a wonderful group representing our Unit 379.

Daniel, many thanks for getting the room ready and again taking pictures to be shared and put into memories. Your help is often gone without a thank you but know it doesn't go unnoticed.

Please remember our folks who are often home bound more this time of year and reach out to them with a card, text, phone call or even a short visit to let them know they are loved and thought about often. Diane Hunt is our front-line chaplain doing such a nice job of following up and keeping us informed of members who are ill or having a difficult time adjusting to recent illness or the loss of loved ones. Please keep in touch with her.

The bake sale on November 20th was the most profitable thus far. Together we raised \$1756 for our Auxiliary General Fund. Many thanks to those that gave monetarily, those volunteering time throughout out the day and of course the wonderful and tasty treats from both ladies and gentlemen. The pickles and jellies were a new and big hit. You may have started a new trend here guys. Thanks Judy for again chairing this event. CC, we missed you this year.

DATES TO REMEMBER:

A HOLIDAY BASKET is being prepared by the Auxiliary earmarked for our "BAR RENNOVATION DONATION" to the Legion. Funds raised from ticket sales will help defer expenses spent recently. The basket is being filled with top shelf alcohol along with other enjoyable items with the winner to be pulled December 18th around 6 PM. Please put your name and phone number on your tickets.

Toys 4 Tots: December 11th. Judy is first contact for sign-ups to work that day, foods needed and of course any type of idea you might need for gift ideas. Remember, please don't wrap the toys and the older kiddos are often forgotten. They always could use basketballs, footballs, make up, and such. The Marine Corps welcomes monetary donations which enables them to purchase in bulk volume for better discounts. They supply us with a lock box for the day which is turned over at pick up of the toys around 4 pm. Please make checks out to Toys 4 Tots or cash is welcomed also.

Exec Board and General Membership meetings: December 16th. Exec mtg at 6pm and General mtg 7pm. Please make plans to attend for updates and planning going forward in 2022.

New Years at the Legion: December 31st. More information to follow. Watch the electronic board and FaceBook for time and entertainment. Black Eyed Peas, ham, cornbread along with a champagne toast to be served at Midnight to welcome a healthy and prosperous New Year.

Happy Holidays to all and a time for reflection, remembrances and plans for the coming year to be filled with peace, hope and love for our family, friends and especially our Veterans and their families. God gives each of us a special gift that can be used each time we meet a stranger..... LOVE and CARE.

Service, not Self

Sheryl Frydenberg – Unit President
Aux_alpost379@att.net

FROM THE SAL COMMANDER

Greetings from the Desk of the Commander, in our last Fish Fry we served 60 dinners thank you all who came out to support the SAL and our programs.

The Winner of the winner of the SAL Gun Raffle is Legion member Gary Smith congrats to Gary. Thank you all who took part in the Gun Raffle to support our programs it was a great turn out.

We continue to serve our programs and the community.

Our current membership is 110 of 160 of our goal we are well on the way to make our goal by the end of the year. I encourage those who have not signed up to do so and not to wait and put it off.

The next big event coming to the post is the Marine Toys for Tots in December. The SAL has had several business to join the team of the SAL in support of the Marine Toys for Tots they are: Euless Texas Kitchen, Euless Yacht Club, Watering Hole, and new business Papa G's and Crazy Cowboys welcome and thank you.

Have a safe and a Merry Christmas and a very Happy and Safe New Year to come in 2022.

David Owens – SAL Commander
FROM THE ALR DIRECTOR

RIDER NEWS

Welcome to the holidays. I hope your Thanksgiving weekend gave you time with your family and loved ones. Last year we were all challenged with Covid and separation from loved ones, and most could not enjoy the normal gatherings we so much look forward to all year long. Our family gathered in force and fun for all from football to food was the order of the day. Smiles, laughs and hugs were starters and for all the right reasons we stuffed our faces with all the typical foods to the point of pain. Could not have gone any better by me.

We have some sad news to share. Our friend and Brother, Tony "Chief" Spalding has lost his battle with Cancer. Please pray for him on his journey to be with God. His Wife Wendy "Mama Bear" Spalding has been surrounded by their family and friends through the toughest of times and their loss will be painful for all including his Legion brothers and sisters. As a Legion rider he has been instrumental as finance officer in our great success as a benefactor to our veterans and the community we all serve. We will do all we can to support him in his journey and support our sister in her time of need.

Another in need of prayers from our membership is Donna Morris as she is in need of continued care and surgeries. There were complications and it again has taken out her ability to work. We have a motion and second at our last meeting to donate to help her once again in her time of need. May she see miracles and get over challenges. Get well Donna.

To our other news, as you know this is a month of parades, toy runs, coat runs and other events. Both the Grapevine and Fort Worth parades were a success and our new venture with the Patriot House/ True Worth Place have led to the riders committing to replace their American flag as it is needed. Our planned flag retirement and raising of the new flag in ceremony was a complete success thanks to the participation of our own

Honor Guard, Riders and members as well as riders from across our district and beyond that participated in the ceremony. Daniel was present to document it in photos as well and it has been added to our in-house events monitor. We are now looking toward an event of some sort to build our relationship with Liberty House as well. We also raised our Monetary donations for both to \$500 from \$350. Oh yeah, we also brought about a dozen large bags of clothing and shoes and delivered it to their donation center while we were on site. Kudos to all that contributed the clothing. And while clothing is the subject, we have officially started the project mentioned about working with the auxiliary to fund as a team certain projects and our coat drive got off in fine fashion as we matched the auxiliary donation of \$100 to purchase new coats and hoodies for children of all ages. Thank you, Michelle, for taking your time to purchase items on the internet totaling \$200. And it appears she found some good deals. That will add to the individual purchases to be donated on Ride Day which is November 27. By another motion we agreed to raise our donation to Wreaths Across America to \$500 in the name of Mongo who we lost to Covid early last year. That was completed at Post 624's bike rodeo as there was a representative on site during the event. From what I saw the donations were many and some were quite large. I will say it again, thank you to all those who support our fund-raising activities, without you we are just a bunch of riders. Please if you can donate to the Texas Toy run which comes December 18.

Now we must mention our most recent endeavor. Our help was requested to Improve the Legion Hall and several riders and Legionnaires up to the challenge. Personally, I felt the design changes were spot on for legionnaires, their guests, and the bar staff. The bottle neck for bathrooms, beverages, and movement around the post was improved dramatically. Also, the bar and kitchen staffs will benefit tremendously from improved mobility. During the process all of the carbonation and Soda delivery systems were replaced, all of the stainless equipment was moved outside, and pressure washed. Some data lines were replaced and an additional card reader for late night bar security is being added at the Patio door. I hope all are pleased with the changes. Not all like change so speak up if you have other contributions or are not as fond of the changes, let us know, because you never know what's up next. By the way the dance floor has grown too!!!

We are cooking Chicken fried steaks in December but there has been chatter about changing it up with

LaHonda's awesome tortilla soup and sides. Potluck of sorts for now.

Art "Sasquatch" Rutherford, ALR Director - Post 379

LEGION CHAPLIN NEWS

Where did November go?

I hope that everyone had a great Thanksgiving Day and lots of great food. We had a wonderful meal with friends and their family. Total fullness of the bird and all the wonderful trimmings. I hope all had a safe holiday also. This was the first big family gathering for most of us since early 2020. Hopefully there were good times had by all and cherished memories made.

Dennis Cantrell is back home from the hospital and rehab. he is doing much better after his month long stay in the hospital from Covid. His beloved C.C. had Covid as well and her stay was 2 weeks. While still recovering they are now able to sleep in their own bed.

After a long illness, Paul Rabe passed in late November. Services are pending for January. Prayers for his beloved wife and family.

Mike Becker passed on 11/8/21. Services are pending. Our prayers go out to his surviving spouse and family.

With the newest strain of Covid, we must all be more careful exposing ourselves to this virus. Let us all protect ourselves with our trusty masks when we are out and about as we have been for almost 2 years now. As each new day unfolds it seems that the new norm changes.

Since Christmas had to be canceled last year and most retailers barely survived, and some had to totally close their doors. The retailers that did survive have had months and months to work on their plans of separating you from your monies. Beware because of all that happened due to Covid it seems it is now OPEN RANGE for those that dare to shop. Spend wisely due to our ever-changing economy it may a long hard winter season.

Just 3 weeks until Christmas. As the TV ads are suggesting, try to get your shopping done early to avoid all the normal problems. As we all know with the supply chain backed up on both coasts, some items might not show up until around Easter so before the shelves are empty, shop early. Let us not forget what Christmas is about in the first place.

We all need a reminder once again to put CHRIST back into the Season. Take to heart those six letters...CHRIST. Celebrating the Savior's birthday with gift giving is just part of it. Prayers and family unity are also integral parts of Christmas. Show love and peace now, don't put it off because our tomorrows are not promised.

As the days build up till December 25 and you find yourself in the hustle and bustle of this joyous season, I urge all to reach out and give of yourself, your time and your monies to those less fortunate and are mired down in seemingly hopelessness. Whether it be your neighbor, a relative, an acquaintance, and even strangers everyone has their own struggles and stories that may not be evident. Open your pantry, your wallet, your house, and most of all your heart to those in need.

Dear God, Allow me many opportunities to give of my time, effort, and provisions so I may truly enjoy and appreciate all you have given to me. Amen.

The years 2020 and 21 have been long - arduously long with many there seemed to be no end in sight and as we prepare for the year end, the coming new year, not one of us can foretell the future. We all have had to learn that each new day ...every single hour of every single day is important for it becomes a part of our history and our memories. We are all prone to fall prey to the "SHOULD". Coming back from a long and serious illness I try to focus on the now and the future. For me, those "SHOULD" don't really matter after all: for I have learned we can't move forward from where we wish we were...we can only move forward from where we are now.

As we make plans and New Years resolutions and promises to ourselves that we will be a better person in all ways, eat healthier, lose 10 pounds, follow the Doctors instructions, etc. -remember take it one step at a time and keep moving forward. Don't allow yourself to get bogged down in the past, better yet spend your precious time on now and the future. We never know what tomorrow will bring so make the best of today and in 2022

I want to use this time to once again give a heartfelt thank you to all of the volunteers that gave selflessly of their spare time to remodel the bar area in our great post. A simple thank you doesn't seem adequate for all the hard work and hours that you gave of yourselves to make this happen...a hearty CONGRATULATIONS for a job well done.

In this hectic season and with preparations as you find yourself so busy your thoughts may stray from your goals, I urge you to remember that our Holy God sees all and knows all and he is there for all of us-as it says in the Bible, the Book of Life..."BE STILL AND KNOW THAT I AM".

This past year has nearly sapped the strength from all of us but let us bow our heads in our sincerest thanks to our Almighty God that with Him all things are possible, and our challenges will become smaller and smaller. Try repeating this prayer for strength. Jesus looked at them and said, "With man this is impossible, but not with GOD; all things are possible with GOD." MARK 10:27 (NIV)

Dear Lord, thank You for the abundance of blessings you have given me.

Dolores and I wish each and everyone the most cheeriest, safest, and blessed Merry Christmas. We pray that GOD will protect and keep us safe from harm and injury. May GOD Bless

Let us enjoy this special season of the year and look forward to a more encouraging, healthier, prosperous New Year.

Pastor Smitty – Post 379

AUXILIARY CHAPLIN NEWS

"You must LOVE the LORD your GOD with all your heart, all your soul, and all your strength, and all your mind and love your neighbor as yourself." Luke 10:27

Please keep our fellow ALA Members family in your prayers for those who have lost loved ones, who have been in the hospital or who are in our assisted living facilities in 2021. We need to challenge ourselves to continue to reach out and love them through check-ins, cards, random act of kindnesses and/or a hug!

As the New Year 2021 closes and 2022 approaches we will be considering having Sunday, **Buddy-Check Ins** through Sermons, PTSD support groups and other helpful gatherings with our own members as the experts.


We would love anyone who is interested in assisting or supporting the **Buddy-Check-in** by contacting, ALA Chaplin. The Auxiliary Chaplin will be coordinating with the Legion #379 Chaplin Smitty as to see how to best support our Veterans at the American Legion Post #379.

Diane Hunt – Auxiliary Chaplain

American Legion Post 379
1245 N. Industrial Blvd
Bedford, Texas 76021

CALENDAR OF EVENTS
December 2021
Web Site: hebtxpost379.org

Bar-817-267-6047
Office-817-571-9319
Fax-817-545-0818

Sunday	Monday	Tuesday	Wed	Thursday	Friday	
11am- Midnight	10am- Midnight	10am- Midnight	10am- Midnight	10am- Midnight	10am- Midnight Entertainment 7 til 11	11am - Midnight Breakfast 8:30am - 10:30am Bands 7pm - 11pm Dinners Served: Varies
			1 KARAOKE 6 TIL 9	2 Legion Meetings Executive @ 6pm Membership @ 7pm	3 Dinner: SAL FISH FRY BY RONNIE ENTERTAINMENT: MYSTIC MOONLIGHT	4 NO BREAKFAST RIDER STEAK NIGHT ENTERTAINMENT: BACK TO VINYL
5 BURGERS NOON - 3pm RIDERS MEETING 2PM	6	7	8 KARAOKE 6 TIL 9	9 SAL Meeting 7pm	10 Dinner: To be Determined ENTERTAINMENT: KAREN SPALDLEN & BADGE 110	11 NO BREAKFAST DINNER: Auxiliary Stuffen Baked & Salad ENTERTAINMENT: DIAMOND DUO
12 BURGERS NOON - 3pm	13	14	15 KARAOKE 6 TIL 9	16 Auxiliary Meetings Executive @ 6pm Membership @ 7pm	17 SHRIMP DINNER BY LAMITA ENTERTAINMENT: DOUG & BEN	18 NO BREAKFAST DINNER BY SHERRY To be Determined ENTERTAINMENT: MARCIA ROSE
19 BURGERS NOON - 3pm	20	21	22 KARAOKE 6 TIL 9	23	24 SPECIAL HOURS 11AM UNTIL 6PM NO ENTERTAINMENT	25 CLOSED CHRISTMAS DAY 
26 BURGERS NOON - 3pm	27	28	29 KARAOKE 6 TIL 9	30	31 NEW YEAR'S EVE NO DINNER CASINO NIGHT BACK BEATS BAND 8 -12	1 NEW YEAR'S DAY Post Hours 1pm until Midnight