



American Legion Post 379
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Bedford, TX 76021

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www.hebtxpost379.org

NEWSLETTER

FEBRUARY 2021

COMMANDER'S MESSAGE

My fellow Legionnaires and family,

I wish to apologize for the lack of newsletters for the past several months. With COVID-19 lurking behind every doorway, really did not have a lot to talk about. You have read and/or heard the news and know that this virus is for real and will probably be a yearly event like the flu that will require a shot. I am hopeful that we can get a grip on it before additional people have to suffer or die.

Back on the home front, the Post is still up and going. Our overall operations are down, as expected, but we are continuing to provide services with a constant reminder of social distancing and masks. For the most, our members, family and guests are abiding by the requirements and I wish to "thank you" for that.

I have scheduled an Exec Board and General Membership meeting for February 4th with the Exec Board at 6:00 p.m., followed by the General Membership at 7:00 p.m. Our biggest concern will be the approval of our Constitution and By-laws. We are hoping to get each posted on the web page and Facebook, so you can read and vote on them before the meeting. Also, if you wish to be an officer for the upcoming year, please contact Mr. Jim Grau. According to our National Constitution, the only requirement is that you need to be a member in good standing for one day to run for a position. But, you need to provide for Jim a brief resume as to your qualifications to hold a position. You can go to the American Legion website to see the duties of each position or they will be presented with our Constitution and By-laws.

I am pleased to announce that the Legion "Steak Nite" will start again on February 6th and will continue on the 1st

Saturday of each new month. Mr. Mike McCrady has volunteered to cook on the 6th and I will be cooking on March 6th. The menu will be salad, steak and baked potato. Am hoping that other Legionnaires will volunteer to cook after that. In the past, this has been a very good revenue source for the Post. So please speak up and volunteer. If we get enough people, hopefully you will only have to cook a couple times a year.

We are continuing to make improvements within the Post and am hopeful that you will approve of the changes that we have made.

Again, with the COVID in mind, please attempt to visit your Post.

But, please remember:
FOR GOD COUNTRY and POST 379 PROUD.

Bob Roberts – Post 379 Commander
Bob_Roberts100@yahoo.com

AUXILIARY NEWS

Hello Ladies

A Happy New Year greeting to everyone. As we continue to fight COVID, I'd like to thank the Legion for taking extra steps to help keep employees and patrons safe. The deep cleaning a few weekends ago, enforcement of masks and social distancing and extra cleaning throughout the day all play important parts in keeping us open.

December brought once again a successful TOYS 4 TOTS post endeavor complete with having a couple Marine Corp veterans here to help accept toys and monetary donations. Thanks to all for your help to make the holiday better for many kids in our area.

The Auxiliary selected a veteran family of six to be our "Angel family" this year. This was another post endeavor with gifts selected for each person and a wonderful ham dinner supplied as well as large baskets of yummy snacks to help make their Christmas brighter. Your generosity was much appreciated.

Please remember our calendar for dates showing dinners scheduled throughout the month. This is an important way we have to raise money for events, community activities and helping our veteran programs. Please help support Post 379 by including us in your dining options.

Important February dates:

Sunday, February 7 will be Super Bowl party at the Post. Ronnie Mac is handling the pulled pork and the Auxiliary has been requested to help with side dishes. A signup sheet is available at the front and side doors. Thanks in advance for helping. Game time 5:30 – food served around 6:30

Saturday, February 13 will be our Mardi Gras celebration complete with our customary handmade mask competition. Dinner will be served 5:00 – 7:00. Menu and price are still being finalized and forthcoming. Please check the board for details.

Thursday, February 18 6:00 pm ALA Executive Board Meeting with General Membership Meeting at 7:00 Please make plans to attend. Masks and Social Distancing in Proctor Hall.

Thanks and remember:
Service not Self

Sheryl Frydenberg – Unit President
Aux_alpost379@att.net

AUXILIARY MEMBERSHIP UPDATE

We are at 92% of our goal of 400 members! Way to go Ladies. If you haven't sent in your dues yet please do so as soon as possible. Help keep us the largest Unit in Texas. I will be sending out our junior membership cards next week.

Theresa Winslow
Auxiliary 3rd Vice President



FEBRUARY 15TH

LEGION MEMBERSHIP UPDATE

As reported by Legion Department of Texas on 01/27/21 our membership stands as 1,057. We are currently at 77.4% of our membership goal of 1,366.

Jim Grau
Legion 1st Vice Commander

From the desk of the SAL COMMANDER

Greetings Post Family! This COVID Pandemic sure has had us making alternative plans on the fly based on weather or not the Post is open at any given moment. To refresh your memory, here are the results of our last elections and here are your 2020-2021 Officers: Commander – Joey Cook, 1st Vice Commander – David Owens, 2nd Vice Commander – Michael Allen, Finance – Charlie Gardea, Adjutant – Daniel Fallon, Sergeant at Arms – Ronnie McClendon, and Historian and Chaplain are open for the moment. We will be conducting elections at our May meeting in order to elect new officers for the 2021-2022 year.

Catfish Fry is back in all its glory on the first Friday of the month! This month we will be serving catfish on Friday, February 5th and the same rules apply as always.

Our Membership Goal for the year is 152 and we currently sit at 139 members so we will once again be pushing to meet our quota for the year. We have not been working our programs due to the COVID shutdown but that is slowly changing. As a result, we are tentatively looking at restarting our weekly meat raffle and will soon have a meeting regarding that.

Our next meeting will be Thursday, February 11, 2021 at 7 PM. I would like to see the attendance increase. Call me with any questions.

Joey Cook - Squadron 379 Commander
817.891.8774

RIDER NEWS

Greetings Post Family! Chapter 379 had been rocking and rolling along. I sincerely hope everyone is staying safe during these trying times. We have slowed down a great deal which is not atypical for this time of year due to the shift of focus in our programs as well as the cold weather we experience in January and February.

We have been back to cooking our normal schedule. As for February, we are solely scheduled to cook our World Famous Chicken Fried Steak Dinner on Friday, February 26th from 5:30 – 8:30 for a cost of \$10.

Additionally, the next Riders meeting is scheduled for Friday, February 5th at 20:00 – the same night as the fish fry so I look forward to seeing a packed house so we can make some money for our post.

“Ride Safe and Keep the Rubber Side Down!”

Joey “Crash” Cook, ALR Director
817-891-8774 crashcook@yahoo.com

CHAPLAIN’S CORNER

Once again another month flew by. The older we get, the faster they got Strange isn't? We have had some sad news these past few months.

Timo Navidonski passed away at HEB on December 18. He had been ill for quite some time. His widow, Karen, said he is finally at peace. He was buried at the Veterans section at Bluebonnett Cemetery.

John Giovenco's son, John Jr, passed away on December 20 at the age of 38 in Illinois. Services were held January 9 in Illinois. Please, prayers for Gio and the family.

Ray Santa had surgery and is finally healed and doing fine post surgery. He says he feels great now that all is back to normal. Now he and Joey can get back to their normal lives again.

Jim Grau had surgery in early January and he has healed and doing quite well again after his prior knee surgery.

For almost a year now, several members have been ill with nothing catastrophic. Aches and pains only. How lucky can we get?

We are assured that the God who loves us is working good for us in transition, no matter how messy it gets. We don't have to resign ourselves to just coping with the change or merely trying to survive it. Instead, we are shown how we can make peace with change. Change is hard. Really hard. Whether it is something wonderful like a job promotion or devastating like a difficult health diagnosis, change brings stress. As followers of the Savior, we know He is ultimately in control, and yet we are all too familiar with feelings of apprehension and uncertainty when our circumstances change, Jesus Christ is the same yesterday, today, and forever. Hebrews 13:8.

Are the best days of your life in front of you? Your outlook on life-and your answer to that question can change with time. When we were younger, we looked ahead. Once we've grown older, we yearn for the past. But when we walk with God, whatever our age, the best is yet to come!!!

All of us have people come and go in our lives. We must keep our eyes, mind, and heart open to learn something new from each experience.

ENJOY WHERE YOU ARE ON THE WAY TO WHERE YOU ARE GOING.

Let us look forward to 2021 with hope and resilience. Let us know in our hearts that all will be better for all of us this year.

For God and Country and American Legion Post 379

Be safe and let Peace into your lives.

FOR GOD AND COUNTRY,
PEACE BE UPON YOU

CHAPLAIN SMITTH American Legion Post 379

TEMPORARY POST HOURS

SUNDAY 11am / 10pm
MON – FRI 11am / 10pm
SATURDAY 8am / 10pm

Bar food service varies
Call the Post or check Facebook for Updates.



MASKS REQUIRED Masks available at front entry

