



American Legion Post 379  
1245 North Industrial Blvd  
Bedford, TX 76021

817.267.6047

## **NEWSLETTER**

**FEBRUARY 2022**

### **COMMANDER'S MESSAGE**

We have started the New Year with a bang and going into February, things are not going to get any less hectic. We had a false start on the flag retirement ceremony, but as the weather gets better, we will have more opportunities.

I would like to thank each group for trying to keep the dinners going on Fridays and Saturdays. I hope we can continue to present a consistent front with each meal covered.

The Queen of Hearts game had been a real success and we had our first winner on 1/22. From what I understand, it came at a really opportune moment. The meat raffle returns each Saturday at 3:30 PM.

I will be scheduling Post Everlasting Services this month and we will have to have several at the same time in order to catch up since we had 10 pass in 2021.

If you have not renewed, please do so as soon as possible so that we can get to our goal.

For God and Country and Post 379 Proud.

**Mike McCrady - Post 379 Commander**

### **AUXILIARY NEWS**

It seems like January flew by without ice or snow in our area. The ALA General Membership meeting was held January 20<sup>th</sup> with several new members present. Welcome and thank you for choosing our Post as your American Legion family home.

Membership continues to steadily increase in New Members and Renewals. As of January 19, Dept shows we currently have 372 members for 89.64%. Great work everyone. As many of you are aware, I fell a couple weeks

ago and broke her right hip. She is currently in rehab with hopes of coming home the first week in February. She'll be recouping in hopes of returning to the Post for short visits very soon.

Please be patient if you are waiting for membership cards. Michelle Birkett and myself are doing what we can to keep memberships processing and getting cards to folks as soon as possible. Thanks so much for your patience during this time.

Girls State is gearing up with one candidate already working on her application. For complete information, please reach out to Judy Davidson.

Don't forget Food Handlers certification needs to be complete and copy turned in by February 15<sup>th</sup>.

Kim Payne will be chairing a new event we are planning for May. Please watch for more information regarding a "Car Show" being held in our very own parking lot with motorcycles being included in the show also. Other activities are planned for that day. We hope to make this a Legion wide sponsored and hosted event. More information to follow once confirmed and date available. Your volunteer spirit is needed in all areas to help add this event to our list of successes our Post is well known for hosting.

Please check the calendar for meals, entertainment and other activities. Also, the electronic board and Facebook are good ways to find anything new or changes to our calendar after printing.

Thank you for your continued support and hard work and countless volunteer hours.

**Sheryl Frydenberg – Unit President**  
[Aux\\_alpost379@att.net](mailto:Aux_alpost379@att.net)

## FROM THE SAL COMMANDER

Greetings from the desk of the SAL Commander, New Year and hopefully new projects to come.

We are starting with our membership at 128 of 160 and still hoping to make our goal in this year.

January fish fry dinner we served 39 dinners, down from the month before but considering what was going on in being the first of the year. I want to thank everyone who came out and continued to support our programs. Possibly in the next month the SAL will most likely pick up a new night of cooking and will be brought by one of our SAL member Ben and his wife, Meghan in the month of January he cooked twice and did very well and a lot of great reviews and the menu will be Mexican Night.

The post suffered a few more members in passing away, please keep them and their families in your prayers.

We will continue the Meat Raffle and still wanting to increase the number of rolls from 5 to back to 10 again. Plans are to start later in the day on at 4pm in the hopes that we can draw more people while waiting for the Queen of hearts game that was started last August 2021. January 22nd the post had its first Queen of Hearts winner in the form of our own SAL member Ben, congrats to Ben.

There is not much going on for the next few months as far as the Squadron until we have our election again in May.

In the upcoming months the post is planning on getting the Post Everlasting back up with many of the Post members passing away having their memorials, I encourage many too attend to honor these people, there are several SAL members included in this group.

We had a lot of post activities these past few months in 2021, with the post remodel and the Queen of Hearts, Toys for Tots, Cancer Research and many Honor Guard doing their service for the Veteran. Things are looking good and back to where we were before Covid.

Beginning of this year starting out slow but there not much going on, with the cold weather not many people getting out. Remember the Veteran and their family during this time and if you can help please do so.

**David Owens – SAL Commander**

## RIDER NEWS

Your riders have had a pretty good month even though many were visiting family, friends or getting over the FLURONA. I know many who have caught one or both. We made it interesting in our house, Masklady (My better Half) got both while I got just the flu. I think we can now believe that this is here for us to live with. We had a few riders out at events since last I wrote mostly due to this mess. Seems like we have had challenging weather for all rides and the Wreath events at Veterans National cemetery. I Believe we will start to get more riders as this recent spike eases and a couple of good weather weekends come our way.

We will be starting up our Gourmet Chicken Fried Steak dinner and should have a good crew as usual. The Beef prices are still gone crazy but some how this will work itself out, have some patience and faith. No matter what gives we are very committed to cooking on both weekends. We are also returning to meat raffle support, hope yall came out to support it on the 29<sup>th</sup> as well as Chicken Fried Steak

It has been a wonderful holiday season with our family of riders, Rob and Angela McKay hosted a Christmas party to make a rider smile. Lots of food, fun and a drink or 2 and home safe. Might be expecting to see that as our plan for this year, Food, good times and a bit to drink and a bunch of friends to share time with.

Following our successful year last year, I bet our riders will find a way to better the results of our commitment to our veterans and the community. Lastly We have to thank our Legion members for the outstanding support over the last year. Hope to see yall on February 5<sup>th</sup> for steak night and yes we are going for the Ribeye with the help of a generous donation from one of our members. I am betting on a return to high quality beef.

By the time we get through February and our meetings, I bet our planning will begin to fill our months with many events planned as well as unplanned escorts and the like. Look to hear lots coming for helping hands to post 624 and their ALR State Rally. We are looking to our possible future hosting of this event and anything we learn will better our ability to bring it to our Post successfully. Looking forward to a good year with our Post family. See yall down the road.

**Art “Sasquatch” Rutherford,  
ALR Director - Post 379**

## CHAPLAIN'S CORNER†

Don't let us worry about tomorrow, for GOD is already there. AMEN

Paul Raby was a long-time member who passed recently. Paul battled a long-time illness and is survived by his loving wife Shellie. His Post Everlasting ceremony is scheduled for February 12. Lunch will be served by our wonderful Legion Auxiliary, Our Auxiliary members always step up, and perform wonderfully to get the job done. But rarely get the credit-so; let me suggest ...take this opportunity to show your appreciation to this fine and talented organization. Meats will be provided by Ronnie Mac at 1:00 p.m. in Proctor Hall.

Ray Santa had Achilles' tendon surgery on January 23. He is going to have a long surgical recovery time before rehab-probably 3-4 months. Phone calls and cards will be greatly appreciated by Ray and his lovely wife Joey. Remember it is the loved one (caretaker) who really do all the heavy lifting. Good luck Joey. and we are thinking of you both.

One of our long standing and loyal members of our excellent Honor Guard retired a few weeks ago. Dennis Gossett retired after many quality years of dedication to the Honor Guard. Dennis proudly our country in the Marines. Services years included deployments in Viet Nam, Iran, and Iraq. He wasn't done serving so he decided to carry on in the American Legion. He joined the legion and served in so many ways, especially the Honor Guard. A big shout out to our Honor Guard - Thank You for your Service Gunny for your well-deserved retirement from the Honor Guard.

We have been very fortunate with our Texas winter weather so far this year. Just a few freezes but no snow or very little accumulation at all so far so let's pray to keep it that way. We have 2 more months of "winter" before Spring is here so let's pray for more of this mild weather that we have been blessed with.

**2/3/22-Four Chaplains Day** On 1/23/43 during WW2 the SS Dorchester, in the early morning hours the ship was struck by German U boat torpedoes and was sinking. Four Chaplains on board gave up their life jackets to other service members and saved their lives as the ship was sinking. Two Protestants, one Jewish, one Catholic as the ship was sinking sang hymns and offered prayers for the soldiers floating in the lifeboats in the icy waters below. The troopship left New York enroute to Greenland and sank in the North Atlantic off of Newfoundland.

**2/14 VALENTINE'S DAY** This day is not only for your loving partner. It also is a day for relatives, close friends, neighbors, don't forget widows or widowers - (don't be afraid to mention their loss. Say "I can't imagine how hard this day might be for you, but I care, and I am here for you- do you want to talk?") There are many ways to show love or special closeness without breaking your budget. You can take a drive together, take a

walk, play board games, watch a movie or music, cook and prepare a meal, go to a museum...the list is endless or simply cozy up on the sofa. Make it a happy and joyful occasion. Life is so very precious, and it can be taken in a fraction of a second. I encourage everyone to eek out the most of every day and never miss a chance to tell your loved ones - I love you and your friends how much they mean to you before it is too late.

Bless us with love, O merciful GOD; that we LOVE as you LOVE! That we may show patience tolerance, kindness, caring, and love to all. AMEN.

**2/22 PRESIDENT'S DAY** It is officially celebrated on the 3rd Monday of the month. This is a federal holiday for the people who are still working; but, to all, this is a day set aside to celebrate the birthdays of GEORGE WASHINGTON and ABRAHAM LINCOLN.

Are the best days of your life in front of you? Our outlook on life and our answer to that question can change with time. When we are younger, we look ahead. Once we have grown older, we yearn for the past. But when we walk with GOD, whatever our age, the best is yet to come!

Over the course of his long life, Moses witnessed the amazing things God did, many of which happened when he was no longer young. Moses was 80 years old when he confronted Pharaoh and saw God miraculously set His people free from slavery. Moses saw the Red Sea part, saw manna fall from heaven, and even spoke to God "face to face". Moses lived expectantly, looking ahead to what God would do. Even when he was 120 years old he understood that his life with God was just getting started and that he would never see an end to God's greatness and love.

Regardless of our age, GOD's "everlasting arms" faithfully carry us securely through each new day.

At certain moments throughout history, God literally shook the Earth. The ground quaked as His Son died on the cross, and there will be an even greater upheaval in the future when Christ returns. But even in our present day, the Lord often lets the various foundations of our world shake--whether political alliances, financial systems, or other forms of human security. That is when we can see the flimsiness of the institutions on which we have based our hopes. Not to mention that our personal lives can also be rocked by financial crises, relational conflicts, illness or loss. If we have relied on the fragile footing of human wisdom, achievement, or pride, things may look good for a while, but a weak foundation cannot withstand the storms of life. The believer, however, can have peace even in the midst of instability. That is because we know God always has a purpose for the upheavals he allows to occur. Hardships have a way of shaking us out of our apathy and self-centeredness, and they serve as reminders not to trust in ourselves or the temporary institutions of this world. There is only one secure foundation: a genuine, saving relationship with Jesus Christ, which will carry us through any and all turmoil.

Enjoy your life on the way to where you are going.

GOD, I know there are times when I have not trusted you fully and have been discouraged because of it.

Forgive me, GOD, and help me to have hope in you and protect us, oh Lord from the illness that is still ravaging our Country and world. AMEN

Travel safely and peace to all of you, my brethren.

## **PASTOR SMITTY POST 379**

### **AUXILIARY CHAPLAIN'S MESSAGE**

"You must LOVE the LORD your GOD with all your heart, all your soul, and all your strength, and all your mind and love your neighbor as yourself." Luke 10:27

**Welcome to February  
CHALLENGE:**



<https://www.legion.org/buddycheck/about>

**1<sup>ST</sup> Sundays of the Month 12pm-1pm**  
**Next informational meeting; February 6, 2022 @ #379 Post**

The Buddy Check program was launched in **March 2019** as a "comradeship campaign" to encourage posts to reach out to veterans in their areas – members, former members and others – to see what The American Legion could do for them.

**Diane Hunt – Auxiliary Chaplain**

### **TARRANT COUNTY FOOD HANDLER CARDS**

If you prepare or serve food in the Legion kitchen you are required to have a current Food Handler card.

The cost is minimal (\$7.95) and you may be reimbursed by your organization.

The deadline to provide these certifications is February 15<sup>th</sup>.

There are several sites online but this is the link to the Tarrant County Health Department.

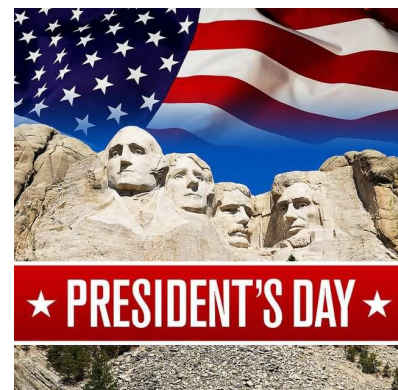
<https://texas-food-handler.com/texas-food-handler-courses-menu>

**Debbie McKee  
Kitchen Manager**

### **WEEKLY POOL TOURNAMENT**

APA rules:

- Tournament starts Wednesdays at 7:30pm
- \$5.00 Entry fee
- Double elimination
- With 12 players the Legion will add \$50 to the kitty. With 18 they will add \$75
- Players pay for their games
- 100% PAYOUT





**FEBRUARY 21<sup>ST</sup>**

American Legion Post 379  
1245 N. Industrial Blvd  
Bedford, Texas 76021

CALENDAR OF EVENTS  
February 2022  
Web Site: [hebtXpost379.org](http://hebtXpost379.org)

Bar-817-267-6047  
Office-817-571-9319  
Fax-817-545-0818

Sunday	Monday	Tuesday	Wed	Thursday	Friday	
11am- Midnight	10am- Midnight	10am- Midnight	10am- Midnight	10am- Midnight	10am- Midnight Entertainment 7 til 11	11am - Midnight Breakfast 8:30am - 10:30am Bands 7pm - 11pm Dinners Served: Varies
		1	2	3  <b>Legion Meetings Executive @ 6pm Membership @ 7pm</b>	4  Dinner: SAL FISH FRY BY RONNIE   ENTERTAINMENT: JUSTIN HUNTER	5  BREAKFAST by Debbie  DINNER: Riders Steak Night  NO ENTERTAINMENT
6  BUD'S BURGERS NOON - 3pm	7	8  POOL TOURNAMENT 7:30	9  KARAOKE 6 TIL 9	10  <b>SAL Meeting 7pm</b>	11  Dinner: AUX Spaghetti Dinner   ENTERTAINMENT: MYSTIC MOONLIGHT	12  BREAKFAST by Debbie  DINNER: TBD  ENTERTAINMENT: JUSTIN HUNTER
13  SUPER BOWL  NO BURGERS	14  	15  POOL TOURNAMENT 7:30	16  KARAOKE 6 TIL 9	17  <b>Auxiliary Meetings Executive @ 6pm Membership @ 7pm</b>	18  DINNER: TBD   ENTERTAINMENT: BACK BEATS BAND	19  BREAKFAST by Debbie  NO DINNER:  NO ENTERTAINMENT:
20  BUD'S BURGERS NOON - 3pm	21  	22  POOL TOURNAMENT 7:30	23  KARAOKE 6 TIL 9	24	25  DINNER : tBD  ENTERTAINMENT DOUG AND BEN	26  BREAKFAST by Debbie  DINNER: RIDERS Chicken Fried Steak  ENTERTAINMENT: DIAMOND DUO
27  BUD'S BURGERS NOON - 3pm	28	<p align="center"><b>NOTICE:</b></p> <p align="center">Food Handler Cards are due Feb 15th. Classes are available on-line.</p> <p align="center"><a href="https://texas-food-handler.com/texas-food-handler-courses-menu">https://texas-food-handler.com/texas-food-handler-courses-menu</a> Select Tarrant County Food Handler</p>				