



American Legion Post 379  
1245 North Industrial Blvd  
Bedford, TX 76021

817.267.6047

## **NEWSLETTER**

**MAY 2022**

### **COMMANDER'S MESSAGE**

There will be a lot of activity in May this year. We will start off with a town hall style meeting on Thursday, May 5<sup>th</sup> that will showcase all the candidates that are running for Post officers this year. It will be open to all members of Post 379. You can ask questions of any and all candidates about what their plans are for the coming year.

We will begin, in earnest, to bring our flag retirement back online to reduce the backlog of the flags that we have on hand. The weather hasn't really been cooperating lately.

Our first "annual" car and motorcycle show will be on Saturday, May 21<sup>st</sup>. It is looking to have a great turnout, with both American Legion member entries and entries at-large. It's still not too late to get your entry turned in. I hope there will be a great turnout.

For God and Country and Post 379 Proud.

**Mike McCrady - Post 379 Commander**

### **AUXILIARY NEWS**

Greetings to all. I would like to extend a huge THANK YOU to everyone that was so gracious in giving to District 12's project helping our Fleet and Family folks at the base in Fort Worth. Through your donations of food, craft items for the kids, household items along with monetary donations we were able to fill our collection box several times past overflowing and present them with a check for \$600. These young folks and families are our future and deserve our support and help as they give of themselves to help keep us safe and enjoy the freedom we have today.

The Auxiliary is once again busy planning another event which I'm proud to be a part of. As a Legion Family, all entities are hard at work planning our 1<sup>st</sup> Classic Car/Motorcycle show, which is happening Saturday, May 21<sup>st</sup> from 12-4pm.

Kim Payne is gracious enough to chair this event, enlisting great group of folks for her committee from all entities within the Post. They have been busy meeting, planning and securing basket donations for baskets, raffles and door prizes. Please consider entering your classic vehicle or motorcycle and be a part of an afternoon filled with family friendly activities. Entry forms and order forms for T-shirts are available at the post in selected areas or through email at [AUX\\_ALPOST379@ATT.NET](mailto:AUX_ALPOST379@ATT.NET). All proceeds from the event will be donated to Patriot Paws Service Dogs. Hours: 12-4 / Food for purchase, baskets for raffles, gift cards, 50/50, "kids corner", live enter-attainment, cake walk and other surprises. As an added bonus on loan from Past Department Commander Jeff Perkins, we will have a Special Exhibit: Afghanistan-Iraq Memorial Wall for Texas Veterans that will be on display in Proctor Hall. It's not too late to sign up to help during the event. We need volunteers throughout the day in 1 hour/ 1 hour+ increments. It takes a family to make a successful event. We hope to have at least one service dog and demonstration during the event.

ALA has reached our 100% membership goal of 415 thus far this year. Great work!! WE HAVE FOUND OUT THAT THE ALA MIDLAND UNIT IS WORKING HARD AND HAS SURPASSED US IN MEMBERSHIP THUS FAR. THEY PLAN TO TAKE AWAY OUR LONG-STANDING HONOR OF BEING THE LARGEST UNIT IN TEXAS. I'VE BEEN TOLD THEY WANT TO TAKE US DOWN!!! I personally challenge everyone to sign up at least one new member or encourage those that have not renewed to do so as soon as possible. It's up to everyone to keep Midland from whooping up on Unit 379. Get busy folks. You gentlemen may be eligible for membership. Please check the requirements and sign up if able. Jeff McKee is our first male member to join through his lovely wife Deb. Both are dual members at our Post. Please remember senior 75 and over along with our juniors are paid for by the unit. Consider giving a gift of membership to someone you know.

May 7<sup>th</sup> is Kentucky Derby afternoon at the Legion. Please bring a favorite appetizer or snack to add to the festivities. We will play trivia, have stick horse races and a ladies hand

crafted/created **Hat contest** before watching the race at approximately 5:45. Good luck to all. We will also have Ms. Jean's rum cake to auction off during this time. Fun starts around 2:00 pm with time out for the meat raffle at 4pm. Bring your one's to purchase a chance for a great cut of fresh meat to enjoy at home.

Mark your calendar for ALA ELECTIONS to be held May 19<sup>th</sup> at 7 pm in Proctor Hall. Please bring your membership card to the meeting. Membership verified with roster. Sign-up sheet for offices available are posted inside the main lobby area.

Don't forget Memorial Day Remembrance at Bluebonnet Hills in Colleyville, Monday, May 30<sup>th</sup>.

**Sheryl Frydenberg – Unit President**  
[Aux\\_alpost379@att.net](mailto:Aux_alpost379@att.net)

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### **FROM THE SAL COMMANDER**

I want to say thank you to all who has come out to support our organization and the programs that Squadron 379 support in all we have 8 programs that we support each and every month through our Fish Fry dinner and new Mexican Night and along with the Meat Raffle we thank you.

We are currently on track to make our goal for the 2021-2022 year, sitting at 155 of 160 goal by the time this newsletter goes to print we will have reached our goal, which we have done 10 times in the last 12 years.

Our dual member and Past Commander Joey Cook is now our 12th District Commander, congrats to Joey.

By the time this article comes out we have yet to elect our officers for the 2022-2023 year, Squadron 379 election will be held May 12th, will be a follow up after our election on the Legion Facebook Page. If you are interested in running for office, there is a sign-up sheet posted in the club. I encourage all SAL members to come out and run and support your Squadron. Looking for fresh faces and new ideas to be brought to the Squadron.

We have one more month of the SAL Meat Raffle in May, we will be taking a break for the summer months so everyone can regroup. Looking for new ideas on the Meat Raffle hoping to get it back to the original 10 rounds. I am afraid that if we can't get it back to the original 10 rounds we may to put the Meat Raffle on the shelf for a-while. Let's not let that happen in the fall when we start back up.

In May the 1st Auxiliary Car and Motorcycle Show will be at our Post in the north parking lot if you have never been to a

Car and Motorcycle Show come out and see what it's all about.

Thank you and all I look forward to see each of you at the post and election-day for squadron officers.

**Chris Lightfoot – SAL Commander**

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### **RIDER NEWS**

Happy May to all. Really a big repeat from last month but by the next newsletter. Some changes will have been completed. With the help of our membership a path to moving the sheds sweat free has been achieved. Richard Kurtz of CTC Trucking and post member as is Jeff Kaiser who got us all together. Oddly enough I have been in a circle of business with our Friends for some time and did not realize what was available to us. Oh, still going to have to sweat prepping the new location of the large shed with small rock and help stop the washout at the fence with rock while we are at this. Ought to look good and gives the whole park back. We had a group of volunteers from a corporate setting here cleaning up spring style with Brandon. Our Cub Scout pack is planning to help as well on our flag retirement Memorial Day or other projects. We have amazing volunteers along side of us for sure. A free burger, fries and Non-alcoholic drink are supplied by the riders for all the volunteers and offered for a \$5.00 Donation to all others for the flag retirement event. Join us and help resolve our commitment to retire flags in a proper manner.

Rides! Spring brings us many rides. Several of your riders participated in the weekday escort of our Medal of Honor Recipients to Gainesville Texas, our annual ride with the Sikh Riders of America that brings great resources for both of our groups to perform our tasks that help our community and our veterans. We have so far returned to our pre-covid activity levels.

Elections not far off and are always a time of high activity. Choose wisely, our posts health to be supported but do participate. If possible, take a turn in a position yourself.

Speaking Of Memorial Day, the Blue Bonnet Memorial Cemetery, City of Colleyville, Post 379 Event planning has begun. The riders will be there, I have offered our hand in the escort planning. We have been tasked to find an Active or retired Armed Forces member who still has their dress uniform to participate in the event. If you know some one willing, we can help the organizers solve a need that they have not been able to resolve.

We are looking forward to the Classic car and bike show. The riders are looking forward to that event for sure. I like all I have heard about it. I believe riders will be there to lend a hand as needed. Plan to volunteer the day of the event.

I assure you this group of Riders is at the ready to be active and available for anything in the call of our missions

## **Art “Sasquatch” Rutherford, ALR Director - Post 379**

### CHAPLAIN'S CORNER†

As expected, April flew and blew by so fast it made my head spin.

Our good friend, Ms. T fell and broke her other leg recently. She had surgery about 4 weeks ago. This repair included some hardware in order to restore the function of her leg, her surgeon had to install some manmade hardware and the leg is functioning well with hours of PT. She is doing well and getting around on her own. Her recovery is going well, but she still needs your thoughts and prayers

Some days it is as if we are walking perfectly in sync with the Lord. Other days we cannot seem to find Him anywhere. Though many of us try to control this ebb and flow of feeling near to HIM, the pattern is likely to continue this side of Heaven. That is why we need to take JESUS' invitation seriously: "Come to ME, all who are weary and burdened and I will give you rest". None of us want adversity. But there are plenty of positive insights to be gained from it. We discover just how resilient we are when dealing with difficulties. Our faith increases even in the midst of doubt and fear. We find that with Jesus's strength we also gain strength. Pause and give thanks for the lessons learned, spiritual growth gained, and the people who stood by you. Tough times don't last, but gratitude does.

We all go through difficult seasons. When we are hurting but see no relief for the future, what can we be sure of? First of all, GOD is with us in our troubles. HE gives us what we need. There is no reason to be afraid. Secondly, GOD has a purpose for allowing hard times. When troubles surround you, remember what is true: GOD will never desert you nor abandon you, and HIS god purposes will always be accomplished.

April flew by with lots of wind and a little bit of rain and so it went with Spring. May brings warmer temps, blooming flowers, and the fresh beginnings of summer. Now we are headed for the season of summer and hot temps!

5/1 May Day, 5/3 national teachers Day, 5/5 Cinco de Mayo Day, National Prayer Day, 5/8 Mothers Day, Coconut Creme Pie Day, 5/9 National Women's Check up day, 5/15 Peace Officers Day, National Chocolate Day, 5/19 National Mental Health Awareness Day, 5/21 National Armed Forces Day, 5/23 Lucky Penny

Day, 5/26 National Blueberry Cheesecake Day, 5/28 National Brisket Day, Memorial Day.

On Mothers Day, 5/8 - let us all remember from whence we came. For a lot of us, our Mothers have already passed but for those that still their mothers in their lives... honor them well.

Memorial Day, 5/30 In 1868 after the Civil War ended the GAR (Grand Army of the Republic) established Decoration Day as a time for the nation to decorate the graves of the war dead with flowers. In 1971 Decoration Day became an official federal holiday (long weekend). From that time forward it is known as Memorial Day...the day our nation visits cemeteries where we place homages of love and respect for Veterans who have passed. Our nation also sets aside this day with memorials, parades, fireworks, and family gatherings. Unofficially, it marks the beginning of the summer season.

Ladies and gentlemen...don't forget the election of officers Post wide will take place very early in June. It's imperative that all voting members come to their elections meetings to cast their ballots. We have some current officers running again for elected seats. Also, there are many members that are stepping up seeking the position to be an officer for the coming year. All candidates deserve your attention and by all means, let's all vote this year.

In closing, I offer a short but meaningful prayer.

Holy FATHER as we age, give us your perspective. The world does not do us any favors in this regard. Remind us that maturity is eternally beautiful, and this world is only temporary. AMEN

For God, Country, and Post 379

## **PASTOR SMITTY POST 379**

### **AUXILIARY CHAPLAIN'S MESSAGE**

*"You must LOVE the LORD your GOD with all your heart, all your soul, and all your strength, and all your mind and love your neighbor as yourself." Luke 10:27*

#### **May 2022 --MOTHER's Day Interesting FACTS**

Before Anna Jarvis worked to get a day just for recognizing mothers, her own mom played an important role uniting women for good causes. Mama Jarvis—also known as Ann Reeves Jarvis—cared for wounded soldiers on both sides of the field during the Civil War, and in its aftermath, she organized a "Mothers' Friendship Day," the goal of which was to foster reconciliation between former Union and Confederate soldiers by having them come together,

along with mothers from both sides. With the senior Jarvis' lifelong focus on caring for children and promoting peace, it's no wonder her daughter fought for a day just for moms.

On May 9, 1914, President [Woodrow Wilson](#) issues a presidential proclamation that officially establishes the first national [Mother's Day](#) holiday to celebrate America's mothers.

#### **NATIONAL BUDDY CHECK-IN**

<https://www.legion.org/buddycheck/about>

The Buddy Check program was launched in **March 2019** as a "comradeship campaign" to encourage posts to reach out to veterans in their areas – members, former members and others – to see what The American Legion could do for them.

No competition or anything, BUT all of the American Legion Auxiliary Members have been contacted!! WHOOHOO!! Special thanks for the ongoing support from SAL Chaplin Fredrick, LaHonda-ALA/Rider, Lori AL, for continuing to make BUDDY-CHECK-Ins 2022.

**CHILDREN'S CORNER Please join us for the Sunday, May 1, 2022 @ #379 Post, 12-1pm!**

We will be supporting the Summer CAR SHOW by planning a Children's Corner to help make cards for our ACTIVE MILITARY serving abroad and our local shut-in Veterans.

**SICK CALL--Dolores, Dena, Gena, Sheryl, Sheli, Sherry, Tee, McDeb and Debbie.** Let us continue to pray, call and/or send a card to our homebound, hospital bound or recovering hearts for POST #379 Members! Let us know if there is anyone else, we need to show care and concern! We are working on the organizing the BIRTHDAYS!!

### **Diane Hunt – Auxiliary Chaplain**

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#### **In Flanders Fields**

*By John McCrae*

In Flanders Fields, the poppies blow  
Between the crosses, row on row,  
That mark our place; and in the sky  
The larks, still bravely singing, fly  
Scarce heard amid the guns below.

We are the dead. Short days ago  
We lived, felt dawn, saw sunset glow,  
Loved and were loved, and now we lie,  
In Flanders fields.

Take up our quarrel with the foe:  
To you from failing hands we throw  
The torch; be yours to hold it high.  
If ye break faith with us who die  
We shall not sleep, though poppies grow  
In Flanders fields.



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*There are ANGELS God placed on this Earth*

Who care for us and guide us  
You can feel their love and gentleness  
As they walk through life beside us.

They do great things for us every day  
they whisper in our ears,  
they even hold us in their hearts  
when we are filled with are our fears.

They are always there to give a hug  
and try to make us smile.  
They treat us with respect and love,  
they treat is us like their child.

God blessed me with an angel,  
I'm proud to call you my own,  
She has been with me throughout my  
Life, been with me as I've grown.

She's guided me the best she can,  
she's taught me like no other  
and I'm thankful I'm the lucky one  
who get's to call her.....



*Mother*



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1245 N. Industrial Blvd  
Bedford, Texas 76021

CALENDAR OF EVENTS  
May 2022  
Web Site: [hebtxpost379.org](http://hebtxpost379.org)

Bar-817-267-6047  
Office-817-571-9319  
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Sunday	Monday	Tuesday	Wed	Thursday	Friday	
11am- Midnight	10am- Midnight	10am- Midnight	10am- Midnight	10am- Midnight	10am- Midnight Entertainment 7 til 11	11am - Midnight Brealfast 8:30am - 10:30am Bands 7pm - 11pm DINNERS Served: Varies
1  BUD'S BURGERS NOON - 3pm	2	3	4  KARAOKE 6 TIL 9	5  Legion Meetings Executive @ 6pm Membership @ 7pm	6  DINNER: SAL FISH FRY BY RONNIE  ENTERTAINMENT: JUSTIN HUNTER	7  BREAKFAST by Debbie  DINNER: NONE SCHEDULED  MYSTIC MOONLIGHT
8  NO BURGERS  	9	10	11  KARAOKE 6 TIL 9	12  SAL Meeting 7pm	13  DINNER: NONE SCHEDULED  ENTERTAINMENT: NONE SCHEDULED	14  BREAKFAST by Debbie  DINNER: NONE SCHEDULED  ENTERTAINMENT: JUSTIN HUNTER
15  BUD'S BURGERS NOON - 3pm  Riders Meeting ELECTIONS	16	17	18  KARAOKE 6 TIL 9	19  Auxiliary Meetings Executive @ 6pm Membership @ 7pm	20  DINNER: NONE SCHEDULED  ENTERTAINMENT: BACK BEATS BAND	21  NO BREAKFAST  DINNER: NONE SCHEDULED CAR SHOW  ENTERTAINMENT: NONE SCHEDULED
22  BUD'S BURGERS NOON - 3pm	23	24	25  KARAOKE 6 TIL 9	26	27  DINNER: NONE SCHEDULED  ENTERTAINMENT DOUG AND BEN	28  NO BREAKFAST  DINNER: RIDERS: TBD  ENTERTAINMENT: DIAMOND DUO
29  NO BURGERS	30  	31				