



American Legion Post 379
1245 North Industrial Blvd
Bedford, TX 76021

817.267.6047

NEWSLETTER

JUNE 2022

COMMANDER'S MESSAGE

June brings on our elections which will be on Thursday June 2nd at 7 PM. I'm hoping for a good turnout to participate and vote. If you have someone in mind for a Post Officer position, you may make that nomination before the voting takes place.

Our Memorial Day weekend festivities were well attended by all. The Riders flag disposal ceremony was a great success.

I would like to thank all the members of this Post for their contributions throughout the last year. I would like for this to continue into the following year.

For God and Country and Post 379 Proud.

Mike McCrady - Post 379 Commander

AUXILIARY NEWS

The Auxiliary elected new officers Thursday, May 19, 2022. Please congratulate the following for accepting offices for the coming year 2022-2023. Several are returning while we will see new faces in several positions. Welcome to everyone. I look forward to serving again and hearing new ideas on supporting our programs for the coming year.

President:	Sheryl Frydenberg
1 st Vice:	Judy Davidson
3 rd Vice-membership:	Michelle Birkett
Secretary:	Genevieve White
Treasurer:	Suzie McClendon
Chaplain:	Diane Hunt
Historians:	JJ Kearney & Leanne Couch
SGT-AT-ARMS:	Michele Maldonado
Executive Board:	Eileen Polen
	Cheri Butler
	Dolores Smith

Many thanks to Kim Payne for chairing and bringing the idea of hosting a car/motorcycle show to fruition Saturday, May 21. The event brought positive feedback and considered a success with shiny vehicles and motorcycles proudly displayed in our

parking lot for all to see. Mahon Park had activities for kids, inside had a cake walk with delicious baked goods and jars of pickles to choose from. Baskets, gift cards and 50/50 helped raise money for **Patriot Paws** along with proceeds from box-style lunches, entrant fees and T-Shirts enjoyed by many. Our Memorial Wall displayed Saturday, on loan from another Post, was a reminder of the reason we have our freedom and why we all must work together in harmony by supporting our Veteran programs such as **Patriot Paws**. Thanks to all the volunteers and folks attending for your continued hard work and generosity.

SCHOLARSHIP APPLICATIONS: Male or female sophomore college students with 3.0 or better GPA are eligible to apply for a \$500 scholarship to be used in their junior year towards books or other qualified expenses. Your college can be within the State of Texas or out of state. Please request an application from the bartender and return to the Auxiliary by August 1, 2022, for consideration. This is a great opportunity to help with expenses.

Next Auxiliary meeting will be Thursday, June 16, 2022. Exec Board at 6pm / General mtg at 7pm

Sheryl Frydenberg – Unit President
Aux_alpost379@att.net

FROM THE SAL COMMANDER

Greetings from the desk of the Commander: we the squadron had our elections in May and here are the results:

Commander:	Charlie "Carlos" Gardea
1 st Vice:	Jeff Kaiser
2 nd Vice:	Michael Allen
Finance:	OPEN
Adjutant:	Daniel Fallon
Chaplain:	Fredrick James
Historian:	OPEN
Sgt @ Arms:	Ronnie Mac

Thank you one and all for stepping up to be an elected official.

For the 2021-2022 year the Squadron made their goal of 160, are currently sitting at 163 for membership.

We will be taking a break this summer from doing the Meat Raffle, on occasion we may host one during the summer months but will be posted.

We continue to support our programs through-out the year, looking to support another so bring your ideas and suggestion to the next meeting that are being held 2nd Thursday of each month. There will be No meeting in July due to Department Convention.

Don't let the Legion turn-moil that we are presently experiencing sway you from coming to the American Legion to have a good time.

Thank you one and all who come and support programs through our Fish Fry, we continue to serve to our member's good food.

I hope to see everyone in the coming months.

Chris Lightfoot – SAL Commander

CHAPLAIN'S CORNER†

We have officially moved from Spring to Summer and all that it entails. With more and more outdoor activities and becoming more active and using muscles that we have not used all Winter and Spring, try to be careful, hydrate but... most of all get out and get active. Reminder, Texas heat sneaks up on you!!!

Thank you for light and warmth. Thank you for the Sun. Thank you for the gifts of nature and for the annual cycles and seasons. Today give us that grace again, to see you as the Creator, the One who lifts us up to be with you forever, even now. AMEN.

Our Post has been pretty fortunate in the last month as far as illnesses and injuries. Our good friend and first vice Jim Grau is still healing from a fall several weeks ago. Please keep him in your prayers. Larry and Karen Burkes' daughter Gina has been diagnosed with cancer. She is finishing up chemo and then will be facing surgery. I am told that Gina is a real trooper and is facing her challenges with cancer and chemo, with conviction, faith, strength, energy, and determination. Please lift Gina up, her family and Karen and Larry in your prayers and let us rally around one of our own.

When a major illness or even death enters into any of our lives we cry out to GOD in prayer because it seems that we cannot find GOD in control. We need to keep an open conversation with GOD at all times in our lives instead of suddenly crying out in emergencies. That is why we need to take JESUS' invitation seriously: "COME TO ME, ALL WHO ARE WEARY AND BURDENED AND I WILL GIVE YOU REST".

Official June 2022 flag flying days are:

June 14 --Flag Day/Army birthday

June 19 --Fathers Day/Juneteenth Holiday

Once again Bluebonnet Funeral Home hosted a huge event honoring all veterans who have passed. Our superb POST 379 Honor Guard team led by Mike Sivers performed admirably for Memorial Day. A huge shout out guys and a big thank you Mike. Take the time folks to seek out our Honor Guard team who spend hours of their own time volunteering-practicing and performing not only in parades, ceremonies, memorials, educational events, and most of all giving honor to deceased veterans at their funerals. They train hard to perfect the honors they adapt and overcome adverse conditions, standing tall proud, and professional during all military honors ceremonies they perform. They are highly motivated and dedicated...So thank them and tell them that you are proud of them. WE ARE PROUD OF YOU GUYS REPRESENTING POST 379. WELL DONE.

To all Veterans in past and present and forever...GOD bless you and thank you. AMEN.

Once again Post 379 hosted for all Veterans and their families a great meal on Memorial Day. I want to take this time to thank Ronnie Mac and Jeff for the delicious meats and our fantastic auxiliary ladies led by Sheryl Frydenberg, President provided many accompanying dishes as well as many great desserts. Thank you ladies and gentlemen for making Memorial Days meal a huge success. Our Post 379 is known for always hosting a welcoming Memorial Day.

Let me make this suggestion that going forward that we do the following; 1) pray everyday for our leaders 2) honor our Veterans with a thank you and pray for our current service men and women. 3) instead of complaining, help those who are working toward a solution. 4) vote 5) pray some more

Lord give me witty ideas of how I can help our nation remain the land of the free and the home of the brave. AMEN.

Now-in the middle of the muck, is the time to worship Jesus. He doesn't want me to wait until I have worked through my disappointment or healed from my pain to enter His courts with praise. Worshipping in spirit and in truth means coming to HIM as I am, with all my warts, rather than putting on false airs or waiting until circumstances are ideal. It's acknowledging His beauty, faithfulness, goodness, and wisdom and inviting His Majesty to sit on the throne of my heart now, at this very moment. Worship won't change my circumstances, but it changes the way I respond to them.


GOD, we don't know if what we are experiencing is your testing or not, but either way, we want to trust you. We give ourselves, our minds, bodies, and souls totally to you LORD GOD. In JESUS name. AMEN.

PASTOR SMITTY POST 379

American Legion Post 379
1245 N. Industrial Blvd
Bedford, Texas 76021

CALENDAR OF EVENTS
JUNE 2022
Web Site: hebtxpost379.org

Canteen-817-267-6047
Office-817-571-9319
Fax-817-545-0818

Sunday	Monday	Tuesday	Wed	Thursday	Friday	
11am- Midnight	10am- Midnight	10am- Midnight	10am- Midnight	10am- Midnight	10am- Midnight Entertainment 7 til 11	11am - Midnight Breakfast 8:30am - 10:30am Bands 7pm - 11pm Dinners Served: Varies
			1 KARAOKE 6 TIL 9	2 Legion Membership Meeting @ 7pm ELECTIONS	3 Dinner: SAL FISH FRY BY RONNIE ENTERTAINMENT: Justin Hunter	4 NO BREAKFAST DINNER: Steak Night ENTERTAINMENT: Sonny \$ Chair
5	6	7	8 KARAOKE 6 TIL 9	9 SAL Meeting 7pm	10 Dinner: To Be Determined ENTERTAINMENT: TBD	11 NO BREAKFAST DINNER: SAL Tex Mex ENTERTAINMENT: Justin Hunter
12	13	14	15 KARAOKE 6 TIL 9	16 Auxiliary Meetings Executive @ 6pm Membership @ 7pm	17 Dinner: To Be Determined ENTERTAINMENT: Back Beats	18 NO BREAKFAST Dinner to be Determined ENTERTAINMENT: Mystic Moonlight
19  JUNETEENTH OBSERVATION	20	21	22 KARAOKE 6 TIL 9	23	24 Dinner: To Be Determined ENTERTAINMENT: Doug & Ben	25 NO BREAKFAST RIDERS Chicken Fried Steak ENTERTAINMENT; diamond Duo
26	27	28	29 KARAOKE 6 TIL 9	30		