



The American Legion
Hurst Euless Bedford Post 379
1245 North Industrial Boulevard
Bedford, Texas 76021

817.267.6047

NEWSLETTER

AUGUST 2022

COMMANDER'S MESSAGE

Thank you for all of the well wishes during the Officer Installation a few weeks ago. We are well on our way to making Post 379 elite again. Jim Grau and Norm Monastesse have come up with plans to get us back over 100% membership. We haven't hit 100% since 2019. I have come up with plans to retain over 90% of our current members and their respective families. Dennis Gossett and Brandon Williams, along with the ALA, SAL and ALR, have come up with some outstanding entertainment ideas. Rich Wiltshire, our Hubmaster & Social Media appointment, maintains the Post Facebook page and will soon start to reach out to you weekly with updates. Truth be told, all of our Officers and Committee Appointments are on point and ready to serve you, the community, state and nation.

Your Post 379 Squad...

First Vice Commander (Membership Chairman) – Jim Grau

Vice Membership Chairman – Norm Monastesse

Second Vice Commander (Entertainment Chairman) – Dennis Gossett

Vice Entertainment Chairman – Brandon Williams

Adjutant – Joey Cook

Finance – Debra McKee

Chaplain – R. Craig Smith

Vice Chaplain – Debbie Tassin

Judge Advocate & Pillar II: National Security – Dave Eagan

Service Officer & Pillar I: Veterans Affairs & Rehabilitation – Brandon Williams

Historian – Daniel Fallon

Vice Historian (Post Narrative/Yearbook) – Joseph Campbell

Sergeant-at-Arms – Lauren Kelly

Vice Sergeant-at-Arms – Mike Sivers

Americanism Chairman/Pillar III – Karl Edwards

Building & Grounds – Kenny Mings

Executive Committee-at-Large/Canteen Committee – Scott Godley

Executive Committee-at-Large/Canteen Committee – Norm Monastesse

Executive Committee-at-Large/Canteen Committee – Eileen Regan

Hubmaster & Social Media – Rich Wiltshire

Pillar IV: Children & Youth – Ralph Steele

ALA Liaison – Michelle Birkett

SAL Advisor – Joey Cook

ALR Advisor – Glynn "Gunner" Olsen

Immediate Past Post Commander/Executive Committee-at-Large – Mike McCrady

Respectfully...

Joseph Campbell - Post 379 Commander

iokepa789@gmail.com

AUXILIARY NEWS

Greetings and congratulations to Unit 379. We successfully held officer installation on July 10th with the other entities for the upcoming office terms.

I'm excited and so proud to share news regarding the recent Department Convention held in Austin, Texas. Thank you Michelle Birkett and Diane Hunt for being available to attend. You two ladies represented us well. Our unit brought home several awards again this year.

This is the first year in several years we had a historian scrapbook to show at convention which brought home a beautiful ribbon. History and memories are so important for our future and a nice one we have to boast about.

Other awards were for top Cancer Research Contributor for Division one as well as Department.

Membership once again exceeded 100% along with top recruiter/renewal of members for District 12. Many thanks to all who helped make and exceed these goals. Department and National certainly know who we are. Plans for an even better year in 2022-2023.

Plans are being made and already happening in the kitchen for Auxiliary to begin preparing food to help raise money for our many programs. Please watch the calendar and electronic board for dates and support your post and entities. Please consider helping in this area as it is vital for our success as a Post and being able to support our projects. Great food for a donation along with entertainment can't get any better or affordable. The bartenders are amping up to serve ice cold beverages of choice for a great price.

Our next meeting will be Thursday, August 18 th . Executive Board at 6 pm; General Membership at 7 pm.

I urge everyone to come join us, meet your new officers and be ready to offer ideas and ways to make

things happen at our Post.

Dates to remember: Saturday, September 24 th The Riders are having a 1 st Post 379 Cancer Benefit Ride

to help kick off our Benefit weekend starting Friday, September 30 th . What for more details. Riders have

played an essential part in Cancer Research weekend for several years donating funds and volunteer

hours.

Thanks again for your support and we all look forward to the upcoming year of presenting ourselves as

the best American Legion Post in the State of Texas.

Service not Self

Sheryl Frydenberg - Unit 379 President

aux_alpost379@att.net

FROM THE SAL COMMANDER

I am looking forward to working with our SAL membership and Officers this coming year.

An emphasis will be placed on expanding our SAL membership. It is my hope that every SAL member will consider approaching one potential individual for membership for our upcoming Early Bird Membership Drive, which kicks off on Friday, August 5th with a Fish Fry.

In trying to get back into our normal routine SAL will start the Meat Raffle on Saturday August 6th. We will one weekly venture in August to supporting this popular fundraiser for the SAL. Your participation is greatly appreciated!!

The Officer's SAL monthly meeting will be, as usual, on the second Thursday of the Month which is the 11th at 7 pm

Two NEW programs that the SAL is excited to be participating in monthly donations is ;

1) Patriot PAWS - which provides trained service dogs at no cost to the disabled Veteran with mobile disabilities which will help in restoring their physical and emotional independence.

2) Tarrant County Veterans Council - is an organization which veterans service organizations in our area could coordinate efforts to better serve our area veterans and their survivors.

Should anyone have questions or concerns about what the SAL is doing ... please approach one of our Officers and or me directly. We may not have an answer right then and there but hopefully we will find one for you.

FOR GOD and COUNTRY

Respectfully

Carlos Gardea - Squadron 379 Commander

cmgbikerider@aol.com

RIDER NEWS

Greetings!

I am pleased to have been elected as the new Director for ALR 379. My campaign pitch was that we need to get out more to see others and be seen by others as well.

Our mission is to promote the motorcycle lifestyle and fundraise for veterans. So, with that being said I have a short, medium, and long-term plan for the next year.

The short-term plan is to push and promote the poker run on 24 September to support the Auxiliary in their Cancer Fund Raiser. The networking that the riders have done so far has garnered overwhelming interest, even from organizations such as the Combat Veterans

Motorcycle Association (CVMA) who can bring a large number of riders.

Even if you do not ride, anyone can participate in the poker run. Entry fees apply the same to personal vehicles as motorcycles and we encourage vehicles to travel in support of the riders.

This is a great way for our legion members to get out to other post, participate in Poker Run, and see what the riders all about. If you choose not to participate in the run that is totally fine, but it is highly encouraged that you show up at the post prior to our return and show support.

The test ride for the Poker Run was done on 16 July and the flyer is in the process of being disseminated as far and wide as possible. So, spread the word!

The medium outlook is the Chili Cook Off on 29 October. There are some ideas being floated on how we can enhance and expand on that event.

For the long term I wanting to incorporate a spring fund raising event. I recently met with the founders of a local non-profit that supports female veterans and female first responders, however, they will not turn male veterans or first responders if they can help. I am really excited about the possibilities that exist in what we can do to support this organization. I hope to get the Auxiliary and SAL onboard with this organization as well and make it a combined benefit.

Again, I am enthused about being the new ALR Director and I look forward to working with others at the post. If there is anything we can do or if there are any recommendations please do not hesitate to contact me.

Glynn "Gunner" Olsen - Chapter 379 Director

geolsen1966@gmail.com

Chaplain Smitty

First, a blessing, nobody is on sick call. AMEN

Secondly, I am tired of this extra bonus hot weather. After this many days, I am sure everybody else is too.

Folks, we are not quite halfway through the span of days from the start of summer until the start of fall and it seems that we're moving toward setting even more extreme heat records. We must be vigilant and check up on shut-ins and each other.

Throughout this hot weather GOD has been extremely good to us all whether you realize it or not. We have not had any blackouts, no extreme health issues, and plenty of food and water. These times we are very fortunate.

One of the many definitions of the word NEW is ...recently arrived or established in a position. On July 10 our Post installed new and repeat officers for the calendar year 22-23. One could sense the change in the air immediately.

As our new Commander has reiterated, all of us in our thinking and actions must look forward and leave the past in the past where it belongs.

There is definitely a new attitude change occurring in the post since new officer installation a few days ago. Things have relaxed and it seems that new people and some old members that had just about given up on the post are coming in - days and nights. What a blessing and a breath of fresh air. New officers, onward and upward and, thank you for your outward dedication.

Once again our Honor Guard performed admirably at a fellow Veteran's funeral in late July. Great job Mike Sivers and team. Mike and his great team are so dedicated and don't have to be asked twice. They're "Johnny on the spot" each and every time. Let these great volunteers know. O how much they're appreciated. I am proud to say that I am part of this team

Yes there has been some civil unrest but we had civil unrest in the 60's and got thru it. 70's the same and so on. My point is this, this great country has weathered many challenges through our existence and we have come out in the end better for them each and every time. So please don't give up hope. Things will get better. Worship won't change your circumstances, but it changes the way we respond to them. We don't need to figure everything out before we engage in praise. We just need to worship, especially when life doesn't make sense. Now in the middle of the muck-is the time to worship JESUS. He doesn't want us to wait until we have we have worked through our disappointment or healed from our pain to enter HIS courts with praise.

Worshipping in spirit and in truth means coming to HIM as I am, with all my warts, rather than putting on false airs or waiting until circumstances are ideal. It's acknowledging HIS MAJESTY to sit on the throne of my heart now, at this very moment.

Why is it difficult to be honest about your struggles. GOD, I believe in my heart that this journey will be worth it in the end. I know I need to slow down and refuel, and I know I will make mistakes. But, I will keep my eyes fixed on YOU. Even if I only make it a few inches forward each day I will keep moving ahead. I do not want to grow weary and lose heart. As contentment grows in the midst of growing discomfort.

Joy is found despite the trouble around every corner. A life of faith prospers amid the ruins. Comfort is found when you trust in your Father for everything.

We don't need the trappings and shimmer of the temporary. Whether we have everything or nothing, we trade it all for the eternal. GOD, strengthen me to endure the worldly wanderings for the hope and promise of my eternal existence. I believe you for contentment today AMEN.

FATHER, please renew my strength and hope in YOU.

When dark moments invade my life internally or externally and bring me low, help me to come to YOU in prayer. Open my eyes, GOD, to the needs of people around me. Help me to be a loving friend.

As individuals and as a body of our great Post, let us continue to move forward **only** positive directions each day and months to come. By working together - let it be the goal of each officer to service each and every member as well as to continue to recruit new members into all of the Post entities. Let us all continue to work toward the ultimate goal as the number #1 Post in the State of Texas.

As your Chaplain, remember my "door" is always open.

For God and Country and Post 379

Chaplain Smitty



ENTRY
\$20 PER BIKE
\$10 PER PASSENGER
SAME ENTRY FEE FOR
CARS/CAGES

9:00 AM REGISTRATION
DAY OF EVENT
NO EARLY REGISTRATION

STOP 1 - POST 424 DALLAS
STOP 2 - POST 624 MANSFIELD
STOP 3 - POST 50 CLEBURNE
STOP 4 - POST 279 BENBROOK
STOP 5 - POST 379 BEDFORD

AMERICAN LEGION RIDERS CHAPTER 379
1245 N. INDUSTRIAL BLVD, BEDFORD, TX 76021
1ST ANNUAL CANCER POKER RUN
SATURDAY, SEPTEMBER 24, 2022
PROCEEDS BENEFIT ALA UNIT 379 CANCER RESEARCH FUND

BREAKFAST BURRITOS
8:30AM - 9:45AM \$3.00 EACH

SAFETY BRIEF - 9:50 AM

FIRST GROUP OUT - 10:00 AM

LAST BIKE IN - TBD

CHICKEN FRIED STEAK DINNER
5:00PM - 8:00PM
\$10.00 DONATION

MUSIC BY BRAD
STINSON BAND
STARTING AT 1PM

PRIZES
\$150 BEST HAND
\$75 WORST HAND
50/50 RAFFLE
(1) \$100 QT/GAS CARD
(1) \$50 QT/GAS CARD
(2) \$25 QT/GAS CARDS
TICKETS 6 FOR \$5
ARM STRETCH FOR \$20



POINT OF CONTACT
GLYNN "GUNNER" OLSEN
geolsen1966@gmail.com

The American Legion
Hurst Euless Bedfor Post 379
1245 N. Industrial Blvd
Bedford, Texas 76021

CALENDAR OF EVENTS
August 2022
Website: hebtXpost379.org

Canteen: 817.267.6047
Office/Fax: 817.545.0818

Sunday	Monday	Tuesday	Wed	Thursday	Friday	
11am - Midnight	10am - Midnight	10am - Midnight	10am - Midnight	10am - Midnight	10am- Midnight Entertainment: 7pm - 11pm Dinners Served: 5:30-7:00pm	8am - Midnight Breakfast 8:30am - 10:30am Entertainment: 7pm - 11pm Dinners Served: 5:30-7:00pm
	1	2	3 6-9 PM Karaoke Judy Cooking	4 Coast Guard Birthday 6 PM Legion Executive Meeting 7 PM Legion Membership Meeting	5 SAL Meal: Fish Fry SAL Membership Drive Kickoff Music: Justin Hunter Band	6 No Breakfast 2 PM Shuffleboard SAL Meat Raffle ALA Meal: Soup and Assorted Salads Music: Hunter Brown Band
7 2 PM ALR Meeting 3 PM Buddy Call	8	9 11 AM Texas Hold 'em	10 6-9 PM Karaoke HEB First Day of School Judy Cooking	11 7 PM SAL Membership Meeting 7 PM Marine Corp League	12 ALA Meal: Meatball Subs Music: Mystic Moonlight	13 No Breakfast 2 PM Shuffleboard SAL Meal: Taco Casserole
14	15	16	17 6-9 PM Karaoke	18 6 PM ALA Executive Committee Meeting 7 PM ALA Meeting	19 ALA Meal: Spaghetti Music: Back Beats Band	20 No Breakfast 2 PM Shuffleboard SAL Meal: Green Chile Chicken Enchiladas and Spanish Rice Music: Back to Vinyl
21	22	23	24 6-9 PM Karaoke	25	26 ALA Meal: Stuffed Baked Potatoes Music: Doug and Ben	27 No Breakfast 2 PM Shuffleboard ALR Meal: Chicken Fried Steak Music: Diamond Duo
28	29	30	31 6-9 PM Karaoke			