



Hurst-Euless-Bedford
American Legion Post 379
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NEWSLETTER

APRIL 2023

COMMANDER'S MESSAGE

Family,

I would first like to thank everyone who came out to celebrate The American Legion's 104th Birthday, the 56th Anniversary of Post 379, the 1st Annual American Legion Family Day, the Chamber Ribbon Cutting and the Chamber Business Unplugged. What a great turnout!

I would also like to thank Diane Sivers for stepping up to be the new Kitchen Manager.

Our third Post Revitalization is at 9am on Saturday, 01 Apr 23.

Don't forget that we offer lunch Tuesday's, Wednesday's and Thursday's, 11am-2pm.

Election nominations for the ensuing year open during the 06 Apr 23 Post membership meeting and remain open until our Post elections on 04 May 23. All Legionaries in good standing are eligible for ANY position. Each Candidate should be prepared to deliver a 2-minute speech on their platform. Positions available are Commander, First Vice Commander, Second Vice Commander, Adjutant, Finance Officer, Judge Advocate, Historian, Chaplain, Sergeant-at-Arms, Service Officer, Building & Grounds, and the 3x Executive Members-at-Large. The Americanism Chairman is now an appointed position as outlined in our new Constitution & By-Laws.

The 12th District Convention is Saturday, 22 Apr 23 from 8am until approximately 3pm. If you are attending the convention, please sign up before 30 Mar 23 at the bulletin board next to the men's restroom so that we may submit our delegate list to District on time.

April is Pillar IV: Children & Youth month. So, please go to the Publications tab on the national website and familiarize yourself with The American Legion's Children & Youth programs. If you have any ideas on how we can better honor our Children and Youth, please reach out to me and let me know what you have in mind.

Don't forget that we are offering mental health and wellness training every Wednesdays until the end of the month. The first hour consist of mental wellness education and the second hour is an open topic discussion. This counseling is open to everyone. So, please continue to spread the word because National Commander Vincent "Jim" Troiola is asking you to "BE THE ONE"!

Respectfully,

Joseph Campbell - Post 379 Commander
iokepa789@gmail.com

AUXILIARY NEWS

Hello and happy Spring to everyone. It's that time of year we have crazy weather and I hope everyone has fared the storms without damage.

Unfortunately, the Auxiliary had to postpone our gathering Thursday, March 16 where our current Department Vice President, Holly Heatly was our guest speaker. The weather was not in our favor nor for Holly to have a lengthy drive during rush hour traffic. Please check back for the date of rescheduling.

Many thanks to those who gave generously to our food and hygiene goods drive. We plan to visit Valor Ranch in June at which time the residents will be presented with their own basket. Valor Ranch is a

facility in Denton specializing in therapy, job training and other resources to our female veterans.

Girls State is in full swing according to Judy Davidson. She has been busy working with local high school counselors and securing applications for several young female candidates nearing graduation within the next year. So far, we have 6 confirmed girls with a few pending approvals. Great job Judy.

Our membership is still increasing, but we do need everyone's help to meet our membership goal set by Department. Currently, we are sitting at 88.41% with 412. If you haven't renewed your membership, please do so as soon as possible. If you know someone who is eligible, please reach out to them and let them know who we are and what we do.

Elections are around the corner in May. A sign-up sheet will soon be posted inside the front lobby area. Please consider a position. If you have questions, please reach out to a current officer for assistance. Your time and ideas are greatly needed to make our programs a success.

DATES TO REMEMBER:

SATURDAY, MAY 6, 2023 Join us in celebrating Kentucky Derby Day's "Run for the Roses" which will include playing various games, stick horse races and of course the judging of your handmade decorated Kentucky Derby Hat contest. Prizes and giveaways are being secured. Festivities to begin around 2:30 to included snacks, laughter and good fellowship. MORE INFO coming.

THURSDAY, APRIL 20, 2023 Executive Board meeting at 6pm/ General Membership meeting at 7pm.

In Service Not Self

Sheryl Frydenberg - Unit 379 President
aux_alpost379@att.net

FROM THE SAL COMMANDER

No surprise that the SAL Meat Raffle continues to be in a holding pattern. However, once meat prices are more in line or more reasonably priced the meat raffle will be temporarily suspended with the hope that in the near future we can bring it back to life.

The SAL is committed to continue to make our monthly donations to the programs that we have

supported in the past and hopefully in the future. The best way to assist the SAL in this endeavor is to support our dinners. So far you have and we THANK YOU and appreciate each and everyone of you that come out and have a meal with us.

Speaking of dinners, it is very hopeful that our kitchen fryers will be replaced and up and running by April 7th. If so, our First Friday Fish Fry would commence on that same date. As usual Ronnie Mc and Company will provide their expertise for frying up the fish. Stay tuned, and with fingers crossed, all will be back in order in the kitchen.

If you haven't renewed your 2023 SAL Membership as of yet, please consider in doing so. Currently our Membership is at 133 in good standing with a goal of 163 which places us at 82%. So close, yet so far away !!!

SAL Officer's Election is just around the corner, come May !!! If you have an interest in becoming a SAL Officer, you may write your name for consideration on the sign up sheet which is posted on the general Notice Board.

The next scheduled SAL General Membership Meeting will be on Thursday April 13th at 7 pm. with Elections to be held on Thursday May 11th at 7 pm.

For God, Country, Family and Squadron/Post 379

Carlos Gardea - Squadron 379 Commander
cmgbikerider@aol.com

RIDER NEWS

Greeting Everyone,

I would like to begin by thanking Everyone for the support you have given the Riders over the past 7 years. YOU are the reason WE can make a difference in the lives of veterans, their families, and the community.

The Riders are kicking off Spring and the 2023 riding season hosting a Blessing of the Bikes event on March 25th from 2:00 PM - 4:00 PM. This is a family friendly event and everyone is invited. You Don't have to be a Rider/Biker to participate. There will be live music, door prizes and more. From 5:00 PM - 7:30 PM we will be serving Chicken Fried Steak for \$12.00. Participants of the Blessing Event will be given a \$2 discount.

Valor Ranch is hosting an event /fund raiser on May 6th. They have invited Post 379 to Valor Ranch to see what they are doing to help veterans in need. Their focus is on women veterans but they provide help to all veterans.

As for the month of April we will be cooking BBQ Ribs April 14th and Chicken Fried Steak April 22nd.

On April 29th we will be participating in the Annual Sikh Ride. We are proud supporters of the local Sikh Riders organization. They have supported the American Legion Riders for the past 5 years by donating to the charity of our choice. This year we will be supporting Valor Ranch. Sikh Riders also donate to many organizations in the community. Scottish Right Children's Hospital, The Veterans Resource Center of Dallas, Bikers Against Bullies North Texas, Irving Police Department, Irving Blue Christmas, just to name a few. If you ride or are just interested in learning more about Sikh Riders of America.

The ride is slated for Saturday, April 29th at Cycle Gear - Registration 9:00 AM -10:45 AM

KSU (kickstands up) 11:00 AM to Stokers Dallas

For more information contact Joey "Crash" Cook or Lahonda "Fireball" Cook.

Over the next few months we are planning events that hopefully everyone will enjoy and participate in involving all the entities of Post 379. Working together, we can make a difference.

We thank each one of you for your love and support.

With a Grateful Heart,

Lahonda "Fireball" Cook - Chapter 379 Adjutant
hondim@yahoo.com

CHAPLIN'S CORNER

I hope April finds everyone looking forward to spring.

Please keep the following in your prayers:

Chaplain Smitty while he is recovering from blood clot, and his wife Delores.

Art Russell passed suddenly on March 16th. Keep his family in prayer during this difficult time.

Joey Cook is home recuperating from surgery.

Steve "Hutch" Hutchinson Post Everlasting is 4/22 @2 pm.

Dear Lord,

Please raise your healing hands upon the I'll. We know you are great. We pray for everyone that is ill or not feeling well. As well as their loved ones. In your name we pray that all gets better. AMEN

Eternal Father, strong to save, whose arm does bind the wind and wave, we remember the ancient words, "Blessed is the nation whose God is the Lord, and the people whom He has chosen for an inheritance." We are grateful for this heritage that is ours in this nation whereby we enjoy more freedom than any other people of the earth. Help us never to neglect any part of this freedom lest we lose the opportunity for ourselves and our children.

We humbly dedicate these moments to You and pray that as The American Legion calls the heart and mind of America back to God, we may enjoy the fruits of righteousness, justice and peace. Keep us ever mindful of the sacrifice made by veterans, named and nameless, who laid down their lives that we and those we live may live. For Your name's sake.

Amen

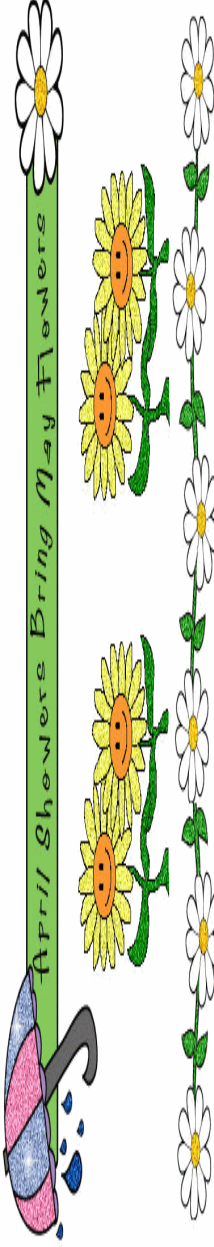
Jon Christensen – Post Vice 379 Chaplain
jcchristensen64@gmail.com

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Calendar of Events
APRIL 2023

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Sunday		Monday	Tuesday	Wed	Thursday	Friday	Saturday
11 am - Midnight	10 am - Midnight	10 am - Midnight Lunch 11 am - 2 pm	10 am - Midnight Lunch 11 am - 2 pm	10 am - Midnight Lunch 11 am - 2 pm	10 am - Midnight Lunch 11 am - 2 pm	10 am - Midnight Bands 7 pm - 11 pm Dinner 6 pm - 8 pm	10 am - Midnight Bands 7 pm - 11 pm Dinner 6 pm - 8 pm
							
2 12 pm ALA Buddy Check 2 pm ALR Membership Meeting	3	4 7 pm Scouts BSA Meeting	5 6 pm - 9 pm Karaoke 7 pm - 9 pm Free Mental Health and Wellness Training (OPEN TO THE PUBLIC)	6 6 pm Legion Executive Committee Meeting 7 pm Legion Membership Meeting	7 SAL Meal: Fish Fry - Ronnie Mac Music: Justin Hunter	8 2 pm Shuffleboard Legion Meal: BBQ and Grilled Chicken, Green Beans, Corn and Rolls - Texas Roadhouse Music: Pete & Patti	1 9 am - Post Revitalization #3 2 pm Shuffleboard Legion Meal: BBQ and Grilled Chicken, Green Beans, Corn and Rolls - Texas Roadhouse Music: Pete & Patti
9 2 pm Girl Scout Meeting	10	11 11 am - 2 pm Texas Hold'em 7 pm Scouts BSA Meeting	12 6 pm - 9 pm Karaoke Judy Cooking 7 pm - 9 pm Free Mental Health and Wellness Training (OPEN TO THE PUBLIC)	13 7 pm SAL Membership Meeting	14 ALR Meal: Pork and Sausage Jambalaya - Harold "Cajun" Hanks Music: Mystic Moonlight	15 2 pm Shuffleboard ALA Meal: Chicken, Rice, Broccoli and Cheese Casserole - Sheryl Frydenberg & Sharon Nesteriak Music: Marcia Rose	22 8 am - 12th District DEC & Spring Convention 2 pm Shuffleboard ALR Meal: Chicken Fired Steak - Lahonda Cook Music: Trinity River Ramblers
16 2 pm Girl Scout Meeting	17	18 7 pm Scouts BSA Meeting	19 6 pm - 9 pm Karaoke Judy Cooking 7 pm - 9 pm Free Mental Health and Wellness Training (OPEN TO THE PUBLIC)	20 6 pm ALA Executive Committee Meeting 7 pm ALA Membership Meeting	21 Legion Meal: Meatball Stew, Cornbread and Dessert - Mike and Diane Sivers Music: Back Beats Band	28 Legion Post 14 Meal: Hamburgers and Fires - Bill Deal Music: Ben & Doug	29 8 am - 1 pm Bluebonnet Texas Girls State Orientation 2 pm Shuffleboard Legion Meal: Shrimp Scampi, Salad and Dessert - Jon and Judi Christensen Music: Pete & Patti
23 2 pm Girl Scout Meeting 30 2 pm Girl Scout Meeting	24	25 11 am - 2 pm Texas Hold'em 7 pm Scouts BSA Meeting	26 6 pm - 9 pm Karaoke 7 pm - 9 pm Free Mental Health and Wellness Training (OPEN TO THE PUBLIC)	27 7 pm Marine Corps League Meeting	28	29	