



Hurst-Euless-Bedford
American Legion Post 379
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Bedford, Texas 76021

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NEWSLETTER

July 2023

COMMANDER'S MESSAGE

Hello Legion Family,

The 2023-2024 Legion Officers were installed on Saturday, June 27, 2023.

Presided by Jim Prendergast, 42-year PUFL, Past Post Commander, Past District Commander, Past Department Commander, Alternate National Executive Committee, Presently serving on the National Convention Commission.

Commander – Rich Wiltshire
First Vice Commander – Bill Chapman
Second Vice Commander – Joe Red Eagle
Adjutant – Mike Sivers
Finance Officer – George Eckert
Judge Advocate – Dave Eagan
Historian – Daniel Fallon
Chaplain – R. Craig Smith
Sergeant-at-Arms – Lauren Kelly
Service Officer – Brandon Williams
Building & Grounds – Jeff McKee
3x Executive Members-at-Large – Eileen Regan,
Steve Soltis, Steve Strickert
Americanism: Karl Edwards
Vice Chaplain – Jon Christensen
Vice Membership Chairman – Jim Grau

Our 2023-2024 Focus:

Members – treat our members with the respect they earned. The Board is making this their number one priority.

Consistency – in the way we conduct Post business; in communications with members; in communications between the Legion, Auxiliary, SAL and Riders

You are cordially invited to an event celebrating our 2022-2023 accomplishments on Sunday, 09 July 2023 at Post 379. Our celebration starts right after the

Auxiliary, SAL and Riders' installations which begin at 1pm.

Our next Kitchen Meeting is at 1pm on Sunday, July 16 in Proctor Hall. If you are interested in cooking for any of your programs, please come prepared with the dates that you want to cook and your menus.

The Department Convention is in Austin, 12-16 July 2023. Although the convention technically runs from Wednesday to Sunday, you are welcome to come and go as you please. We recommend that you attend Saturday and Sunday. The convention is usually over by noon on Sunday.

Humbly in your service, not self

Rich Wiltshire - Post 379 Commander
richwiltshire@gmail.com

AUXILIARY NEWS

As the summer heat is upon us, please remember to check on your elderly neighbors and family members to make sure they have proper cooling. Please provide extra shade and plenty of cool water to your outside pets. The heat index can be dangerously high, so stay abreast of the weather and aware of afternoon thunderstorms.

I am honored to be President another year for Unit 379 and welcome would like to encourage everyone to welcome our new officers for the 2023-2024 year.

President – Sheryl Frydenberg
1st Vice – Judy Davidson
2nd Vice – open
3rd Vice/Membership Jodie Chapman
Secretary – Jennifer Kearney
Treasurer – Suzie McClendon
Sgt at Arms – Cheri Butler

Chaplain – Diane Hunt
Historian – Leanne Couch
Executive Board at Large - Eileen Polen, Karen
Burks and Mona Scarborough

Please reach out to these ladies and thank them for their valuable time commitments necessary in serving this 2023-2024 year.

The Auxiliary installation will be held Sunday, July 9th at 1pm. Please make time to attend and show support for a valuable group of ladies within Post 379.

THERE WILL BE NO EXEC BOARD OR GENERAL MEMBERSHIP MEETING IN JULY. Our first meeting will be on Thursday, August 17th, exec board 6 pm/ General membership at 7pm. We hope to see everyone and present ideas and plans for the upcoming year. Remember, we need your help for successful programs you'd like to see happening at our Post as well as any concerns or suggestions.

Annual Ladies of the LEGION Christmas in July evening will be at 6:30 pm Thursday, July 20th. Please bring an appetizer to share. An OPTIONAL wrapped gift exchange starts at 7 pm. Please bring something you would like to receive in an exchange. Value requested \$25 max. No gag gifts please. Bring a friend or relative if you'd like. The more the merrier. The bar will be available to purchase adult beverages/sodas. Gifts are optional if you'd prefer to just enjoy food and fellowship with some great ladies.

In Service not Self.

Sheryl Frydenberg - Unit 379 President
aux_alpost379@att.net

RIDER NEWS

Greetings Post Family!

Well, it looks like we made it through another year and another election cycle so it is time to thank those members who have stepped up and volunteered their time and talents to make our Post the best one ever in the Great State of Texas! Our election results for 2023-2024 are as follows:

Director – Joey “Crash” Cook
Assistant Director – Vacant
Adjutant – Lahonda Cook
Finance Officer – Paul “PD” Hill
Sergeant at Arms – Vacant
Road Captain – Roy Lozano
Historian – Vacant
Safety Officer – Harold “Cajun” Hanks

Chaplain – Vacant

We have a number of open position as we are currently going through a rebuilding phase right now. I assure you that the positions will be filled ASAP but in the interim, I would appreciate it if you all would take the time to congratulate these fine people for representing Chapter 379 for the next year.

I would also like to thank everyone who participated in our Swap Meet on June 3rd and made it the success that it was – we can never achieve success without the love and support of our Legion Family, the Auxiliary and the Sons of the American Legion. We have a couple of cooking dates coming up here in July as well. On Friday, July 14th, the Riders will be cooking their famous chicken fried steak dinner from 6-8 PM. On Saturday, July 22nd, we will be cooking hamburgers and hot dogs at the Post from 2-7 PM as well. We look forward to seeing as many of you as possible at these meals as the funds allow us to support the charities that are very near and dear to our hearts.

Beyond that, I just want to express how excited I am to be your Director for the fifth time as we move forward in the JOINT effort of making our Post the best one out there. If anyone has any suggestions on how our Riders can assist the ALA, SAL or the Legion in making our post better, please do not hesitate to let either me or one of our officers know. We are looking forward to having the best year ever and we also want to congratulate all of the Legion, ALA and SAL officers for 2023-2024 on their accomplishments as well.

**JOEY “CRASH” COOK – POST 379 RIDERS
DIRECTOR**
crashcook@yahoo.com

FROM THE SAL COMMANDER

The Auxiliary installation will be held Sunday, July 9th at 1pm. Please make time to attend and show support the Sons within Post 379.

Commander: Ben Apodaca
1st Vice and 2nd Vice are OPEN
Finance: Carlos Gardea III
Adjutant: Daniel Fallon
Chaplain: Frederick James
Sgt @ Arms: Ronnie Mac
Historian: OPEN

Congrats to all and welcome new Commander Ben Apodaca.

CHAPLIN'S CORNER

Hello Brothers and Sisters,

Happy summer everyone. Hope this finds everyone doing well. Sick call board was blank so that is wonderful news. Let pray for everyone that has been on the board in the past as well as their families. Sickness can come on at anytime. Power of prayer is a wonderful thing.

O God, Creator of this good land, help us to be worthy of citizenship in our nation. Bless our country with loyal people and dedicated leaders. Guard us from unlawful acts and cowardly fear. We also ask Your blessing on the veterans of our nation and grant that the American Legion may always do your will. Amen

Jon Christensen - Post Vice 379 Chaplain
jcchristensen64@gmail.com

To Commander Joseph Campbell,

A heartfelt thank you for your leadership and guidance during the past year.

A few of his accomplishments:

Regaining our Non-Profit Status – After 8 years, we are once again certified 501c(19) – provides for the tax-exempt status of qualifying veterans' organizations and their related auxiliaries that are in the United States or any of its possessions.

American Legion College – Held February 24, 25 and 26. Legion Members Mike Sivers, Rich Wiltshire and Jon Christensen and Auxiliary Member Faye Chambers received their certifications! Next class is September 1-3, 2023.

Audit – Audit was done by external contractor. Financial processes have been implemented to ensure accuracy and transparency.

Boy Scout Troop – We are sponsoring Boy Troop 379B and 379G

Girl Scout Troop - We are sponsoring Girl Scout Troop 1565

Little League – We are sponsoring a Little League Team, from the Y "Red Sox"

Elected 1st Division Commander

Membership – *We are once again the largest Post in Texas!!*

Great job!

Warmest Regards,
Rich Wiltshire
Commander

Happy and Safe 4th of July



In a session on June 7, 1776, in the Pennsylvania State House, Richard Henry Lee of Virginia presented a resolution with the famous words:

"Resolved: That these United Colonies are, and of right ought to be, free and independent States, that they are absolved from all allegiance to the British Crown, and that all political connection between them and the State of Great Britain is, and ought to be, totally dissolved."

The Declaration of Independence is the founding document of the United States. It was adopted on July 4, 1776, by the Second Continental Congress meeting at the Pennsylvania State House, later renamed Independence Hall, in Philadelphia.

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Calendar of Events



JULY 2023

Website: hebtxpost379.org

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Sunday	Monday	Tuesday	Wed	Thursday	Friday	Saturday
11 am - 6 pm	10 am - Midnight	10 am - Midnight	10 am - Midnight	10 am - Midnight	10 am - Midnight Bands 7 pm - 11 pm Dinner 6 pm - 8 pm	10 am - Midnight Bands 7 pm - 11 pm Dinner 6 pm - 8 pm
	2	4	5	6	7	8
	12 pm ALA Buddy Check 2 pm ALR Membership Meeting 2 pm Girl Scouts Meeting	 7 pm Scouts BSA Meeting	6 pm - 9 pm Karaoke Judy Cooking	6 pm Legion Executive Committee Meeting 7 pm Legion Membership Meeting	SAL Meal: Fish Fry presented by Ronnie Mac Music: Mystic Moonlight	2 pm Shuffleboard Legion Meal: No Meal Holiday Weekend Music: Fun Band
	9	11	12	13	14	15
	1:00 PM Officers Installation for ALA, SAL, ALR	11 am - 2 pm Texas Hold'em 7 pm Scouts BSA Meeting	Department Convention, Austin 6 pm - 9 pm Karaoke Judy Cooking	Department Convention, Austin	Department Convention, Austin ALR Meal: Chicken Steak Music: Mystic Moonlight	10:30 am North Texas "All Airborne" Meeting 2 pm Shuffleboard ALA Meal: Pulled Port Sandwich, Potato Salad, Corn Cobettes, Dessert presented by Sheryl Frydenberg and Sharon Nesteriak
	16	18	19	20	21	22
Department Convention Ends 1 pm Kitchen Meeting		7 pm Scouts BSA Meeting	6 pm - 9 pm Karaoke Judy Cooking	No ALA Membership Meeting this month	Legion Meal: Meatball Subs, Pasta Salad and Dessert presented by Diana and Mike Sivers Music: Back Beats Band	2 pm Shuffleboard ALR Meal: Burgers and Hot Dogs Music: Pete & Patti
23/30	24/31	25	26	27	28	29
		11 am - 2 pm Texas Hold'em 7 pm Scouts BSA Meeting	6 pm - 9 pm Karaoke Judy Cooking	7 pm Marine Corps League Meeting	SAL Meal: TBD Music: Diamond Duo	2 pm Shuffleboard Legion Meal: Tomato Pork Chop, Mashed Potatoes and Green Beans presented by Deb & Doug Boone Music: Pete & Patti