



**Hurst-Euleless-Bedford
American Legion Post 379
1245 N Industrial Blvd
Bedford, Texas 76021**

**Canteen: 817.267.6047
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**Website: hebtxpost379.org
Facebook: [groups/hebtxpost379](https://www.facebook.com/groups/hebtxpost379)
Instagram: [hebtxpost379](https://www.instagram.com/hebtxpost379)**

NEWSLETTER

SEPTEMBER 2023

COMMANDER'S MESSAGE

Hi Legion Family,

Can you believe it's September already! This year is flying.

Your new 2024 Membership Cards are here – have you renewed yet? I have! We are almost at 40% Renewal!! Let's keep the pace going – Renew Now!!

For your convenience, you can renew with the bartender on duty.

Reminder we are having Elections during this month's Membership Meeting to fill vacancies. Nominations will be taken from the floor. Nominee must be present.

Second Vice – Paul "PD" Hill is currently appointed Building and Grounds – Joey "Crash" Cook is currently appointed

Check out what's happening this month:

We are pleased to be hosting for the 2nd time the American Legion College. It's a fantastic 3 day class on all things American Legion and is open for all Members. See Calendar for dates.

Rider Poker Run is September 9.

Cowboys Season Opener is on the 10th.

9/11 Remembrance Day – Please take a moment silence 7:14am

Cancer Weekend is this month!! Auction and raffles!! Come on out and support a great cause.

Have you seen the new barstools and table tops!!! Would you like to purchase a barstool? Or maybe an entire set of

table and chairs? Please reach out to Mike Sivers for more info.

Rich Wiltshire - Post 379 Commander

AUXILIARY NEWS

WOW, I can't believe it is already time for another newsletter. August seemed to fly by with activity. Even with the blistering heat and lack of rain, folks have been able to come to the Post and enjoy the air conditioning while visiting and enjoying fellow members along with great food and entertainment. The Auxiliary has been busy planning upcoming events and helping support other entities with theirs.

Saturday, September 9th, the Riders have an event involving riding to different locations, meeting new folks and having a chance to draw different playing cards to make up the best hand possible. Please see their flyer posted on Facebook for more information. All proceeds from this event will be donated to the ALA towards our Cancer Research Program. Please check in the Canteen for the great basket and purchase tickets for a chance to win.....Tickets are \$1 each or \$6 for 5 tickets. THANK YOU RIDERS!!

MEMBERSHIP IS AMPING UP FOR ANOTHER BUSY YEAR OF RENEWALS AND NEW MEMBERSHIPS. Due to the increase of \$6 per member, mandated by National, we have been forced to raise dues to \$40. The Auxiliary has reviewed and approved to absorb \$1 of the \$6 increase. This is the first increase our Unit has passed on to members in many years. We are planning fundraising to help offset the increased cost of supplies and materials experienced in many areas of our events and programs. Your 2023 membership ends December 31. Enrollment is

open NOW with anyone joining/renewing on or before November 11 considered for EARLY BIRD rewards.

MARK YOUR CALENDERS FOR THE LAST WEEKEND IN SEPTEMBER. This is our ANNUAL Cancer Research Benefit. Beginning Friday, September 29 thru Sunday, October 1st the Post will be enjoying a weekend of great baskets on display, various gift cards, 50/50 raffle and live auction along with tasty dinners served plus live entertainment Friday and Saturday evenings. Ronnie Mac and his crew will be flipping pancakes, sausage, bacon along with fresh fruit and juices Sunday morning 9-noon. Shortly after noon, Ronnie Mac and crew will be flipping hamburgers w/fries till around 3 pm. There is no reason to eat anywhere else this weekend. Please come and support Post 379 in an event that is close to everyone's heart in one way or another. Drawings will begin around 3:30 Sunday afternoon, so come early, eat up some great food, enjoy the ball game and be a WINNER. All normal post activities will be continued during the weekend so there's plenty to do. Watch for flyers and posting on Facebook. SIGN UP SHEET for volunteers will be available around September 15th. Thanks in advance for everyone helping.


WE ARE IN NEED OF YOUR EMPTY PAPER TOWEL AND TOILET PAPER ROLLERS TO BEGIN PLANNING FOR THE ASSEMBLY OF POPPERS FOR CANCER RESEARCH SUNDAY. A BOX HAS BEEN PLACED IN THE LOBBY AREA FOR DROP OFF.

POPPERS WILL BE ASSEMBLED AND FILLED SATURDAY, SEPTEMBER 23RD BEGINNING AT 1 PM AT THE POST. PLEASE CONSIDER ATTENDING A FUN TIME WITH THE AUXILIARY VISITING AND FILLING THE ROLLERS WITH GOODIES TO SELL AT THE BENEFIT THAT SUNDAY. WE ALSO NEED ITEMS TO PUT IN THE ROLLERS. A LIST IS POSTED OUTSIDE THE RESTROOMS OF THINGS TO CONSIDER. WITH THE PRICE OF EVERYTHING NOWADAYS, PLEASE CONSIDER HELPING US OUT. QUESTIONS, PLEASE REACH OUT TO AN ALA OFFICER FOR SUGGESTIONS OR TO LEAVE A DONATION. MONETARY DONATIONS AND DONATIONS OF DRINK CHIPS CAN BE LEFT WITH THE BARTENDER IN A SEALED ENVELOPE: ATTN: SHERYL FRYDENBERG, CANCER RESEARCH ONLY. MANY THANKS FOR YOUR SUPPORT.

Next Auxiliary meeting will be held Thursday, September 21. Executive Board 6 pm; General Membership 7pm. We need your presence, ideas, concerns and volunteer hours to make this year another successful one for our Post.

IN SERVICE NOT SELF

Sheryl Frydenberg – Unit President

Aux  alpost379@att.

RIDERS NEWS

Greeting Post Family!

August was a super busy month for the Riders! On August 10th, we provided an escort for Carl Edwards' funeral at DFW National Cemetery. The family was extremely appreciative and I want to thank everyone who showed up and helped out. On August 22nd, the Riders were involved in a project with our longtime partners, Team Building Nation. This group performs team building exercises for corporations by having contests on building Drive wheelchairs. We then give a speech about our organization, what we do, and how we intend to donate the wheelchairs to those in need. We do this several times per year and it is always a rewarding experience.

Our Cancer Benefit Run is on Saturday, September 9th and EVERYONE is eligible to participate, even if you are in your car. The cost is \$25 per Rider and \$15 per passenger. Breakfast burritos will be available, and the entry fee will include a pulled pork sandwich, sides, and a dessert. We look forward to seeing as many of you as possible out there supporting a wonderful cause. ALL of the proceeds from this event will go to the ALA to support their MD Anderson Cancer Research Drive.

We have a couple of cooking dates coming up here in September as usual. As I just mentioned, the Riders will be cooking pulled pork sandwiches with sides and a dessert on Saturday, September 9th. This will be available to the general public who didn't participate in the ride for a cost of \$10 and that money will also be donated to the ALA for cancer research. On Saturday, September 23rd, the Riders will be cooking their famous chicken fried steak dinner from 6-8 PM. The cost is \$12 and we look forward to seeing y'all there! We look forward to seeing as many of you as possible at these meals as the funds allow us to support the charities that are very near and dear to our hearts. August was a super busy month for the Riders! On August 10th, we provided an escort for Carl Edwards' funeral at DFW National Cemetery. The family was extremely appreciative and I want to thank everyone who showed up and helped out. On August 22nd, the Riders were involved in a project with our longtime partners, Team Building Nation. This group performs team building exercises for corporations by having contests on building Drive wheelchairs. We then give a speech about our

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Beyond that, if anyone has any suggestions on how our Riders can assist the ALA, SAL or the Legion in making our post better, please do not hesitate to let either me or one of our officers know. Be safe and keep the rubber side down!

Joey "Crash" Cook, Director
crashcook@yaJoo.com 817-891-8774

FROM THE LEGION CHAPLAIN

Howdy Brothers and Sisters.

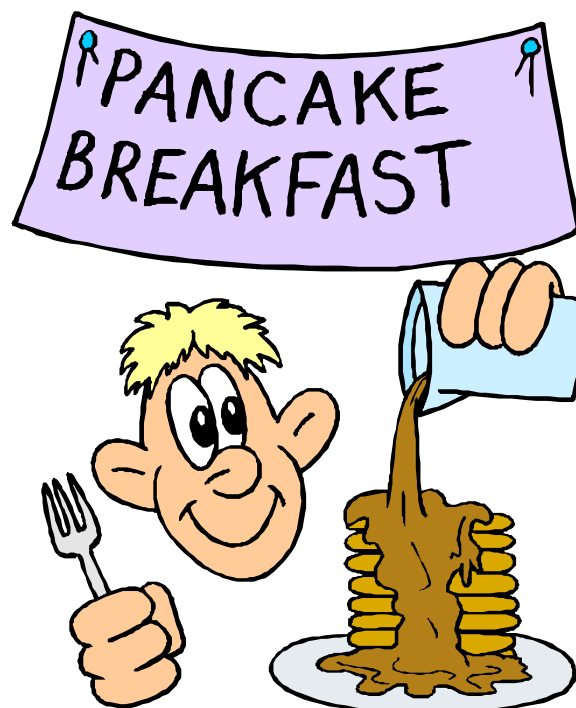
Hope everyone is doing well with this heat. It has been unbearable. Hopefully it's almost over.

Let's keep in our prayers the one that are deployed and their families keeping the home running. Let's also pray for each other to keep us safe and healthy. Anyone feeling ill or dealing with personal problems we pray for healing to what is needed.

O God, Creator of this good land, help us to be worthy of citizenship in our nation. Bless our countrywide loyal people and dedicated leaders. Guard us from unlawful acts and cowardly fear. We also ask Your blessing on the veterans of our nation and grant that The American Legion may always do your will. Amen

Jon Christensen – Vice Chaplain Post 379

ANNUAL CANCER RESEARCH PANCAKE BREAKFAST



SILENT AUCTION ITEMS

Tickets sold Friday 5pm thru time of drawing

Approx 3pm Sunday



When & Where?

SUNDAY OCTOBER 1ST

SERVING BEGINS AT 9am

American Legion Auxiliary 379

1245 N. Industrial Blvd Bedford, TX 76021

\$7

\$7

BEVERAGE SPECIALS – COME FOR BREAKFAST & SPEND THE DAY WITH US

WE HAVE SEVERAL TELEVISIONS TO WATCH YOUR FAVORITE GAME

100% OF PROCEEDS WILL BE DONATED TO FIND A CURE FOR CANCER



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CALENDAR OF EVENTS

September 2023

Web Site: hebtxpost379.org

Canteen: 817.267.6047
Office: 817.571.9319
Fax: 817.545.0818

Sunday	Monday	Tuesday	Wed	Thursday	Friday	Saturday
11am - Midnight	10am - Midnight	10am - Midnight	10am - Midnight	10am - Midnight	10am - Midnight Bands 7PM - 11PM Dinners Served: 6:00-8:00pm	10am - Midnight Bands 7PM - 11 PM Dinners Served: 6:00-8:00pm
					1 American Legion College Meal: No Meal - Holiday Entertainment: Justus Cats	2 American Legion College 2 pm Shuffleboard SAL Meal: No Meal - Holiday Entertainment: Jusrtus Cats
3 American Legion College 2pm ALR Meeting	4	5 7 PM Scouts BSA Meeting	6 6-9 pm Karaoke	7 6PM Legion Executive Meeting 7PM Legion Membership Meeting - Elections	8 SAL Meal: TBD Entertainment: Mystic Moonlight	9 Riders Poke Run 2 pm Shuffleboard ALR Meal: Pulled Pork and Potato Salad by Lahonda Cook Entertainment: Marcia Rose
10 Season Opener Game Cowboys at Giants at MetLife Stadium	11 9/11 Remembrance Day 	12 Texas Hold'em 11 am - 2 pm 7 pm Scouts BSA Meeting	13 6-9 pm Karaoke 6-7:30 pm Judy Davidson Cooking	14 7 PM SAL Membership Meeting	15 Legion Meal: Brisket, Beans and Potato Salad by Deb and Doug Entertainment: Back Beats Band	16 2 pm Shuffleboard ALA Meal: Spaghetti, Garlic Bread, Salad and Dessert by Sheryl and Sharon Entertainment: Trinity River Ramblers
17 1 PM Ktchen Meeting Buddy Check	18	19 7pm Scouts BSA Meeting	20 6-9 pm Karaoke 6-7:30 pm Judy Davidson Cooking	21 6PM ALA Executive Committee Meeting 7 PM ALA Meeting	22 Legion Meal: Italian Sausage with Peppers and Onions, Pasta Salad and Desert by Diane and Mike Sivers Entertainment: Doug and Ben	23 ALA Popper Party 2 pm Shuffleboard SAL Meal: Chicken Fried Steak by Lahonda Cook Entertainment: Michael Cote
24/31	25	26 Texas Hold'em 11 am - 2 pm 7pm Scouts BSA Meeting	27 6-9 pm Karaoke	28	29 ALA Cancer Weekend SAL Meal: TBD Entertainment: Diamond Duo	30 ALA Cancer Weekend 2pm Shuffleboard Legion Meal: Shrimp Scampi, Ceasar Salad and Strawberry Moose by Jon Christensen Entertainment: Fun Band