



Hurst-Euless-Bedford
American Legion Post 379
1245 N Industrial Blvd
Bedford, Texas 76021

Canteen: 817.267.6047
Office/Fax: 817.545.0818
Email: al_post379@att.net

Website: hebtxpost379.org
Facebook: [groups/hebtxpost379](https://www.facebook.com/groups/hebtxpost379)
Instagram: [hebtxpost379](https://www.instagram.com/hebtxpost379)

NEWSLETTER

March 2024

COMMANDER'S MESSAGE

Happy March!!

Three months in the New Year and I need a rest. But I can't until March 15, 2024. Why wait you ask? Because this is World Sleep Day!

Turn that frown upside down on March 21. It's National Common Courtesy Day!

In honor of our Vietnam Veterans, March 29 is National Vietnam War Veterans Day.

We are still moving to reach our goal of 1370 members. If you have not renewed, know someone who has not renewed, please renew. Do you know any Veterans that are not members yet? Invite them in and let them see how much fun we have!

Are you interested in running for a Legion Officer position for the 2024-2025 year? Please let me know. Officer elections are coming soon!

Every day I walk into our Post home, I am still very humbled. To see you laughing, having fun, playing the new games, or just chatting fills my heart with pride for our Post.

I want to thank every single one of you for being a part of the 379 Family.

In honor of St Patrick's Day, I offer the following Irish prayer:

"May love and laughter light your days, and warm your heart and home, may good and faithful friends be yours, wherever you may roam. May peace and plenty bless your world, with joy that long endures,

may all life's passing seasons, bring the best to you and yours."
We are 379!!

Humbly in your service, not self

Rich Wiltshire
Post 379 Commander

AUXILIARY NEWS

As Spring is quickly approaching, the weather remains unpredictable. It seems one weekend it is cold, windy with showers and the next weekend it is beautiful sunny and short sleeve weather. Youth and adult sports are amping up for spring activities and the allergy season is already in force. Enjoy the nice outdoor weather and dust the patio furniture off and fire up the grill. Invite family or friends over and remember the many blessings you have that are often taken for granted in the rush of our days. Thank a veteran for their service and fly your flag showing support for our nation.

Our membership is currently 344 members, approximately 75% of our goal set by the Department. If you haven't renewed your membership yet, please do so online, by mail or stop by and leave your membership payment at the Post. The bartender will kindly take your payment and forward to the office for processing as done in the past.

The general membership voted to donate \$2000 to the Legion earmarked "marquee improvement" at our last meeting on February 15th. We continue to raise funds to support our programs and appreciate everyone's continued ideas and support.

Please mark your calendar now and plan to attend our next general membership meeting at 7pm, Thursday, March 21st; Executive Board meeting is at 6pm.

In Service Not Self

Sheryl Frydenberg – Unit President

Aux_alpost379@att.net

SAL NEWS

S.A.L. will be having fish fry this Friday 03/01 so please come out and support. If you haven't renewed your membership please do so asap we are still looking to recruit more people. We now have 2 officer position open for the S.A.L. S.A.L. meeting coming up so all SAL members please show up.

Ben Apodaca SAL Commander

RIDERS NEWS

We sure are making up for the cold weather. Riding Season will soon be upon us!

Sunday, 4 Feb, six of us made a chilly run down to Corsicana to retrieve our Rider's Plaque, only to find Post 22 closed! They had pushed back their opening two hours without updating Facebook. So we explored all the wonderful places in bustling Corsicana for a leisurely lunch, and ended up at the Cotton Patch Cafe. Back to Post 22 two hours later and were met by their Rider's Director who told us we wouldn't have it back for long. Back to Bedford, and a little warmer on the ride home. Until we hit the rain in Waxahachie! Cold is one thing, cold and wet is entirely another. But, the Plaque is Back!

Your Riders welcomed three new members in February. Haltom City transfers Judy and Jimmy George, and Curtis Mace from Arlington. Welcome! Our next Riders meeting is set for Sunday, 3rd of March at 4:00 pm. Our next cooking date is Friday, March 8th, at 6:00, and we will again be in the kitchen cooking up Riders famous Chicken Fried Steaks. Riders also signed up to cook a second night of the month going forward, which will be the 4th Saturday. This month that's February 23rd, and we will serve up Hamburgers and Dogs Fries and Cole Slaw.

With riding season soon upon us, we will be kicking off several upcoming events, commencing this month with the District 12 Coffee Tour on 9 March. Next

month will hold the Blessing of the Bikes on April 7th, and the Medal of Honor Ride on April 25th, and our 12 District Meeting on April 27th. May will bring the Spring Fling at Post 624, and the Bluebonnet Memorial ceremony. We are planning a Car/Bike show in June, and Boy's State and Girl's State escort rides. We will continue to firm up plans as time goes on.

As always, we are grateful for all the support and love you show us.

"PD" Hill - 379 Riders

FROM THE LEGION CHAPLAIN

Happy Spring everyone. Happy the winter wasn't as bad as it gets sometimes. Hopefully everyone is doing well.

Let's keep all of our members in prayer as alot of us are going through things that no one knows about.

Special prayers for the following:

Noel Ershman who is now recovering at home. Hopefully he will get to join the shuffleboard group soon.

Dennis Cantrell can still use prayers as well as his wife C.C Cantrell who is in the hospital. Pray for her son Tommy as he deals with this.

Miss T, as she recovers as well.

Teach us, O God, to serve You as You deserve, to give and nit to coubt the cost, to toil and not seek rest, to labor and not ask for any reward save that of knowing that we do Your will. Amen

Jon Christensen
Vice Chaplain Post 379

Hurst-Euless-Bedford
The American Legion 379
1245 North Industrial Boulevard
Bedford, Texas 76021

CALENDAR OF EVENTS

March 2024

Web Site: hebtxpost379.org

Canteen: 817.267.6047
Office: 817.571.9319
Fax: 817.545.0818

Sunday	Monday	Tuesday	Wed	Thursday	Friday	Saturday
11am - Midnight	10am - Midnight	10am - Midnight	10am - Midnight	10am - Midnight	10am - Midnight Bands 7PM - 11PM Dinners Served: 6:00-8:00pm	10am - Midnight Bands 7PM - 11 PM Dinners Served: 6:00-8:00pm
					1 SAL Meal: Fish Fry Music: Michael Cote Music	2 2 pm Shuffleboard Queen of Hearts Meal: TBD Music: Fun Band
3 3 PM - Riders Executive Meeting 4 PM - Riders Membership Meeting	4	5 Texas Hold'em 11 am - 2 pm 7 PM - Boy Scouts Meeting	6 Lunch Meal: Hot Dogs by Diana 6-9 pm Karaoke	7 6PM Legion Executive Meeting 7PM Legion Membership Meeting	8 Riders Meal: Chicken Fried Steak Music: Justus Cats	9 District 12 Coffee Tour 2 pm Shuffleboard Queen of Hearts AUX Meal: Pork Jamalya Music: Doug & Ben
10 1 PM -Kitchen Meeting	11	12 Texas Hold'em 11 am - 2 pm 7 PM - Boy Scouts Meeting	13 Lunch Meal: Hot Dogs by Diana 6-9 pm Karaoke 6-7:30 pm Judy Davidson Cooking	14 7 PM SAL Membership Meeting	15 Meal: TBD Music: Back Beats Band	16 10:30 AM - 82nd Airborne Meeting 2 pm Shuffleboard Queen of Hearts Meal: TBD Music: Trinity River Ramblers
17	18	19 Texas Hold'em 11 am - 2 pm 7 PM - Boy Scouts Meeting	20 6-9 pm Karaoke 6-7:30 pm Judy Davidson Cooking	21 6PM ALA Executive Committee Meeting 7 PM ALA Meeting	22 Meal: TBD Music: Mystic Moonlight	23 2 pm Shuffleboard Queen of Hearts Riders Meal: Hamburger and Dogs, Fries and Cole Slaw Music: Dimaond Duo
24/31	25	26 Texas Hold'em 11 am - 2 pm 7 PM - Boy Scouts Meeting	27 6-9 pm Karaoke g	28 7 PM - Marine Corps League	29 Good Friday Meal: TBD Music: Renegade Country Band	30 2 pm Shuffleboard Queen of Hearts Meal: TBD Music: Justus Cats