



Hurst-Euless-Bedford
American Legion Post 379
1245 N Industrial Blvd
Bedford, Texas 76021

Canteen: 817.267.6047
Office/Fax: 817.545.0818
Email: al_post379@att.net

Website: hebtxpost379.org
Facebook: [groups/hebtxpost379](https://www.facebook.com/groups/hebtxpost379)
Instagram: [hebtxpost379](https://www.instagram.com/hebtxpost379)

NEWSLETTER

AUGUST 2024

COMMANDER'S MESSAGE

It's August already!! Where has 2024 gone!

You should have received your renewal notice. For your convenience, you can renew at the Canteen. Just ask one of our great Bar Tenders for assistance.

Myself, Dave Eagan and Robin York represented Post 379 at the Department Convention. What a great experience!! So many things learned, friendships made, and friendships continued.

Thank you Past Department Commander Gene Toohey and Past Department President Holly Heatly for performing our Officer's Installation Ceremonies. To those that were absent, we need to make sure you are installed.

The Dog Days of Summer are upon us. Please stay hydrated and cool. Don't overexert.

I look forward to another fantastic year at 379!

A huge THANK YOU to you, our 379 Family!

Humbly in your service, not self

Rich Wiltshire
Post 379 Commander
Al_post379@att.net

AUXILIARY NEWS

Unit 379 is proud to announce for the first time in several years all positions have been filled on our officer/executive board for the 2025 year. Many thanks to members for stepping up and those in

attendance voting in a great group of Auxiliary members. We are hard at work on ideas and learning new ways to encourage and engage other members to become more active within our Post community by volunteering their time and energy. Unit 379 was blessed to have Holly Heatly, our Past Department ALA President handle our installation on Saturday, July 20, 2024 in Proctor Hall. During the afternoon all entities were installed and enjoyed fellowship and refreshments with family, friends and other members within the Post. Congratulations once again for a fine group of people investing time, physical energy and personal funds at times to help bring Post 379 another step closer to being the Best in the Nation.

Auxiliary meetings will remain on the third Thursday of each month except December and July for the coming year. Executive Board meeting at 6 pm and General Membership at 7pm. Your attendance is vital for us to be successful and enables you to help with many decisions that arise during the year needing attention for the betterment of our Post and Community. Your membership entitles you to voting rights and deciding where our funds raised be used throughout the year. Our Veterans and their families MUST remain our top priority to be successful as well as our YOUTH and COMMUNITY.

If you haven't paid your 2024 membership dues, please know you are not in good standing within the post. Your \$40 goes a long way to help our programs. If they continue to go unpaid your continuous years of membership are in jeopardy also.

Please remember 2025 dues have increased to \$45 as discussed and voted on in past meetings and newsletters. Membership cards have been received from National and we are working on preparation at this time to have them to paid members in a timely manner. PLEASE LET US KNOW IF ANY OF YOUR

INFORMATION HAS CHANGED SINCE LAST YEAR. The bartender can take your payment as well as renewing online. Many thanks for your support.

ALA Mission

Mission Statement

In the spirit of Service, Not Self, the mission of the American Legion Auxiliary is to support The American Legion and to honor the sacrifice of those who serve by enhancing the lives of our veterans, military, and their families, both at home and abroad. For God and Country, we advocate for veterans, educate our citizens, mentor youth, and promote patriotism, good citizenship, peace and security.

Vision Statement

The vision of the American Legion Auxiliary is to support The American Legion while becoming the premier service organization and foundation of every community providing support for our veterans, our military, and their families by shaping a positive future in an atmosphere of fellowship, patriotism, peace and security.

STAY TUNED AND WATCH FOR POSTINGS ON UPCOMING EVENTS AS A GREAT YEAR IN PLANNING FOR POST 379 WILL BE HAPPENING.

In Service Not Self

Sheryl Frydenberg – Unit President
Aux_alpost379@att.net

RIDERS NEWS

Summer in Texas, - Not a lot of riding going on, and those need to be accomplished between before noon!

Last month the Riders made our first donation to the Liberty House in Ft. Worth, our chosen charity. Cajun and PD dropped off a large box of items donated by the Post to a grateful staff who then gave us a tour of the facility and an overview of their mission and needs. Their facility provides housing for homeless veterans in the Ft. Worth area, many of whom suffer with post-traumatic stress, substance abuse, or other behavioral health issues. They have a very structured and disciplined program consisting of individual and group counseling, educational support and employment preparation, as many of these vets have never had a job other than the

military. Veterans may stay at the facility for up to a year as long as they follow the iron-clad rules and actively participate in the programs provided. While we were there we met a “graduate” of the program, who stated unabashedly that the program had saved his life. They supported him through barber school, and he is now on his own and doing well. He was back at the facility to help pay back, or pay forward by providing the vets free haircuts.

As far as their real needs go, they can really use day-to-day living essentials; Bedding (twin bed), towels, socks and underwear, shower shoes, toiletries, basic clothing, and maybe some small portable electronics. They are very limited on space, with two men each to a small room with little more than a bed and a 4-drawer dresser, so they have no room larger items or appliances. Non-perishable snacks are also welcome.

It was a very good visit, and with your generosity, we look forward to bringing them more donations with our goal being for once a month.

Our Post 379 Riders Plaque was swiped again, and again by Corsicana Post 22! They must like visiting us. Recovery plans are underway.

Our next Riders meeting is set for Sunday, August 4th at 4:00 pm.

Riders August Cooking dates are Friday, August 9th with Riders famous Chicken Fried Steaks, and Saturday, August 24th serving up Burgers and Dogs.

As always, we are grateful for all the support and love you show us.

“PD” Hill - 379 Riders

FROM THE LEGION CHAPLAIN

Hello Brothers and Sisters,

Hope this finds everyone doing well. I would like to congratulate all the re-elected officers as well as the newly elected. May the post have another great year.

Let us pray for the officers:

For the privilege of serving You and our country, O God, we thank You. As we invoke Your blessing upon all those elected, we particularly ask Your blessing upon the one we honor. Grant them your wisdom as they lead us throughout the year. Give us Your grace to be an extension of their leadership and guidance,

that together we will be used by You for the betterment of our post for You and our country. Amen

For those that are ill or recovering from illness we pray:

O God, the strength of the weak and comfort of sufferers, mercifully accept our prayers on behalf of our comrades and loved ones who are ill or shut-in. We know not what is best for them, but You know. Grant them patience and endurance, relief from pain and suffering, and, if it be Your will, the blessing of a swift recovery, and that eventually they may dwell with You in life everlasting. AMEN

May everyone be safe if traveling and may all return home safely.

Jon Christensen - Vice Chaplain

CANTEEN NEWS

We have two new faces behind the bar. Lauren and Shelby are here to serve you. Come in and welcome them to our Legion Family.

We now have fresh snacks for you to enjoy:

- Marine Corp Corn Dog \$2.00
- Army Taquitos \$1.00
- Navy Nuggets – 6 pieces \$4.50
- Navy Nuggets – 8 pieces \$6.50
- Air Force Pretzels \$1.50
- Coast Guard Burritos \$2.50
- Space Force Pizzas \$6.00

Plus, assorted crackers, nuts, fruits and other individual wrapped snacks.

Signature Cocktails:

- Marine Force Mambo \$7.00
Top Shelf Margarita
- Army Mind Eraser \$7.00
- Navy Negroni \$7.00
- Air Force B52 \$7.00
- Coast Guard Blue Hawaiian \$7.00
- Space Force Milky Way Martini \$7.00

Daily Specials:

Monday:

Call Bourbon or Whiskey \$4 from 5 to Close

Tuesday:

Draft Beer \$.50 off Open to 5pm

Non-Premium Longneck \$2.25 from 5 to Close

Wednesday:

Everything excluding bottle beer \$.50 off from Open to 5

All wine \$3.50 from 5 until close

Thursday:

\$.75 off Pitchers

Fireball shots/drinks from 5 to close

Friday:

Well drinks \$3.25 from 4 until 7

Saturday:

Well Vodka drinks \$2.75 from open until Noon

Sunday:

Everything \$.25 off from open until close

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CALENDAR OF EVENTS
August 2024

Canteen: 817.267.6047
Office: 817.571.9319
Fax: 817.545.0818

Web Site: hebtxpost379.org

Sunday	Monday	Tuesday	Wed	Thursday	Friday	Saturday
11am - 6:00pm	10am - Midnight	10am - Midnight	10am - Midnight	10am - Midnight	10am - Midnight Bands 7PM - 11PM Dinners Served: 6:00-8:00pm	10am - Midnight Bands 7PM - 11 PM Dinners Served: 6:00-8:00pm
			6-9 PM Karen's Kraze Karaoke	1 6PM Legion Board Meeting 7PM Legion Membership Meeting	2 ALA Meal: Fish Fry presented by Ronnie Mac Music: Mystic Moonlight	3 2 PM: Shuffleboard Queen of Hearts Meal - TBD Music: Ron Ramirez and the Country Squires
4 3 PM - Riders Executive Meeting 4 PM - Riders Membership Meeting	5	6 11 AM - 2 PM Texas Hold'em 7 PM - Boy Scouts Meeting	7 11AM-2PM Diane's Hot Dogs 6-9 PM Karen's Kraze Karaoke	8 7 PM SAL Membership Meeting	9 ALR Meal: Chicken Fried Steak Music: Justus Cats	10 2 PM Shuffleboard Queen of Hearts Meal: TBD Music: Michael Cte Music
11	12	13 11 AM - 2 PM Texas Hold'em 7 PM - Boy Scouts Meeting	14 11AM-2PM Diane's Hot Dogs 6-9 PM Karen's Kraze Karaoke	15 7PM ALA Meeting	16 AUX Meal: Enchilada Casserole presented by Peggy Waring Music: The Back Beats	17 10:30 AM - 82nd Airborne Meeting 2 PM Shuffleboard Queen of Hearts Meal: BBQ Ribs presented by Tommy Cox Music: Trinity River Rambles
18	19	20 7 PM - Boy Scouts Meeting	21 11AM-2PM Diane's Hot Dogs 6-9 PM Karen's Kraze Karaoke	22 7 PM - Marine Corps League	23 ALA Meal: TBD presented by Sharon and Sheryl Music: Renegade Country Band	24 Boy Scouts Breakfast 2 PM Shuffleboard Queen of Hearts ALR Meal: Burgers & Dogs Music: Diamond Duo
25	26	27 11 AM - 2 PM Texas Hold'em 7 PM - Boy Scouts Meeting	28 11AM-2PM Diane's Hot Dogs 6-9 PM Karen's Kraze Karaoke	29	30 Holiday No Meal Music: The Fun Band	31 Holiday No Meal Music: Doug and Ben