



Hurst-Eules-Bedford  
American Legion Post 379  
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## **NEWSLETTER**

**MAY 2025**

### **COMMANDER'S MESSAGE**

Happy Spring 379 Family!

What an incredible month April was!

Awesome upgrades to our Post Home during April:

1. Repainted interior, with the exception of the office, Auxiliary Room and behind the bar
2. New Flooring throughout
3. Trees removed
4. Electronic Game Replacements
5. New Digital Sign
6. Upgraded our Sports package with DirecTV

Post 379 is hosting 26 young men to Boys State! Thank you Joseph Campbell for an incredible job making this happen.

Memorial Day Ceremonies – We will be participating in Memorial Day Ceremonies throughout Tarrant County. Thank you everyone who is participating. If you would like to participate please let me know. Events include Bluebonnet Memorial, Grapevine Parade, Fort Worth Parade, place flags in cemeteries in HEB area, preparing 379 for the luncheon to follow. Auxiliary Madam President Sheryl Frydenberg has a sign up sheet for items to bring to the Pot Luck.

Some dates in May:

May 1 – 6 PM – Legion Board Meeting

May 1 – 7 PM – Legion Membership Meeting –  
Nominations for 2024-2025 Officers

If you are interested in running for a Board Position, please notify me or Mike Sivers.

Humbly in your service, not self

**Rich Wiltshire - Post 379 Commander**  
[Al\\_post379@att.net](mailto:Al_post379@att.net)

### **AUXILIARY NEWS**

Great Big News!! April 18<sup>th</sup> and 19<sup>th</sup> the Auxiliary completed their fundraising for MD Anderson Cancer Research for our 20<sup>th</sup> year. Thanks to a team of fabulous Auxiliary ladies' countless hours of hard work this past year along with the support of our Post entities and their families to make this another successful event raising \$20,700 for a cause that leaves no family untouched. We continue to be blessed with such fine people at Post 379.

Starting the month MAY off is Kentucky Derby Watch Party, Saturday, May 4<sup>th</sup>. Ladies, 'don' your handmade fashioned Derby Hats and be ready to parade around the canteen showing off your creation. Prizes will be given for the Silliest and Grandest Hat worn. Games and the stick horse races are back for sure this year ready for a run around our inside track. FESTIVITIES WILL BEGIN at 4:00 WITH POST TIME AT 5:57 CENTRAL TIME. COME EARLY FOR A GOOD SEAT IN FRONT OF THE BIG SCREEN TV.

The Girls State orientation will be on Sunday, May 4<sup>th</sup> in Proctor Hall from 2-4 pm. This year we have a nice group of 22 young ladies sponsored by Unit 379, their schools and private donations, along with others representing District 12 and District 5 who will be present to meet each other along with their families and learn details of what to expect in their weeklong session in June, learning about our government and visiting the state capital.

Thursday, May 15<sup>th</sup> will be Auxiliary elections at 7 pm. SIGN UP SHEET WAS POSTED LAST WEEK. Please consider holding an office and make plans to attend this important evening. You must be a current/active member to hold office and vote. Please bring your 2025 membership card or contact me directly if, for some reason, you don't have your membership card. There will be no other business conducted that evening. Any questions regarding the duties of a position, please reach out to my self or any current officer.

Monday, May 26<sup>th</sup> our Post will participate in the Memorial Day ceremony at Bluebonnet Cemetery in Colleyville.

Faye Chambers and her granddaughter will present the Auxiliary wreath this year. We hope to have someone available at Bluebonnet handing out poppies. JOIN us in our traditional POTLUCK luncheon being served around 1PM. To help make this luncheon successful, we ask everyone to bring a favorite dish in a DISPOSABLE container to share. A sign-up sheet will be available around MAY 15<sup>th</sup>, so get out your recipes or google a new dish and give it a try.

In Service Not Self

**Sheryl Frydenberg – Unit President**  
[Aux\\_alpost379@att.net](mailto:Aux_alpost379@att.net)

To leave a message for the Auxiliary, please call:  
817-770-0505

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## RIDERS NEWS

Spring and Motorcycle weather is here! Last month your Riders participated in the Medal of Honor Escort Ride, with seven of us escorting nine MOH recipients from DFW airport to the host city, Gainesville. A very stirring experience with over 250 motorcycles in the escort, and thousands of people waving flags, ambulances and fire trucks lining the streets, highways and overpasses. We also hosted our annual Blessing of the Bikes, providing a blessing of our motorcycles in hopes of keeping us safe on the road.

Your Riders supported our Post renovations by helping relocate tables, chairs, and gaming machines (several times!) during painting and flooring. It's amazing we were able keep the post open during all the work. But it all turned out great thanks primarily to our Building and Grounds team, so come enjoy your new digs!

On a somber note, we request thoughts and prayers for Jimmy George, dear friend and Rider who passed away after battling pancreatic cancer, and his wife Judy. We will be holding a Post Everlasting ceremony and Celebration of Life at the Post on Sunday, 18 May commencing at 2:00 pm.

Coming up is the Riders State Rally is set for May 2 – 4 in Kerrville, several other District 12 Post events, and the Memorial Day ceremony at Blue Bonnett Cemetery May 26th. And of course, another trip to Corsican as soon as possible!

We had a very successful cook weekend last month with Riders Chicken Fried Steak and Burgers and Dogs. This month our Riders Cook nights are Chicken Fried Steak on Friday, May 9th, with Justus Cats playing afterward, and May 10th Burgers & Dogs with Ben & Doug entertaining.

As always, we are grateful for all the support and love you show us and keep the shiny side up!

**“PD” Hill - Director 379 Riders**

## SAL NEWS

This month we will be serving our Fish Fry on Friday May 2nd. Our next meeting will be on Thursday 05/08 at 7pm

**Ben Apodaca - Squadron Commander**

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## FROM THE LEGION CHAPLAIN

Hello Brothers and Sisters,

I hope everyone had a Happy Easter. Would like to thank the post for hosting another great Easter potluck. Great as always.

We have lost a few this past month:

Jimmy George-Please keep his wife Judy and the family in your prayers.

Georgia Scott passed away and no details at this time.

Gary Sawyers passed in July 2024, post was just notified.

Keep all families in your prayers as they grieve the loss of their loved ones.

O Lord our God, we ask that You comfort all who are bereaved with a spirit of faith and courage. May they remember with thanksgiving the love and joy shared in an earthly relationship. May they be comforted with the sure knowledge of a joyful reunion with those they love in Your time. Amen

I will also like to wish all the mothers a very Happy Mother's Day. May it be filled with joy and happiness.

**Jon Christensen - Vice Chaplain**

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## KITCHEN NEWS

Howdy again. As usual I appreciate those that have volunteered to cook for the Legion. Always looking for new faces. Thank you for those that cook as they are keeping the kitchen clean.

If anyone is interested in helping out in anyway, please reach out to me.

**Jon Christensen – Kitchen Manager**  
[jcchristensen64@gmail.com](mailto:jcchristensen64@gmail.com)



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# HEB POST 379

## MAY 2025



Sunday	Monday	Tuesday	Wed	Thursday	Friday	Saturday
11am - 6pm	10am - Midnight	10am - Midnight	10am - Midnight	10am - Midnight	10am - Midnight Bands 7PM - 11PM Dinners Served: 6:00-8:00pm	10am - Midnight Bands 7PM - 10 PM Dinners Served: 6:00-8:00pm
				1  6 PM: Legion Board Meeting  7 PM: Legion Membership Meeting  Nominations for 2024-2025 Legion Officers	2  SAL Meal: Fish Fry presented by Ronnie Mac  Music: Justus Cats	3  2 PM: Shuffleboard  3PM-8PM Marine Corps League Auction  4PM Kentucky Derby Day  6 PM: Queen of Hearts  Meal -  Music: Ron Ramirez and the Country
4  2-4PM Girls State Orientation  4PM: Riders Meeting	5  Cinco De Mayo	6  11 AM - 1:30 PM Texas Hold'em  7 PM: Scouts Meeting	7  6-9 PM: Karen's Kraze Karaoke	8  1 pm - 3 PM: Trinity Arts Guild Painting Session  6 PM: Family Leadership Meeting  7 PM: SAL Membership Meeting	9  ALR Meal: Chicken Fried Steak  Music: Back Beats Band	10  2 PM Shuffleboard  6 PM Queen of Hearts  ALR Meal: Bruggers and Dogs  Music: Ben and Doug
11  Mother's Day	12  6 PM: Scouts Pack Meeting	13  11 AM - 1:30 PM Texas Hold'em  7 PM: Scouts Meeting	14  6-9 PM: Karen's Kraze Karaoke	15  10 AM - 3 PM - Blood Drive  7 PM: Auxiliary Membership Elections	16  ALA Meal: Meatloaf, Potato Salad, and Pound Cake presented by Josie  Music: Back Beats Band	17  Armed Forces Day  10AM - 82nd Airborne  2 PM Shuffleboard  6 PM Queen of Hearts  ALA Meal: Tortellini, Caesar Salad, Garlic Bread and Desert \$12 - presented by Sharon and Sheryl  Music: Michael Cote Music
18  2PM - Jimmy George Post Everlasting	19	20  11 AM - 1:30 PM Texas Hold'em  7 PM: Scouts Meeting	21  6-9 PM: Karen's Kraze Karaoke	22  Marine Corps League Meeting	23  No Meal Holiday Weekend  Music: Dale Gibbs Band	24  2 PM Shuffleboard  6 PM Queen of Hearts  No Meal Holiday Weekend  Music: Renegade Country Band
25  Georgia Celebration of Life	26  Memorial Day  Bluebonnet Hills Memorial Park  1 PM - Pot Luck	27  7 PM: Scouts Meeting	28  6-9 PM: Karen's Kraze Karaoke	29	30  Meal: Spaghettie presented by Robert  Music: Justin Hunter Band	31  2 PM Shuffleboard  6 PM Queen of Hearts  Meal: Shrimp Scampi presented by Jon and Judy  Music: Stevie J. Rose and Toni

The need is constant.  
The gratification is instant.  
Give blood.



**American  
Red Cross**



**POST 379 BLOOD DRIVE**

**THURSDAY, MAY 15, 2025**

**10:00 AM – 3:00 PM**

**GET YOUR APPOINTMENT TODAY!!**

AMERICAN LEGION POST 379  
1245 NORTH INDUSTRIAL BLVD  
BEDFORD, TX

**[redcrossblood.org](http://redcrossblood.org) | 1-800-RED CROSS**

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